

# **Dr A V Baliga Memorial Trust**

## **Annual Report 2016-17**

Dr A V Baliga Memorial Trust believes from very beginning that development has to be holistic if we wish to break the vicious cycle of poverty, illiteracy and exploitation and to bring real fruits to the most needy. We wish to bring a substantial change on the ground by focusing our energies on the sectors such as education, women's empowerment, economic security, health, child rights as well as building our understanding about related issues. The Trust firmly believes that a conducive and productive environment cannot be achieved unless all parameters of development equation are adequately addressed. This holistic approach was visible as usual during the period 2016-17. Though, the period witnessed challenges to some great extent as some of the important projects such as Banking on Change and Gender Resource Center had come to an end due to discontinuity of the fund by respective sources. Yet, we managed to sustain the project to some great extent.

### **Initiatives of Baliga Trust:**

Our inclusive projects/programs/activities included Child Centered Community Development Program, Safer Cities for Girls, Young Health Program, Banking on Change Balwadies - all supported by Plan India/International, Gender Resource Center - Samajik Suvidha Kendra supported by Mission Convergence, Govt. National Capital Territory, Delhi, Promoting Elementary Education in Urban Resettlements and E Learning Center supported by Terre Des Hommes Germany, India Program, Teach India - Spoken English supported by Times of India, Family Counseling Center supported by Delhi Social Welfare Board.

### **Major Strategies:**

Our major strategies to achieve the objectives were as follows:

**A-** Advocacy, Awareness,

**C-** Capacity building

**N-** Networking,

**L-** linkages and

**S-** Service delivery.

### **Geographical Expansion:**

Baliga Trust projects/ programs are spread over resettlement, slums and kachchi (unauthorized) colonies in the North, Northwest, West District and South District of Delhi:

--Mangolpuri, Sultanpuri, in the Northwest District;

-- Narela and Holambikalan in the North District

--Bheem Nagar, Nangloi, Nihal Vihar, Prem Nagar Kiradi, Jwalapuri, Udyog Nagar and Khyala in the West District;

Over 10 large slum clusters scattered in the above colonies were also reached.

### **Thrust Areas:**

Baliga Trust continued with integrated approach to actively tackle issues in 5 major thrust areas:

- **Education:**

The education program consists of five types of interventions:

- i) Learning Centers (bridge course);
- ii) Balwadis for preparing out of school children to mainstream into regular schools;
- iii) Remedial Classes for retention of children in schools, particularly the girl child, by educating them to their appropriate age level;
- iv) Continuing Education Centers (including adult literacy); and
- v) Condensed Course Centers for young dropout boys, girls and women who yearn to get a formal certification for secondary and higher secondary education.

The Trust took participated in improving conditions and quality of 12 MCD schools according to existing norms, and have given support to RTE programs. (Right to Education)

- **Women's Empowerment:**

This continued to be effected through the Gender Resource Center, Self Help Groups, Vocational and job oriented training programs, income generation activities, financial inclusion, financial literacy, and the cooperative society established earlier with the aim of empowering women by providing skill enhancement as part of a holistic development program, as well as adult and continuing education.

- **Health, Water, Environment and Sanitation:**

Advocacy, awareness, capacity building, linkages, networking and service delivery are integral parts of the intervention. Emphasis has been on preventive, promotive and curative measures, and on population education. The focus was on women and children but all age groups were covered through need based activities. Community and children's groups such as Cohesive Community Action Groups, the Slum Health and Sanitation Team, and the WES Monitoring Committee of School Children are major stakeholders while a new band of Community Health Volunteers proved to be the backbone of the health intervention program Bringing Healthcare to the Doorsteps supported by Save the Children Bal Raksha Bharat.

- **Child Rights:**

Child Centered Community Development Program: These were initiated through a rights based approach towards ensuring the major rights of survival, protection, participation, and development of children; and were impacted through Chuppi Todo (breaking silence) - Campaign Against Child Sexual Abuse, supported by Plan India. We were also part of the Campaign Against Child Labour.

- **Family Counseling and Legal Literacy:**

The Trust provided counseling and legal support to needy women of the disadvantaged communities backed by awareness camps, with support from the Central Social Welfare

Board, Government of India.

## **Support and Collaborations:**

The major support during the year 2016-2017 came from the following partners/agencies:

- Plan India/ Plan International,
- DWCD-Mission Convergence, GNCTD
- Integrated Village Development Trust (UK),
- Terres Des Hommes Germany, India Program,
- Delhi Social Welfare Board/Central Social Welfare Board
- Times Foundation

Our main capital is our team members and rapport with the community who try to bring systemic, sustainable and replicable changes in the lives of under privileged community.

## **Major interventions by the Trust during the year 2016-17 under major themes of the development**

### **I. Education**

Promoting **education** among all age groups especially for under privileged community is one of the priority areas of the organization since its inception. The major components including ECCD, Elementary, Condensed Course and Literacy were covered during the reporting period. Over 1600 children were directly benefitted through our educational intervention. The major focus was on **Elementary Education** among under privileged children in slums and resettlement colonies of Delhi. Integrated Village Development Trust supported 25 Remedial Education Centers (RECs) through STEP UP while TDH Germany, India Program continued 8 RECs under **Improved Enrolment, Retention and Quality of Education in Urban Resettlement of Delhi** (IERQEURD). The project also focused on building awareness on child rights among community, school and learning, exploring and engaging themselves in creative activities. Though, the Trust has been on skills through reading, writing and verbal expression, we also try to give them exposure to art and craft, theatre, music and sport under the supervision of experts. Balwadies and Crèches supported by Plan India

covered over 320 children in the age group of 3 to 5 years for sound and healthy foundation of younger children. Further, over 200 school going children at risk to be drooped out were provided remedial education in these Balwadi centers.

**Capsule information of achievements for the project STEP UP:**

**Highlights of the project Period:**

- Total Number of children in continuing in 25 Remedial Education Centers: – 1043 (Girls-570 - Boys-473)
- Number of new at risk children enrolled in Remedial Education Centers: Total- 43 (Girls-21/Boys- 21)
- Over 250 meetings with parents were organized during the reporting period that focussed on family back up for the education of children.
- Altogether 96 children scored over 75 % marks in the Annual Examination of their respective grades and schools.
- 88 children were named in the Board of Honour of their respective Schools. 28 of them were at first rank while 30 in the second rank and the rest 30 in the third rank.
- More girls are joining the center, retaining in the school and improving academic results. 49 out 88 children were girls who were awarded with Board of Honours in their respective schools.
- Regular sports activities are being organized.
- Regular arts classes are organized.
- Signature campaign is organized for drinking water and sanitation.
- Mobilization and meetings for motivating parents in participation of School Management Committee. Altogether 33 parents were elected in six School Management Committees in the area according to RTE norms.
- Meeting with Member of Legislative Assembly (MLA) was organized in which children and parents participated on the issues of Community toilets and sanitation on World Environment Day – 05.06.2015.
- No drop out from school till date.
- 14 children enrolled in Pvt. Reputed Schools under Economic Weaker Section Quota - Right to Free and Compulsory Education Act 2009.

- Community Charcha on timely distribution of text books in schools participated by 350 people including Mr. Ambarish Rai, National Convener, RTE Forum.



*Community Charcha – Interaction on timely distribution of text books in schools  
Ambarish Rai, National Convener, Right to Education Forum supporting the cause*



*Reading Meila at Holambikalan organized by the Trust – 182 children participated*

### **The special intervention under IERQUERD included:**

- Six learning centers at Phase1 and Phase-2, resettlement colony, Metro vihar, Holambi Kalan and two learning centres at resettlement colony, PKT-4 and PKT-11, Narela. Majority of children are from Block-B, Holambi Kalan, Phase-1 are belong to NT/DNT community. A total of 245 school going children at risk to be dropped in these centers out of that 157 were girls
- Reading Meila was organized on 16-10-2016 at Holambialan for promote of reading habits of children. Total 182 children were participated in this event. It was duly covered by Times of India.
- Educational tour was organized on 31-12-2016 to India Gate and Children's park. Total 250 children, youth group members and staff participated.

- At least two children from each remedial class had been participating in children group meetings and discussing their local issues related to child rights, ecology rights, right to play etc.
- 25 out of school children were identified in the project areas and mainstreamed into regular school.
- Teachers' training program was organised on lesson plan, evaluation and joyful learning of by Mrs. Meenakshi Basu , Former Training Head, Doon Public School, Dehradun.
- capacity building program for team members on 03-8-2016 on child protection and follow up of child protection policy at BVK, Narela.



*Plantation by community members*

### **Achievements in Education under Child Centered Community Development Program:**

- Regular session has been taken by the Aganwadi mobilisers to enhance the participation, enrollment and retention of the children in the Aganwadicentre. (590 Children)
- Organized monthly meeting with Aganwadi Sahayata Samiti to enhance their capacity. (35Member)
- Joint monitoring visit with CDPO have been done to make the successful and meaningful program. (10 AWC)
- Training on ECCE with AWWs (37 AWWs)
- Meeting with those parents whose children are going to AWC Parents whose children are going to AWCs were orientation on ECCD milestone-To give the knowledge of child development milestone. 525 parents became aware on child development milestone during this Year

### **Activities and achievements of Balwadi Centers supported by Plan India**

Altogether 709 children in the age group of 3-6 years were benefited with Balwadi Centers set up in Mangolpuri, Sultanpuri and Prem Nagar Kiradi. Out of them 344 were girls and 365 were boys. Apart from that another 409 children in the age group of 6 to 14 were provided remedial education after the Balwadi Classes were over. Growth monitoring and medical checkup of each enrolled child was done on monthly basis. It was followed by the treatment as and when required. Immunization of children in the age group of 3-6 were ensured of over 700 children in the project areas. 695 children were provided with their respective Birth Certificates. A total of 134 children were admitted in regular schools during the reporting period.



Supplementary and complimentary activities including Community Meetings, Training, workshops and Events were regular features of the intervention of Baliga Trust. The efforts focussed with three major aims including bridging the gaps of duty bearers and right holders, ensuring community participation and stepping towards community ownership.

The Trust undertook quite a good number of advocacy initiatives and consultations as well with parents for active participation in children`s education and for their social and mental development.

CCCDP –

- Through Dakhila Abhiyan we have mainstreamed 125 out of school children during this financial year.
- Organize regular meeting with bal sadan, and SMC in 8 intervention schools.
- 725 community people aware on RTE through mass media awareness program.
- Advocacy meeting on RTE with community has been organized in which 120 community club members participated.
- Interactive counseling sessions between parents, girls and teachers will be organized to address the problems of children who are out of school( Retention 35 children)



- Sanjha Interface meeting with SMC, PTA BAL SADAN members(Principal=3,Teacher=7,SMC=14,Bal Sadan Leader =10)
- Joint monitoring visit to schools with district level officials(S-1.S-2 MCD School)
- Innovative awareness activity (Pravesh Utsav in Upper primary with 250 sponsored families.
- Tracking and follow up mainstreaming children focused on sponsor child with school by a mobilize(1804)

ECCD:-

- Regular session has been taken by the Aganwadi mobilisers to enhance the participation, enrollment and retention of the children in the aganwadi centre.. (510 Children)
- Organized monthly meeting with Aganwadi Surksha Samiti to enhance their capacity.(40 Member)
- Quarterly Joint monitoring visit with CDPO have been done to make the successful and meaningful program.(5 AWC)
- Training on ECE With AWWs (35 AWWs)
- Two Innovative activity (ECCD Day) in Aganwadi have been organized in Aganwadi centre.. Orientation of those parents whose children are going to AWCs on ECCD milestones-
- Develop a model Aganwadi with support of the local resources.
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## **2. Women's Empowerment**

It's one of the most prioritized agenda of the Trust for making women powerful so that they can take their own decisions regarding their lives and well being in the family and in the society. The most famous saying said by the Pandit Jawaharlal Nehru is "To awaken the people, it is the women who must be awakened. Once she is on the move, the family moves, the village moves, the nation moves". Through women's empowerment, it can be possible to change the male dominated country into the equally dominated country of rich economy. Empowering women may easily help to grow each and every member of the family without any extra effort. The Trust recognizes the need of women's empowerment since its inception. The dependency cycle of poor's households is to be addressed as the men rarely give their entire income much of which is wage, in sustaining the household, leading to cutbacks in basic essentials required for a dignified standard of living. To address this need the Trust feels that interaction and economic empowerment has to be aimed directly at the targeted group, in such a form that is sustainable, empowering and leads to skill

enhancement of the women. Many of these women want to work, so that they can help in lightening the economic burden facing by their families.

Though, it was a challenge for the Trust to get adequate fund for implementing projects for women's empowerment as two major projects such as Banking on Change and Gender Resource Center were discontinued during the year 2016-17. But our strength lies in the community and they made the effort sustained. The Gender Resource center with its Vocational Training Components could continue till September 2016 only while the Banking on Change till February 2017. A meager support towards Employability and Economic Empowerment through Child Centered Community Development Program continued.

**Banking on Change** is one of the successful models for urban poor sector to bring homogeneity within heterogeneous population. Unification through Self Help Groups diluted by caste, religious and regional barriers is essential. It's a higher level of team effort that made us to sustain the bounding of women's solidarity in the project area even after the project areas. These groups have been instrumental in ensuring attendance, savings, loan repayment and conflict resolution within the groups. Hence leading to sustainability of the larger groups.

- It has enhanced sense of unity, togetherness, mutual trust and inter-dependency among SHG members.
- SHG women are able to take decisions for their own micro-enterprise and jobs being equipped with technical information, skills and money resource.
- SHG members are investing their own corpus for economic activities
- Women are rejoining education through open school
- Women are aware for continuing education of their children, they are taking loan for children's education
- Taking loan for illness treatment of children has been reduced which indicates health status of children is improved, it requires further study to confirm the statement.

**Operational Highlights till March 2017:**

Total Number of Self Help Groups	903
Total Number of Sub Groups	2908
Total No. of Clusters	25
Total No. members	18451

Total Number of Members	15048
% of women	100%
Total amount of savings	INR 25872425/-
Total amount of cumulative loans/ inter-lending	INR 25716637 /-
Total amount of outstanding	INR 7437978/-
Individual Account opened by BC	18500

**Gender Resource Center** lost its importance due to Delhi Government's attitude towards the project, though it was one of the exclusive intervention programs of the Govt. that worked towards women's empowerment through women-centered various development programs including Self Help groups, vocational training, legal rights, nutrition, literacy, vocational trainings, awareness and linkages with govt. schemes, health, water and sanitation. Over 5000 women were benefitted during the year through awareness meetings, counseling sessions, Legal literacy, UID enrollment and vocational training. 100 women were enrolled in Vocational training courses of Jute bag, cutting & tailoring and Computer classes. The project was continued only till September 2016.

### **Employability and Economic Empowerment**

**Identification of potential youth (male + female) 18-29 year, counseling session-Linkages of interested youths to vocational courses-**. During Quarter total 535 youth (Male& female) Linked to vocational institute for skill training program. Out of 535 totals 44 youth were placed.

**Advocacy:** During the advocacy meeting with Sahyog care for you, ETASHA, ELC, GMR Vara Lauxmi foundation, Grey sim foundation, Teach India and Prayas we have discussed about job placement, admission in vocational course, Course fee, Counseling of youths and follow up of placement. During this quarter, we have participated along with youths in ETASHA and Teach India youth career Mela.

**Regular monthly meeting with 30 youth clubs.** Comprising 709 members have been conducted. During the quarter capacity building of 573 youths on BCOC, Gender based violence, child abuse, Disaster preparedness, career guidance, gender; follow up of soft skill & communication skill training.

**Two days training of AG Clubs leaders done on Soft Skills** to improve the employability competencies like Negotiation skills, Communication Skills, Economic Rights etc had done by resource person. Total participants-36,

**Two days training of AG Clubs leaders done on Soft Skills** to improve the employability competencies like Negotiation skills, Communication Skills, Economic Rights etc had done by resource person. Total participants-43,

**Celebration of National youth days:** During the year celebration of youth day total 324 youths were aware about various career option and agency for youth empowerment and selection of future.

**Advocacy:** Participated in Annual NGO meet at GMR Vara Lauxmi foundation and done advocacy on placement issue of youth. Also, advocacy meeting with Govt. & Non-govt. agency in intervention area like: ETASHA, Sahyog care for you, grey sim foundation, Aman foundation ELC.

### **3. Health, Water and Sanitation:**

Access to primary health care has always been problematic for the very group it was established for. The Trust has always taken a preventative, curative and promotive approach towards health awareness and education not only for the women and child but also to prevent inequalities and to bring about cleanliness and hygienic conditions for the people. Right to health care is a basic human right, which must be provided to all. It is with this context the Trust has been able to implement a number of projects for providing health care services. The focus was on linking and awareness on health issues during the reporting period. Young Health Program and Child Centered Community Development Program (CCCDP) were two major projects that supported our effort towards right to health for all. Child Survival, growth and optimal development and water, sanitation and hygiene were two major components under CCCDP conducted a number of regular and innovative activities during the period. Balwadies and Creches intervention also included health and nutrition care facilities. Over 320 children in the age group of 3 to 5 years were covered under the project. The activities included Immunization drive, Monthly medical check up and care of children, nutrition distribution, linkages with Anganwadies, capacity building and awareness of parents on healthy development of children.

Some of the key achievement and activities are as follows:

**Monthly Orientation Meetings with Pregnant and Lactating Mather group:**

Health team conducts meetings on regular basis with pregnant and lactating mother

group in all 46 Aangan Wadi centres every month with a certain theme to refresh and strengthen the knowledge of Mother groups. Total **594** participants

**PHC Interaction (Coordination Meeting):** It's a monthly coordination meeting among the all staff members of primary Health centre of our intervention area and BT health team with the objectives to exchange information's and update each other about their actions and activities in community, referral and linkage.

**Growth Monitoring of the Sponsored Children and their Siblings:** BT Health team checked the growth of the all Sponsored children and the children up to 5 years of their family (1784), so that they can be advised accordingly for their diet and preventions from malnutrition in Shishu Swasthya Mela.

**World Health Day Celebration- 4<sup>th</sup> April 2016:** Theme- Beat Diabetes: Scale up, prevention, Strengthen Care and Enhance Surveillance. Total **108** participants were made aware.

**Saas Bahu Jalsa:** The event is celebrated quarterly with the objective to fill the gap between Mother /would be Mother and older care giver of the family to improve the Maternal and child health. **Total participants: 531**

**Block Wise Nutrition Camp:** This camp is organized once in each block of our intervention area in entire session with the objective to make aware the community and prevent Malnutrition among them, especially among children up to 5 years and Pregnant/Lactating Mother. . **Total participants: 236**

**Health Awareness Camp on Pneumonia & Malnutrition:** Four healthcamps are organized quarterly in entire session. **Total participants: 599**

**Awareness Event on Immunization and Kuposhan:** Four events are organized in entire session to ensure the complete immunization and Proper Nutritional Status of all Sponsored Children and their family as well as providing them awareness about Immunization and proper nutrition. Total participants: **53 (BP: 45, NBP: 08)**

**World Breast feeding Week, 2016 (01/08/2016-07/08/2016)** A weeklong celebration has been done in all 5 interventions area with 35 mother group members. We especially targeted pregnant mothers. **Total 345 participants**

**World AIDS Day Celebration (1<sup>st</sup> December 2016): 196 Youths (64 BP, 131 NBP)** participated in the observance meeting. Grand Total: **204**

**Partners' Staff training on MNCHN:**BT Health team, has organized two days Plan partners staff training on the topic of "Pneumonia and Malnutrition." Total participants: 21 (R. P.:03, Partner's Staff: 18)

**Fathers Orientation On MNCHN:** Total: 37, Community: 33

**Annual Felicitation of Pregnant/ Lactating Mother Group Members-** With specific focus on maternal and child health in its respective community, BT health team organizes a felicitation program for pregnant/lactating Mother group once in a year before completion of financial year. In 2016 the program was organized in four blocks (O, R, L, M). Total participants: 284

### **Water Sanitation and Hygiene**

The proposed programs for FY 16-17 in the PO targeted to Improved access to water, sanitation and hygiene services directly benefiting two million children and youth from vulnerable and excluded communities in 6,000 Plan villages and urban slums (50% demonstrating sustained open defecation FREE STATUS); ALONG WITH THREE million girls, boys and youth indirectly supported through advocacy and policy influence actions. The key achievement of this project is as follows:

**Knowledge building session with WMC in MCD Primary Schools:** The WASH team of Baliga Trust conducts monthly session in schools with WASH monitoring committee a (group of school children) on WASH issues. Total participants: 367)

**Knowledge building session with Swachchhata Samiti:** To build the knowledge of the Block wise Swachchhata Samiti about the WASH related issues and promote the leadership among the Swachchhata Samiti member to lead the WASH related issues of their concern area and get support to resolve from concern authorities. Monthly meetings are conducted with Total **70** Members in **5** groups under each block.

**Session with Sponsor Children on Hand Washing:** BT WASH team has conducted session with SC in O Block to sensitize the SC about the good hygienic practices. Total: **120,**

**Session with BP family for prevention from Dengue/Malaria and Chikungunya:** All BT staff has oriented to their BP families about the prevention from dengue malaria in which total 1785 families sensitized. BT-PLAN has provided IEC/BCC materials to all intervention school.

**Celebration of World Environment Day-2016: "Paryawaran ki Raksha Jeevan Ki Suraksha"** with the theme BT WASH team had celebrated World Environment Day. Total participants: **224**

**Global Hand Washing Day-15<sup>th</sup> October 2016:** GHD is celebrated in 6 schools in which around total 1071 students participated in the session and practiced hand

washing with soap. Total 38 AWC covered during GHD event in which total 312 persons participated in the GHD program.

**Sanitation Yatra** BT WASH team and Swachchhata Samiti member have a transect walk to the area of R, K and L Blocks, Mangolpuri to identify the dirty place, road side garbage disposal point and dirty parks approach the concern department & community for regular cleaning. Total participants: 111

**Training Of Swachchhata Samiti on Solid waste management:** Swachchha Samiti members motivation reinvigorated with simple yet innovative ways of managing waste produced at home. **Total participants: 62**

**Training of Swachchhata Samiti on WASH issues:** Two trainings were conducted to revitalized group of Swachchhata Samiti Members with ideas to implement as well as support WASH-related programs in their community. **Total: 32**

**Training of Mohalla Committee on Wash issues:** Swachchhata Members were oriented to write application and documentation. Total: **20** members

**Orientation of Mohalla Committee (Block Committee) on WASH issues:** Baliga Trust Plan has formed Block wise Swachchhata Samittee in every block to lead the area WASH issues and promote hygienic practices among the people. Total: 43.

**Training of WASH Group on Community engagement, leadership and community mobilization** Total: 48

**Training of Adolescents on ODF:** A motivated group of girls with information and ideas to advocate and promote ODF-related programs and activities. **Total: 39 persons**

**Follow up Sessions with Adolescent club Members on ODF:** Total **750** Adolescent girls in **37** groups had been covered under follow up sessions for ODF and WASH issues.

**One Day training of SMCs on SLTS:** An interactive orientation of SMC members to make aware about their roles, rights as well duties as stakeholders of SLTS program and are equipped with ideas to implement as well as support WASH-related programs in their wards' respective schools. SMC: 24

**Knowledge building session with WMC through "Swachchh Bharat Action (Game) Kit" in MCD Primary Schools:** The WASH team of Baliga Trust organized game of WMC members by use of "**Swachchh Bharat Action Kit**". Games are focused on Personal Hygiene use of toilet and delivered messages about WASH issues.

Total 219 students in 7 MCD schools with their teachers had participated in the activity facilitated by 2 BT staff.

**World Water Day Celebration (22 March, 2017):** BT-PLAN Team celebrated it by organizing various activities among the community people on water conservation and promoting reuse of water. Total participants: **283** **Street Play on WASH Issues:** Total around **360** people were present at different play sights at R,K, L Blocks.

**Printing of IEC on WASH scheme and WASH issues:**An IEC materials has been printed on WASH Scheme Swachhha Bharat Mission guidelines and WASH Issues.

Young Health Program: The focus of the year for Young Health Program was Non Communicable Diseases. Over the period, 1855 new young people, including 899 girls registered at Health Information Centers (HICs).

4 nutrition awareness camps were organized over the period with young peoples. The focus of these camps was to enhance the knowledge on the benefits of using nutritious food and why it is so important for our body. The nutritionist also shared the few recipes with the young people, which can be cooked easily, while the parents are not at home. 507 young people, including 376 young girls have participated in the program.

During the school exams, young people suffer with the depression and stress and few young girls suffer with depression and stress due to not getting attention at home. In the same context, YHP has organized 2 counseling sessions over the period, focusing on mental health (depression & stress). 310 young people (boys and girls) participated in the sessions. The sessions were focused on what is depression & stress, how we can know that we are going through with depression & stress, reason of both and how we can cope up depression and stress.

Community outreach activities actually keep bind the project with the community as these activities focus on some issue related to their life. As these are the new areas for YHP, so we started making awareness through street play in the community. 18 street plays were organized in different blocks of both communities (Sulatnpuri & Kirari Suleman Nagar). The Street play was focused on the concept of HIC, behavioural change (*risky behavior*), which comes with the growing age and how YHP team can help them to understand their body, their health and other behavioral changes and how to cope up with that and how HIC can support in this phase of transition. This activity conducted smoothly as it also entertains the community people.



Community meetings provide a platform for the community people to share their views on social and health status of the community. New community comes with new myths and misconceptions about their health issues and here YHP intervention starts to dispel these myths and misconceptions as well too aware them on other risky behaviour, which can lead to NCDs in future. During the reporting period 114 community meetings were carried out in both intervention areas, which witnessed 1554 community people, including 1395 female and 873 young people, including 510 girls. These meetings focused on Young Health Program, Health Information Center and thematic introduction. Dengue, Malaria & Chickengunia are spreading as epidemic in Delhi for the last two months. Hence, YHP team focused on these issues and spreading the awareness in the community.

YHP delivered 4 health talks on nutrition to the parents of HIC member, which witnessed 270 female and 1 male. An expert nutritionist was called for delivering the session. The whole talk was divided into three sessions, the first session was focused on why the nutrition is needed for a healthy life, and the second session was focused on what are the nutritious food available in the local market and the third session focused on how we can get nutritious food at a nominal cost. The expert also shared the few recipes for cooking nutritious food at home. The Recipe includes This was very interactive session, women participating freely and accepted that female members of their family didn't get much nutritious food. In the hall all participants take a pledge that they will provide the nutritious food to their children.

During the reporting period, YHP celebrate 13 national/international days at HIC level to sensitize the young people on that particular day. These days includes, World Play Day, Anti-Tobacco Day, World Environment Day, Day against Child labour, International Yoga Day, Day against illicit drug trafficking, International Youth Day, Independence Day, and Teacher's day, International Literacy Day, International Womens day, National Girl Child day. During these events there were community marches, speeches, debates, Drawing and quiz competitions to raise awareness on the specific issue being observed on the day. For example, on Anti-Tobacco Day, there were a series of activities including debates, Video Show and Drawing competition on the theme of harmful effects of Tobacco. The session was specifically focused on how tobacco leads to oral and lung cancers, dental problems and what are the techniques to quit tobacco and highlighting the counselling support that is available.

### **Child Rights and Child centered Community Development program**

Child Centered Community Development Program is a rights-based approach in which children, families and communities are active and leading participants in their own development. It enhances their capacity and opportunity to work together with others to address structural causes and consequences of child poverty at all levels. It has been implementing by the Trust since Nov 2008 in association with Plan India at resettlement colony Mangolpuri New Delhi along with sponsorship program.

#### **Intervention Area**

The Program area is spread over in five blocks K, L, M, O and R Block of Mangolpuri Delhi with an approximate population of 45000 out of which 48% are females. There are 12 MCD schools, 46 Aanganwadi & 02 Primary health centers in the designated area.

In consultation with children and area members, Baliga Trust –Plan has set out following key priority programs in area:-

### **Core Thematic Issues**

- Strengthening social and legal safety nets to protect children
- Children as active citizen and Change Maker
- Child survival, growth and optimal health
- Water & Sanitation Hygiene
- Education
- Early Child Care & Development
- Employability and economic empowerment
- Disaster Risk Management

### **Key Activities/Achievement / outcomes:**

#### **Protection from all forms of abuse, neglect, exploitation and violence**

- 1526 sponsored families have been aware against the child sexual abuse and its Redressal mechanism through screening of Chuppi Todo movie.
- 2 Creating sessions for children - short term courses were done with children. 67 children have participated in that creating session.
- 37 children clubs comprising 1063 members having regular monthly meetings.
- 38 adolescent girl clubs comprising 946 members having regular monthly meetings
- 2 media clubs are having regular monthly meetings at 1 media center having 22 core members
- Six Monthly Interface of BSD and Children with DCPU. 199 community club members participated in the Interface meeting.
- 2 Six monthly meeting of media clubs /representatives of CC/AG and BSD- 150 members were participated from CC/AG, Media club and BSD.
- Quarterly UBR camps for children in the community who are not having birth certificates-BP-26, NBP-78, Staff-4
- Quarterly innovative activity (Children's day, Teachers day, girl child day, etc celebrations) with children on issues of female foeticide, child marriage, child abuse, gender based violence (take one issue in each quarter) - 118 members of children and adolescent clubs were participated.
- 2 Bal Surksha Dal (community based child protection committees) are functional in the intervention areas. Monthly meeting of Bal Surksha Dal and stock taking-BP-15, NBP-20
- 3 STAFF - 1 day Quarterly Stock taking on child abuse cases and in house capacity building of partner staff on child protection (CHIEF FUNCTIONARY PRESENCE IS MANDATORY).
- Consultation with CSOs on Role and Responsibilities of Functionaries in JJ system was done for the capacity building of the chief functionaries on Juvenile Justice Act 2015. 26 NGOs representatives presented there.
- Advocacy Meeting with NGOs on POCSO and Related Guideline was done to build their knowledge and capacity that how they can deal with the child abuse. 27 NGOs representatives have participated in the advocacy meeting.
- 2 days training of youth club leaders on child abuse and gender based violence have been organized. 30 youth club's leaders participated in this training.

- 37 children and 38 adolescent clubs are trained on legal safe unsafe touch, child Labour, child marriage, gender (female foeticide issues), JJ Act., POCSO Act, CWC, JJB etc.
- Two support group (comprising one lawyer, one social worker and one psychologist) meetings have been organized during this period and provided the fruitful guidance to handle the child abuse cases.
- 2 Sanjha Samooh Baithak" Interface meetings of all the old community club leaders (children, adolescents, youth and women) of the area - on any two children issues of the area reflecting child rights have been organized total 83 community groups members were participated in these meetings.
- Two Days Orientation on Community Score Card was conducted with the PLAN partner CP staff to know what is CSC and how it will be implemented in respective areas.
- 2 Days Orientation on Child protection and Its Redressal Mechanism with staff and BSD was conducted and 31 (BSD-19) participants were participated there.
- Implementation of Score Card was conducted in the community. In that meeting the community members was identified the issues and they took those issues to SHO of Mangolpuri Police station and Counsellor of their area and did Interface Meeting with them.
- Follow up session on 2 days training on Gender Based Violence and Child Abuse with Youth Clubs with 10 Youth Clubs.
- One day orientation of staff on CP and integrating children and youth participation in child protection program was done with the CCCDP and Safer Cities for Girls staff. They were orientated on how we involve youth and children in Child Protection programs. There were 23 staff were participated in that activity.
- 27 Management and key staff of the organization trained on CPP and procedures.
- Celebration of children's Day with specific focus to female foeticide, promote child protection and create safe environment for girls in public places.
- **Sponsorship:** The overall purpose of sponsorship in Baliga Trust - Plan to build a global community aware of involved in and united around needs and rights of children. During the financial year FY 16-17 trust has been successful to maintain the regular communication between 1804 sponsored families with respective sponsors.

### **Safer Cities for Girls:**

Making Delhi a safer city for girls is the utmost need of the time as hundreds of cases of sexual assault and harassment against women are reported in the capital of the country. It is with this aim, Baliga Trust joined hands with Plan International to adopt an integrated approach to address the issue. It included a. **Increased adolescent girls' safety and access to public spaces, b. Increased girls' active and meaningful participation in urban development and governance and c. Increased Autonomous Mobility in the City for Adolescent Girls. The major activities to achieve the above mentioned activities were as follows:**

- **Establishing and strengthening formal partnerships, networks, and forums to enhance advocacy work – we collaborated with Pariwartan Cell of Delhi Police**
- **Conducting trainings and knowledge-based events for government and institutional stakeholders using the curriculum for government – one stakeholders meeting was organized.**
- **Support community meetings/discussions on promotion of gender equality and girl friendly public spaces – a number of community meetings were organized.**

#### **Intergenerational dialogues girls, family and community members -**

- Prior to generating a dialogue amongst different genders, it is imperative to create a culture of understanding and appreciation amongst the different generations on issues of each other. Hence the past period 424 parents (372 women + 52 men) were sensitizing about the issues generating by boys and men. 424 parents about the challenges their adolescent daughters face in public spaces.

#### **Establishing partnerships with community groups (NGOs and CSOs) and networks**

- The implementation team has put all efforts to establish and strengthen partnerships to enhance collective voice on safety of girls in public spaces.

#### **Increased girls' active and meaningful participation in urban development and governance**

- **applying the community scorecards, including (1) adapt scorecards, (2) training on scorecards, (3) applying scorecards, (4) disseminating/interface meetings, and (5) monitoring scorecards -** evaluation study of using digital technologies for the community score card was conducted with the adolescent girls and boys in end of March. The in-country evaluation study of using OMBEA Response for implementing CERG-Plan's Score Cards was conducted over five days. 20 Adolescent girls, 20 adolescent boys, 20 adults including Field officers, Programme coordinators, Plan India staff members, CERG researchers participated in the study workshop.

#### **Establish, strengthen, and equip girls clubs and spaces (02 centres)**

- The two girls' spaces are being managed by the team of community mobilisers. Multiple activities including trainings, workshops and creative sessions have been facilitated in these centres.

IDG celebration in Spain with Delhi girl- A 15 year old girl from Baliga Trust-Plan, Safer Cities programme was selected to be part of the IDG celebration activities in Spain, where she did the following:

- ◆ Participated in TVE program "La Aventura del Saber"
- ◆ Participated in an event at the National Parliament with political representatives and Spanish Youth Committee and school children to present new BIAAG report
- ◆ Media interaction with Spanish news agencies (EFE, Europapress, Servimedia) and TVE News Service
- ◆ Take over as President of Spanish Academy of Arts and Cinematographic Sciences

- ❖ **Girls' takeover traffic signals to mark International Day of the Girl-** To commemorate International Day of the Girl on October 11, an UN-declared international observance day to support greater opportunities for girls and end gender discrimination, teenage girls from marginalised communities stepped into the roles of traffic policemen and manned traffic in New Delhi.

European Union Ambassador to India, Mr. Tomasz Kozlowski inaugurated the takeover and distributed badges to the girls. 120 girls manned traffic for two hours at multiple locations in Delhi, namely Rajpath, Mandi House, Baba Khark Singh Marg and Windsor Circle. They were assisted by traffic police personnel. The young girls displayed signage and posters on gender equality as well as girls' rights. Passerby were also handed stickers with the message "Be a Driver of Change". Inaugurating the initiative, Mr. Kozlowski said, "Ensuring that girls feel respected and valued in society is the first step to breaking down the barriers of discrimination. Today, on International Day of the Girl, we remember that empowering girls and women is not just our moral duty, it is also the solution to many of the greatest challenges we face in the quest for development and peace: Investing in girls is investing in peace and prosperity"

- **Building capacity of Champions of Change facilitators**
- **Conduct trainings for girls using the Girls Champions of Change curriculum**

Team organized 16 workshop to rolled out the Being Safe in the City module from the Girls Champions of Change curriculum with adolescent girls in Mangolpuri. Two day long workshops were organized in batches for the girls in holidays of School. The trainings were facilitated by trained volunteers now we call them trainers with the help of team members at GFS. 368 adolescent girls and 62 youth girls have been attended this training workshop in the last six months. The team have planed the rest of module and will organize in coming month.

One participant **Kajal** expressed after training - hum pahle apni soch ko badlenge ki hum kamzor nahi na hi kisi se kum

## **Organized recreational activities for girls clubs to strengthen membership and support the Champions of Change curriculum**

### **Bringing girls clubs together and establishing peer-to-peer networks/forums**

The girl friendly club spaces have been effectively utilized as a space to strengthen peer to peer networks amongst girls and boys.

#### **- Conduct trainings with girls and apply girls' safety walks and organize interface meetings**

71% adolescent girls surveyed feel that they have felt some change in their lives after joining safer cities clubs for 3 months

The main issues identified included illegal parking on roads; eve teasing and gathering of boys on street corner. The subsequent interface meeting highlighted the identified challenges and sought intervention from pertinent authorities.

#### **Establish, strengthen, and equip boys clubs and spaces (4 centres)**

Besides maintaining the four girls' centres, four new boys' club spaces have been identified and established in the reporting period. These boys clubs unlike the girls' club spaces have not been digitally enhanced due to resource restrictions. 101 adolescent boys formed 6 new clubs in Mangolpuri.

#### **Building capacity of Champions of Change facilitators**

One Training of Trainers was done for Boys Champions of Change curriculum with boys.

#### **Engage boys in girl-led activities, including safety walks and community scorecards**

Both boys and girls celebrated Girls in ICT Day along with girls in 02 GFS. They participated in a learning workshop on use of digital media and also created digital photo collages of girls using ICT technology for development. They were also part of the unveiling of a special video for the day.

#### **Organise regular meetings between the girls and boys clubs to discuss issues of safety and inclusion and to strategise and develop recommendations together**

One interface meetings has been facilitated between girls and boys clubs to deliberate on various issues of safety and inclusion. Many issues identified and shared by girls with boys during the meetings. Both groups present their presentation regarding safety and inclusion in their community..

#### **Conduct trainings, orientations, and/or interface meetings with transportation staff and authority in the informal and formal systems using the transportation curriculum**

The team conducted one training workshop with transit staff during the reporting period. 24 Auto & E-rickshaw Drivers participated in this workshop. They promised to share the learning of this training program with other transit staff and will make their

vehicle safe for girls. Some of auto driver displayed the message of Girls safety in their vehicles.



### **Success Story – setting up Complain Box in two schools**

It was a great success story for team and result of good networking with Police personnel that complaint boxes had been kept in two senior secondary schools of girls at O-Block and Q-Block, Mangolpuri. Any girl who is facing any issue of girls safety in her school and on way to school can write her complaint on a simple paper without sharing her personal information even without name can put complaint in the box. This box open by the S.H.O only and he will take action according to the complaint. After installing this complaint box in the schools SHO Mr. Arvind kumar shared this information with girls during the interface meeting and as well shared the contact numbers of beat constable of their areas.

**Family Counseling Center (FCC)** is the oldest project of Baliga Trust running for almost 25 years in Mangolpuri. Counseling, referral and rehabilitative services to women victims who are in social and moral danger within the family or society at large including those affected by disputes, marital discord or maladjustment is provided free of charge.

Altogether 120 cases have been registered during the financial year 2016-17 under the FCC in which 93 cases have been compromised, 27 cases have been referred to DSLSA, Property Court, Police station, women cell and to another agencies.

Moral and legal support to the clients along with several sessions were integral part to overcome the problems of the clients. During the session trained counselors provided individual family and group counseling along with other family members and relative to bring into the reconciliation level. Home visit has been also done to know the real causes of the dispute. Legal literacy camps were also organized to raise awareness on concerned acts and information.

**Vocational and skill enhancement Trainings:** Three formal centers for providing training to adults towards employability and entrepreneurships were run during the reporting period. These centers included

**Community Libraries:**

Altogether six community libraries were set up in three project areas. These libraries have been working as **knowledge centres** as well as **information windows** for the community. To bring about a learning society and to promote a reading culture, the Trust continued to run six community libraries – one in Mangolpuri, two in Narela and three in Holambikalan. Over 7000 books on different subjects and topics are available in these libraries. Daily newspapers and monthly magazines are also provided in the libraries. The number of library members has been increasing every year. Apart from reading of books, regular creative inputs are used such as story telling, discussions and drama. Discussions on storybooks and surroundings are also a regular activity of the library. **Library committees** have been constituted in all the project areas. The readers are demanding the facility of e learning and internet access as well to be updated with latest knowledge and information.

**Learning Through Art:**

This is one of the innovative, integral and continuous efforts of the Trust that provides an opportunity to underprivileged children to enjoy learning through arts and crafts. Expert artists are engaged to facilitate the learning process with a holistic approach. The major components are traditional paintings such as Madhubani, Kalighat and Werli paintings and papier-mache craft. Annual Calender and greetings cards were designed and drawn by the children themselves which were widely appreciated.

**Street Play:** The organization believes in raising awareness on burning issues through organizing street plays in the language of the community. Over fifty such plays were performed in various parts of the project areas, Delhi, India and in Germany as well. The burning issues covered in the plays included pollution and environment, climate change, child protection, child labour, gender equality, social and religious integration, safe motherhood, health and hygiene, safer cities for girls, life styles of youth and adolescents, drug de addiction, anti tobacco campaign and beating the heat.

Baliga Trust has been recognized and awarded with for its untiring efforts for women's empowerment through the project Banking on Change supported by Plan India.

Baliga Trust in its indomitable style performed, achieved and contributed to a peaceful, just and friendly society through its pursuits in the sphere of development



and liberation. It was all possible due to ongoing and long term association with partners such as Plan India, Terre Des Hommes Germany, Integrated Village Development Trust, UK and many more organizations. Above all, the community itself showed its solidarity for the betterment of the situation. All these organizations have been crucial for our initiatives and intervene. We thank them all for their confidence in Baliga Trust and look forward to a continued association towards a peaceful and just world for all.