

Dr A V Baliga Memorial Trust
Annual Report – 2020-2021

Dr A V Baliga Memorial Trust founded by Bharat Ratna Aruna Asaf Ali and duly being nurtured by the founder Member Secretary Mrs Ranjana Ray, expanded significantly. It worked with five major thrust areas of program – improving literacy and education, empowering women socially and economically, improving livelihood condition of youth, creating safe environment for children and adolescents and access to health and medical care. Since 1968, the Trust has emerged as a multi-disciplinary organization and focuses on marginalized and disadvantaged people belonging to socio-economically weaker sections of the society especially children, youth and women for their socio-economic rehabilitation. Legal literacy, arts, crafts and theater and many more creative activities have been integral part of the organizational approach. The year 2020-21 was very challenging for all and so with us. The pandemic and a sudden amendment in FCRA in September 2020 shocked us by all means. The COVID19 augmented the causes of poverty, child labour, trafficking, exploitation and sufferings of women, children and migrant laborer. The unexpected FCRA amendments made us to compromise with the FC donor agencies including Plan International and Save the Children to continue with the program and so the concerned team. All the 93 team members were shifted to the roll of concerned donor agencies. Thanks to Terre Des Hommes, Germany, India Program who continued to support directly and stood with us strongly in the difficult time. Also, our CSR partners including Tech Mahindra Foundation, ESSEL Social Welfare Foundation, Viren Pvt Invest Ltd, individual Donors like Mrs Binoo Sen, Dr Varsha Das and many more made the organization to continue its programs as per the Vision, Mission and Goal.

Vision

To endeavour to bring about a secular nationally integrated egalitarian society empowering the disadvantaged through education, awareness and employment opportunities.

Mission

To break down barriers of negativity in religion, caste and gender. Education for all, Universalization of elementary education, ensuring the child rights. A secular

society in learning and living environment, more employment through focused awareness programs and empowered women.

Goal

To create a democratic, nonviolent, classless society without any discrimination of caste, gender, age, religion, class and race through involving Government, Non-Government and other developmental agencies.

The values of secularism, national integration and peace pervade all activities of the Trust.

The blending of **right based and need based approaches** is visible in our intervention. These reflect a resolute focus on our commitment to make a difference in the society.

Our **major strategies** have been advocacy, awareness, capacity building, networking, linkages and service delivery.

Major Strategies:

Major strategies for project implementation adapted by Baliga Trust are the same since the last decade –

- A-** Advocacy, Awareness,
- C-** Capacity building
- N-** Networking,
- L-** linkages and
- S-** Service delivery.

Geographical Expansion:

Baliga Trust projects/ programmes are spread over resettlement, slums and kachchi (unauthorised) colonies in the North, East, Northwest, West, South and South East of Delhi:

--Mangolpuri, Sultanpuri, in the Northwest District;

Narela and Holambikalan in the North District

Jamia Nagar in South East Delhi.

Vijay Nagar in Ghaziabad, UP and also in Bihar and Jharkhand for advocacy purpose on child labour issues.

Over 10 large slum clusters, with a total of one lakh beneficiaries in each, scattered in the above colonies were also reached.

We also conducted research study on impact of COVID19 on children.

Thrust Areas:

Baliga Trust continued with integrated approach to actively tackle issues in 5 major thrust areas:

program.t.

- **Education:**

The education program consists of five types of interventions:

- i) Learning Centres (bridge course);
- ii) Balwadi for preparing out of school children to mainstream into regular schools;
- iii) Remedial Classes for retention of children in schools, particularly the girl child, by educating them to their appropriate age level;
- iv) Continuing Education Centres (including adult literacy); and
- v) Condensed Course Centres for young dropout girls and women who yearn to get a formal certification for secondary and higher secondary education.

The Trust participated in improving conditions and quality of 12 MCD schools according to existing norms, and have given support to RTE programmes. (Right to Education)

- **Women's Empowerment:**

This continued to be affected through Family Counselling Center, Mahila Panchayat, Self Help Groups, Vocational and job oriented training programs, income generation activities, financial inclusion and financial literacy as part of a holistic development program.

- **Youth Empowerment and Vocational Skill Development:**

Empowerment and rehabilitation of youth through vocational skills, entrepreneurship development and involvement in creative activities. There is need to provide opportunities for vocational skill development of the youth and inculcate self-entrepreneurship in them so as to motivate them towards self-reliance.

- **Health, Water, Environment and Sanitation:**

Advocacy, awareness, capacity building, linkages, networking and service delivery are integral parts of the intervention. Emphasis has been on preventive, promotive and curative measures, and on population education. The focus was on women and children but all age groups were covered through need based activities. Community and children’s groups such as Cohesive Community Action Groups and the Slum Health and Sanitation Team proved to be the backbone of the health intervention

- **Child Rights:**

Child Centered Community Development Program: These were initiated through a rights based approach towards ensuring the major rights of survival, protection, participation, and development of children; and were impacted through Chuppi Todo (breaking silence) - Campaign Against Child Sexual Abuse, supported by Plan India. We were also part of the Campaign Against Child Labour.

- **Family Counselling and Legal Literacy:**

The Trust provided counselling and legal support to needy women of the disadvantaged communities backed by awareness camps, with support from the Central Social Welfare Board, Government of India.

List of major Projects and interventions during the FY 2020-2021

No	Name of the Project	Location
1	Child centred Community Development Program	Mangolpuri
2	Young Health Program	Sultanpuri, Premnagar Kiradi
3	Safer Cities for Girls	Mangolpuri
4	Work No Child Business	East and South East Delhi
5	Prevention of Child Labour and Protection of Children	South and South Delhi
6	Remedial Education Centre	Narela
7	PSMABD-Dachser-Ind-20-21	Mangolpuri and Holambikaklan
8	Bringing Health Care to the Doorstep	Narela and

		Holambikalan
9	Advocacy Against Child Labour AV BALIGA-INDIA-20-21	Across the Country
10	Family Counselling Centre	Mangolpuri
11	Integrated Balwadi and remedial Learning Centre	Mangolpuri and Narela
12	Tech Mahindra Smart Centre	Jamia Nagar
13	Social change through social enterprise: Community women produce Sanitary Napkin	Sultanpuri and Mangopuri
14	United Way of Delhi – Scholarship Program for Higher Education	North, North west and South East
15	Mahila Panchayat	Mangolpuri
16	National Urban Livelihood Mission (NULM) and SMID	Mangolpuri
17	Digital Dost - Computer Literacy with English and Life skills to Children of primary grades	Narela
18	Lifeline Clinics	Walled City
19	Relief Work	Delhi NCR
20	Support person for victim under POSCO case	North West District

Baliga Trust believes that all its interventions need to bring about change that is systemic, sustainable and replicable. We work closely with the community and that is the strength of the society since its inception.

Support and Collaborations:

During 2020-2021, Baliga Trust was supported by:

- Plan India/ Plan International,
- Save the Children Bal Raksha Bharat
- Integrated Village Development Trust (UK),
- Terre Des Hommes Germany-India Programme,
- Central Social Welfare Board, Government of India
- Tech Mahindra Foundation
- Xerox India Ltd.
- United Way of Delhi

- George Institute Global Health
- ESSEL Social Welfare Foundation
- Viren Investment Pvt Ltd.
- Delhi Commission for Women
- Mission Swaraj, Social Welfare Deptt, GNCT Delhi
- Haq Center for Child Rights.
- Several individual donors supported relief works to help pandemic effected people.

1.

Education

One of the thrust areas of Baliga Trust is **promoting education** among all age groups especially for under privileged community. The major focus was on Elementary Education among under privileged children in slums and resettlement colonies of Delhi. The project **Integrated Remedial Learning Centers for 400 under privileged children** initiative has been undertaken to improve the accessibility and retention of vulnerable, marginalized and disadvantage children in school going age, especially girls, in mainstream schooling system. The project was supported by ESSEL Social Welfare Foundation. Another project **Improved enrolment, retention and quality of education in urban resettlement of Delhi initiative duly supported by TDH, Germany, India Program** with a purpose to improve the accessibility of education, retention of vulnerable, marginalized and disadvantage children in school going age, especially girls and formation of community watch group and children/youth group and capacity building for raise their voice before government. The project also focused on building awareness on child rights among community, school and learning, exploring and engaging themselves in creative activities. We have been also supporting community based organization (CBO) to raise their voice before concerned authority for basic amenities and their other rights. The third project on education Integrated Learning Centers supported by Integrated Village Development Trust, UK. The Fourth project on education was Digital Dost supported by SSMI where children of MCD Primary schools got access to computer based pedagogy for self-learning and assessment as per their respective class syllabus. Two more projects – Work No

Child Business supported by Save the Children were executed. But children could not join the Multi Activity Center physically due to COVID19.

Apart from that Plan India supported two learning centers and exclusive intervention in 12 MCD Primary school towards quality and learn without fear education.

The special interventions included:

- Providing remedial coaching classes for school going children in the elementary level education, especially those at risk of dropping out due to poor academic performance.
- Creating awareness on child rights among children, parents and community as a whole.
- Formation of youth groups and their capacity building on right to equality and ecology rights children.
- Capacity building of community watch groups to raise their voices for basic amenities and their rights before local government (ULBs) and authorities.
- Over 2600 less privileged children were directly and over 6000 children indirectly benefitted through our educational intervention during the Financial Year 2020-2021.
- Hybrid model of teaching was adopted due to COVID19 Protocols.
- Tele calling and counselling to all the children enrolled in our data bank was regular which helped in addressing the trauma of the pandemic.
- Ration along with hygiene kits at least for a month was given to over 2600 families of children enrolled in our data bank.

Major Achievements/:

- Number of at risk children regularly benefitted in different subjects the Remedial Education Center: 2058
- Number of at risk children retained in respective schools through Remedial Education Center: 1127
- Number of Child Rights group strengthened: 04
- Number of Community Watch Groups strengthened: 4
- Number of Teachers training programs organized: 5
- Number of interface/public meetings/Dharna participated/ organized:7
- Number of Alliances to work together for local issues: 4

- Number of schools where Team members are Participating in VKS/SMC: 5
- Number of children provided supplementary nutrition in Remedial Education Centers: 400 per month.
- Over 2600 children received Education kits
- Over 2600 children's families received Ration and hygiene kits for one month.

Activities under WNCB- MAC –

We have been meeting with Principals and visited many schools but the set-up of resource room is still pending as the lockdown imposed due to Covid-19 pandemic. Many other activities planned for the quarter were also postponed. The identification of families is done on daily basis, ASF's called families daily and marked them as needy on the basis of the call.

The Kobo Tool kit calling training was completed with all the ASF's from 5 locations. The FD Collect app was similar to Kobo app, so ASF's surveyed through the app. The list from each location of needy family (with selection criteria: Women headed family, widow, Child headed family, PWD, Family with big size, Earning member suffering from some serious disease) were prepared, once the Covid-19 cases are in control, the distribution process will take place. 422 beneficiaries were connected to different Social protection Schemes (temporary e-ration cards, monetary support to drivers, cooked meals at government schools, e-pass for travel). Tele-Calling was done to the Jharkhand Migrant Laborers and they were also sent back to their places. The training was conducted online as the Covid-19 cases were rapidly increasing. The distribution took place in all five MAC locations for the needy families by keeping physical distancing in mind and using all protective measures.

Project Suraksha for school going Adolescent Girls in Mangolpuri – supported by Plan India and Barclays Bank: Many families are unable to purchase books and other materials. This hampers the education of girls. Under this project, these girls were provided with the books and stationaries as per their requirement, these girls told that now they can also study with all these resources. They were happy and thanked the Barclay and Plan.

The Sanitary Napkins are another need which these girls shared many times when we interacted with these girls. They are feared about their self-hygiene

and buying these sanitary napkins also become luxury for many families who are facing even basic need of hunger. As one of the parents said that they cannot think spending money on these sanitary napkins, masks in such situation where they lost jobs and there is no other sources of income. Therefore, Provision of Education and Hygiene Kits to Girls of Class 8, Class 9 and Class 10 was organized with kind support from Barclays Bank through Plan India. It was much appreciated by girls, parents and school authorities as well.

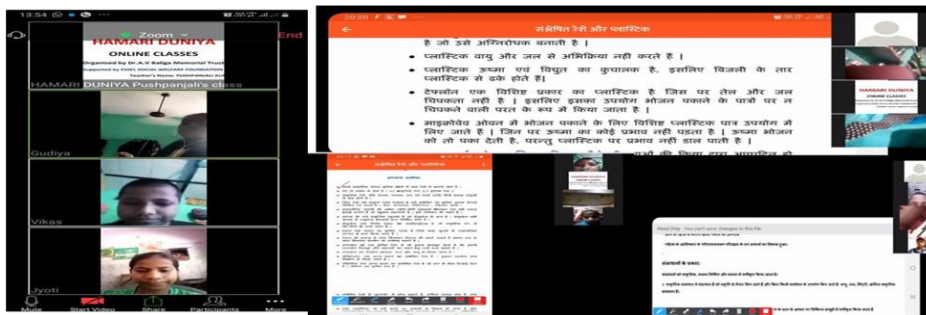
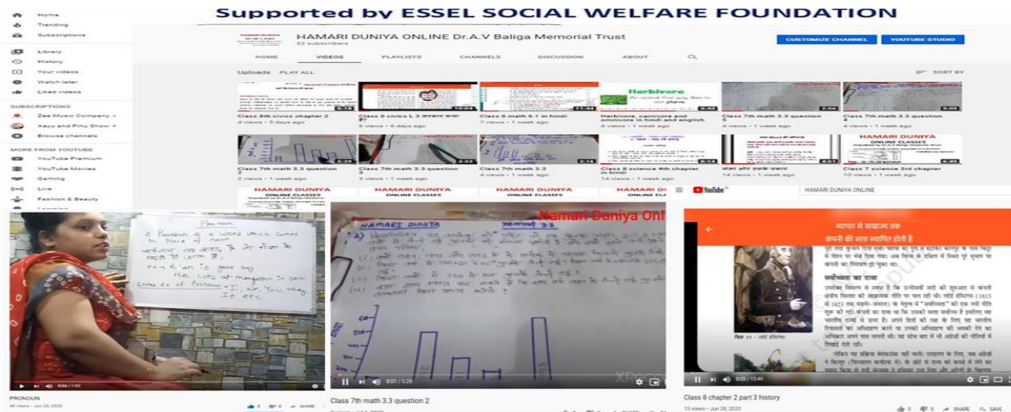
Class 8	257
Class 9	309
Class 10	347
Total -Girls	913

Education and Literacy has always been on top priority of Baliga Trust even when many challenges were faced. The fiscal year 2020-21 witnessed one of the worst years in the life school going children. As all children were forced to stop attending school due to lock down. Only 35% of school enrolled children were able to so called online classes even when it was started after some months of the pandemic break. Baliga Trust continued to contact majority of them by various means including online and offline. Thanks to ESSEL Social Welfare Foundation who supported 400 disadvantaged children for continuing their education through Hybrid Model - Remedial Education Centres. Nutritious supplementary foods were also provided to all children enrolled with their respective centres. Apart from that TDH Germany India Program and IVDT, UK have also supported for 150 school going children at risk to be dropped out.

Highlights of the ESSEL supported project project Period:

- **Total Number of children enrolled under the project: 504 against the target of 400**
- **Total number of children in Remedial Education Center: 400 (Boys-219/Girls-181)**
- **Managed to provide nutrition for 504 children.**
- **Regular Meeting with team members.**
- **Regular follow up with Parents and children**

- 56 meetings with parents were organized during the reporting period that focused on family back up for the education of children.
- Regular sports activities are being organized.
- Regular arts classes are organized.



Classes with WhatsApp

2. Women's Empowerment

The Trust recognizes the need of women's empowerment since its inception. The dependency cycle of poor's households is to be addressed as the men rarely give their entire income much of which is wage, in sustaining the household, leading to cutbacks in basic essentials required for a dignified standard of living. To address this, need the Trust feels that interaction and economic empowerment has to be aimed directly at the targeted group, in such a form that is sustainable, empowering and leads to skill enhancement of the women. Many of these women want to work, so that they can help in lightening the economic burden facing by their families. Some major interventions as follows:

- Mahila Panchayat supported by Delhi Commission for women
- SMID supported by Mission Swaraj, Government of National Territory of Delhi
- Household Economic Support, supported by Plan India
- Sakhi Sangam Society for Social Changes
- Social Change through social enterprise: Community women produce Sanitary Napkins
- Family Counselling Center supported by DSWB and CSWB

Mahila Panchayat of Baliga Trust has become very popular as it's more participatory and empowered to address the local issues over 2000 women are directly benefitted by it.

Social Mobilization and Institution Development (SMID) helped to form, strengthen and sustain 50 Self Help Groups. Another 10 SHGs are in pipeline for the next year.

Household Economic Security Under the project Child Centered Community Development Program focused on ensuring children protection, development and improved quality of life. The key achievements during the reporting year of this project were as follow:

- 1673 community people were oriented on public distribution system through PDS campaign and National Food Security Act 2013. Facilitated for avail the facility of PDS through street play, Gali (Street) meeting and door to door survey.
- 282 were aware on gender based violence against women/ girls in the society.
- Advocacy meeting with SHO, Councillor regarding girl's safety has been done report of the social audit has been also presented to the concern stakeholder.

Sakhi Sangam Society for Social Change is a Federation of 18000 women where a number of running are engaged in outdoor and indoor jobs and earning good amount. Apart from that the Federation has running Micro Entrepreneurship Development Center for garments making and also one Computer Center as well. The catering business was another feature of the federation and over 10 SHGs are involved in this trade.

Under the **Family Counselling Center** project, counselling, referral and rehabilitative services to women victims who are in moral danger within the family or society at large including those affected by disputes, marital discord or maladjustment is provided free of charge.

A total of 86 cases were come in the Family Counselling Centre various problems such as cases of interference of in-laws, domestic violence, extra marital affairs, Alcohol addiction, property dispute, financial crisis, physical assault, career counselling, pre-marriage counselling. Mental & Physical Torture, Depression, other types of crime/issue affecting women

Counselling and guidance were provided to all the cases by FCC counsellor. Some cases were reconciliation and some have been referred to:

- Rohini Court(Delhi Legal Services Authority) ,
- Women cell and DCW(181),
- Civil Courts for property dispute cases
- Referred to police station(112),
- Maintenance for Senior citizen act 2007 by Additional District Magistrate, Kanjhawala

Apart from that Family Counselling Centre organized several programs online and offline including Awareness sessions on "prevention and precaution to be taken to stop COVID19." World Social Justice Day on 20th Feb. 2021 was organized. We also aware women about the Delhi legal service authority and family counselling centre Also aware the benefits of the Govt scheme PMMVY.

Social Change through social enterprise: Community women produce Sanitary Napkins

The women run Sanitary napkin unit is one such example that is being entirely managed by women's group. Right from procurement of raw material to, manufacturing, supervision of quality parameters, packaging and sale everything managed by the women for the women Existing practice of using cloth instead of sanitary napkin are being changed because of low cost or free supply of Sanitary napkins. It's supported by D S Puri Foundation

Sometimes women do not feel comfortable of asking for sanitary napkin in the chemist shops. We are promoting it through Self Help Groups and through vending machines.

The project is promoting the use of sanitary napkin among under privileged women and over 18650 women have benefited from this throughout the year. Through the project **Social Change through social enterprise: Community women produce Sanitary Napkins.**

3. Youth Empowerment and Vocational Skill Development

Enhancing Skills of Youth through E-Learning & Their Orientation & Mobilization on Social Issues.

Goal: Strengthened youth led advocacy platform for realizing children's and women's rights, access to social entitlements, increasing livelihood opportunities and environment protection in Northern part of India.

- **Computer Training:** Baliga Trust has been imparting Computer training through two E-Learning Centres (ELC) to the youth living in urban resettlement colonies of Mangolpuri and Holambi Kalan, Delhi with an aim to mainstream youth with more opportunities and skills. During the reporting period 130 youth have successfully completed 6 months' computer course comprising Basic and Advance with two options: Tally ERP9 and Web Designing.
- **English Speaking:** Realising the need of English Speaking as an important skill for employment in Delhi context, the organisation has introduced English Speaking classes for the youth. All the 130 ELC youth joined the course, among them 120 had completed the course and 45 scored Grade-A (high proficiency) in the final exam.
- **Covid-time Online Training for Youth:** The organisation strategized training and education to impart through online mode during the nationwide lockdown during March- Oct 2020 due to Covid 19 pandemic situation. We found Whatsapp as one of the useful applications. The Facilitators and participants / beneficiaries were able to share self-recorded videos of teaching lessons, self-recorded queries and responds, videos of explaining topics on white boards, photographs of topic notes, home works written in registers etc. In Whatsapp one can read, view and listen posts afterward at any time.

10 youth of graduation final year appeared online exams through the E-Learning Centres.

- **Scholarships for youth:** Youth were affected by Corona situation in many ways. The earning members of the family had lost jobs. Families got confined at their homes and there was no earning opportunity. In this situation, continuing education was impossible for youth as they didn't have any resource for paying fees, purchasing books, copies etc and joining tuitions. In this situation, 27 promising candidates were provided scholarship amount of Rs 5000/- each for continuing their education.
- **Laptops and Printers for youth-**
During the Covid lockdown period, job opportunities for youth became very limited. In contrary, digital marketing, mobile- and net banking came in practice. During Aug 2020, 10 youth were provided a set of 1 laptop and 1 printer each for earning money through mobile and internet banking, paying EMI loans, travel ticket booking etc.
- **Orientation & Mobilization of Youth on Social Issues:**

Youth Clubs:

The beneficiary youth are encouraged to learn and discuss on social issues in unified groups called youth club. During the reporting period, 2 youth clubs with set group norms were formed. The members met twice in a

month on regular basis. In covid situation the meetings were online, otherwise the meetings were offline.

Workshop on Gender Issue in Covid 19 Times:

A 2 days' online workshop was held with 55 youth during Aug 2020. Ms Anjali Sinha, the facilitator of the workshop presented cases through short films which were followed by open discussion. The participants described negative impacts of lockdown situation on lives of girls and women like, losing personal time for education and taking rest, increased household workload, for education females are less privileged for having smart phone, women working from home entangled with household duties and professional duties. All these adversities were causing frustration and mental health issues among women.

4. Health, Water and Sanitation

The year 2020-21 was the most challenging year of our experience. The unexpected pandemic made the lives of people more vulnerable and miserable where struggle for food, water and even for air became the part of day to day life of the people of our project areas. In order to ensure delivery of quality general healthcare and maternal newborn, child health and nutrition services to this vulnerable segment of population living in urban slums of Delhi, Dr. A V Baliga Memorial Trust joined hands with CSR, Xerox India Ltd. to implement a model of comprehensive (preventive, promotive and curative) service delivery through Life Line Clinic.

The three main objectives of the Project are –

- 1) To Provide general medical service and care to under privileged people.
- 2) To raise the level of community awareness on issues of institutional delivery, immunization, environmental sanitation, hygiene, and other health and nutrition related behaviours.
- 3) To develop an effective system of referrals & linkages with public as well as private health facilities in and around the slum areas.

We could conduct only 130 clinics against the target of 192 clinics in both of the project areas Narela and Holambikalan Resettlement Colonies in year 2020-21 as there were no clinics during April- June 2020 due to pandemic. It covered 7619 patients against the set target of 7680 @ 40 patients per clinic. Out of that, we could cover 5362 female patients and 2257 male. Also it included The project covered 3682 patient in Narela Resettlement Colony, and 3937 patient in Holambikalan Resettlement Colony in North Delhi.

Total 15 cases have referred to Hospital/Covid19 centre but nobody found positive. We also supported covid-19 positive patient who were under home isolation during the reported period. Total 11 patients in Holambkalan and 5 patients got benefit from us. We supplied medicine to these patients.



A total of 17 Cohesive Community Action Group meetings were organized. The focus was on health hygiene practices among the community people. Also, 19 meetings with Slum Health and Sanitation teams were organized to ensure the participation of youth for potable water and sanitation in the community.

- Total 830 mothers (195 pregnant and 633 lactating mothers) were oriented on safe pregnancy components (care during pregnancy & post pregnancy, danger signs, birth preparedness, planning, spacing, government schemes like Mamta, exclusive breast feeding, weaning, infant feeding practices, child care etc .
- Regular monthly meeting with S and A block PHC centre have been organized and facilitating ANC/ PNC checkups for pregnant women.
- Six monthly mobile health camps (Swasthya Mela) in collaboration with AWC & PHC. Issues to focus on child health issues (diarrhea, malnutrition, ARI, immunization, IYCF etc have been successfully organized.
- Awareness event on birth planning, spacing, family planning, role of males in child rearing etc (to include demonstration of different modes of family planning) have been organized in which 135 Couples participated and adopting any family planning methods
- We have organized growth monitoring of sponsored families children in which 1792 sponsored families have been participated and guided to take appropriate action to avoid malnutrition.
- We have organized successfully world breast feeding week, world health day, and world aids day to aware the community on such issues.
- We have organized successfully two Saas Bahu Jalsa - meetings with mothers & elder care givers at block level (level 2 location) to discuss on birth planning and preparedness, essential immunization, infant feeding practices & child care, demonstration of different complementary food, ARI, etc
- We have organized Annual felicitation meeting with pregnant mother groups to promote their habits to participate in regular mother group meetings,

Water , Sanitation & Hygiene:

All the activities designed towards the Facilitating the availability of water and sanitation facilities in preschool, primary and secondary schools for all girls and boys, improving the hygienic practices in families and to facilitate to access the safe drinking water, govt. schemes. The key achievement of this project is as follow:

Achievements:

- 10 WMCs are functional in 10 school and having regular meetings
- 37 adolescent clubs, 38 children clubs, 30 youth club, 46 mothers groups,1 swakshta samiti , 2 BSD, 2 ASS,10 WMC,10 SMC,40 bal sadan , 2 media club ,10 DPC, 1 CNV group , have strengthened for disseminating messages on hygienic practices
- 29 , Swachhata Samittee members and 36 community groups members trained on WASH issues like improved hygiene practices, community based monitoring of water and sanitation facilities, community practices related to solid waste, diarrhoea, dehydration symptoms and treatment practices etc
- 09 Wash champion, 15 SMC members were trained on improved hygiene practices and water source management.
- School Sanitation Mela for Sharing of best practices in schools has been organized. 213 children including staff have been participated from plan partners organization intervention schools..
- Renovation of drinking water point at S block MCP school Mangolpuri. .
- Celebration of specific days to spread awareness on WATSAN like Global Hand Washing Day (15th Oct), World Toilet Day (19th Nov), World Water Day (22nd Mar) and World Environment Day (5th Jun) (includes celebrations at both school & community)
- Monthly screening street play monthly meeting with swachta samiti have been successfully organized during this year to aware the community on WASH issues.
- We have completed Revival and maintenance work of parks no 10 and handed over to children and community clubs.

Baliga Trust has been implementing the Young Health Initiative project at Mangolpuri with support of Plan India. Through this project health and hygiene issues of adolescents are addressed in the area through Health Information Centers. During the reporting period AZ Young Health Program reached over 4171 young people, through mass awareness activity, events, community meetings, and health information center (HIC) activities. The Young Health Program has also reached 3855 wider community members including parents, health and education professional and policy maker.

Objectives:

1. Capacity building of adolescents by providing relevant information, knowledge on lifestyles, and better choices that will help enhance responsive health seeking behaviour with special emphasis on reproductive health.
2. To establish community based actions on key infection.
3. Raising awareness and knowledge of access to available health care systems.
4. Addressing the immediate needs of the community in issues related to healthcare, hygiene, sanitation and substance abuse

A. Reach

- In last year (April 2014 - March 2015) YHP has reached out to 7841 young people including 4865 girls, through mass awareness activity, events, community meetings, and health information centre (HIC) activities.
- Additionally, YHP has also reached 314 wider community members including 2028 female over the last year (April 2014 - March 2015) including parents, health and education professional and policy maker.

B. Innovation

- Street theatre group of YHP performed a play in one day workshop of Directorate of family welfare, Govt. of NCT of Delhi in MAULANA AZAD

MEDICAL College (MAMC) auditorium on convergence with AYUSH for family planning services In April.

- That performance of adolescents won many hearts and appreciation from the high dignitaries in the conference. They have performed on the key message of birth spacing and the methods and ways to maintain 3 years gap between second child and the advantages of birth spacing.
- The group who performed was a girl's group which was the centre of attraction in the entire workshop as how strongly and confidently they delivered the message of birth spacing.
- This does not only enhanced the confidence of the group but also showed the effectiveness of spreading key messages through plays.
- 127 teachers were sensitized on YHP
- After a long discussion with India on Track and Arsenal Soccer School regarding providing football training to YHP young people. India on Track and Arsenal Soccer School are the leading organizations for football training at international level. After a number of meetings with the founder of IOT, Mr. Vivek and Arsenal Soccer schools, members, we decided a final date for scouting. Approx 220 adolescents participated (under 10, 10 – 13, 13 – 16 ages) in scouting, which held Shaheed Bhagat Sing mini stadium, Mangolpuri, New Delhi. Four international coaches completed the scouting process and selected the 60 children. Now they are supposed to start the football training from mid Feb 2015. This training would be very useful for young people and it would be a sustainability step for YHP.

C. Impact

70 adolescent anemic girls out of 114 adolescent girls were identified by YHP staff. After which, regular counseling and follow up by YHP staffs was done to ensure regular consumption of iron rich diet at their home, and also supplementary nutrition and Iron Folic Acid tablets, which were being given to them at Aganwadi Centre. YHP team is monitoring hemoglobin on monthly basis, and there is a tangible improvement in their health.

Output achieved under YHP during the reporting year
3 HIC delivering range of services in Mangolpuri project intervention area
114 adolescent girl has counseled on anemia
52 peer educator including 26 girls received refresher training
311 peer educator including 173 girls received refresher training
We are in process to start all three HIC to continue operating beyond October 2015
32 YHP staff receive training on counseling

IV. Child Rights and Child centered Community Development program

Child Centered Community Development Program is a rights-based approach in which children, families and communities are active and leading participants in their own development. It enhances their capacity and opportunity to work together with others to address structural causes and consequences of child poverty at all levels. It has been implementing by the trust since Nov 2008 in association with Plan India at resettlement colony Mangolpuri New Delhi along with sponsorship program. The Program was handed over to Plan India after the amendment in FCRA rules and regulations came into implementation from 29th September 2020 onwards.

The Program area was spread over five block K, L, M, O and R Block of Mangolpuri Delhi with an approximate population of 43047 out of which, (20481) 48% are females. There are 12 MCD schools, 46 Aganwadi & 02 Primary health center.

In consultation with children and area members, Baliga Trust –Plan has set out following key priority programs in area:-

- Strengthening social and legal safety nets to protect children
- Children as active citizen and Change Maker
- Health
- Water & Sanitation Hygiene
- Education
- Early Child Care & Development
- Disaster Risk Management
- House Hold Economy Security

Total reach under Child Centered Community Development Program		
S.NO.	Sector	Total beneficiaries
1	Inclusive and Quality Education (IQE)	943
2	Skills and Opportunities for Youth Employment and Entrepreneurship (SOYEE)-	448
3	Sexual and Reproductive Health and Rights (SRHR)	2162
4	Protection from Gender Based Violence (GBV)	287
5	Inclusive and Quality Nutrition (IQN)-	951
6	Resilience in Emergencies (DRM)-	1282
Grand Total		6073

The program targeted to increase the participation of children and young people in their own, community, state and national development as active citizen. Citizenship represents the collection of rights and obligations that define the members of a community. It seeks to shift participation from event-based approaches to the institutionalizing of participation opportunities in home, communities and governance. Finally, it seeks to contribute towards promoting meaningful and authentic participation of children and young people – with special focus on the marginalized and vulnerable groups.

37 children clubs comprising 890 members and 38 adolescent girl clubs comprising 840 members were continued to work together for meeting the rights of children. Apart from that 2 media clubs were having regular monthly meetings.

Other Activities

Learning Through Art:

This unique initiative of the Baliga Trust, supported by the Integrated Village Development Trust (IVDT), UK, provides an opportunity to underprivileged children to enjoy learning through arts and crafts. Expert artists are engaged to facilitate the learning process with a holistic approach. The major components

are traditional paintings such as Madhubani and Kalighat, and papier-mache craft. This was continued through this year as well.

Community Library:

Community libraries that were set up in three project areas have been working as **knowledge centres** as well as **information windows** for the community. To bring about a learning society and to promote a reading culture, the Trust continues to run three community libraries – one each in Mangolpuri, Narela and Holambikalan. Over 2600 books in BVK Narela, over 1100 books in Holambikalan, and over 3000 books in BVK Mangolpuri have strengthened the libraries. Daily newspapers and monthly magazines are also provided in the libraries. The number of library members has been increasing every year. Apart from reading of books, regular creative inputs are used such as story telling, discussions and drama. Discussions on storybooks and surroundings are also a regular activity of the library. **Library committees** have been constituted in all the project areas.

Education and Literacy

COVID19 and Baliga Trust:

During the first COVID-19 wave, the lockdown forced millions of migrant labourers to move back to their villages in India. The soaring demand for food, health supplies, basic services need a huge workforce to wheel and support the national and global supply chain. **Over the last two decades, the number of children working as child labourers came down by a 100 million. But the novel coronavirus (COVID-19) pandemic has dealt a heavy blow on human lives and endangered the economic activities of the poor and disadvantage people.**

When the pandemic struck India in 2020 and the nation went into a strict lockdown, the Baliga Trust team stepped up to support vulnerable communities in alignment with its mission. We not only diversified our own projects to maximise impact but also went beyond to provide emergency relief support. In the devastating second wave resulting in substantial human loss and significant humanitarian concerns with an urgent need for supporting the people in many fronts, we are seeking the support to join us in the fight against this deadly virus.

1. Details of Govt. Office/Officer approached by the Association/NGO

5 Deputy Commissioners of respective districts of North West, East, South and South East. Delhi Commission for Protection of Child Rights DCPCR. Local MLAs and Councillor recommended.

2. *Type of support(Like material/equipment purchased and distributed, meetings/gatherings addressed, volunteers added(Please refer to para 3 of the letter)

Total Dry ration kits distributed to 8971 needy families in North, North west, West, South, South East, East and Central Districts of Delhi. Cooked food through family to family kitchen to 10,000 people and regularly for to 135 people from last two months. We also provided over 1000 Education and hygiene kits to school going children. We are thankful to Delhi Commission for Protection of Child Rights DCPCR for extending their support. 2. Awareness through mobile on preventive and protective majors against COVID

3. *Place/area of Action/response

Mangolpuri, Sultanpuri, Prem Nagar Kiradi, Holambikalan, Narela, Savda Ghera, Geeta Colony, Kailash Nagar, Ajeet Nagar, Kaushikpuri, Raghwarpura, Shaeed Nagar, Gandhi Nagar, Jamia Nagar, GB Road, Shakoor ki Dandi, Takiya Kale Khan, Kanchanjunga, Sanjay Camp, Lajpat Nagar, Tehkhand all in various districts of Delhi.

4. *Total approximate cumulative amount spent on all activities so far (Absolute amount in Rs.)

INR – 1,31, 00,000/- (One crore thirty one lakhs) approximately.

5. *Duration of activities so far (Cumulative) In weeks

38 weeks

6. *Details of Problem faced/Any suggestion/solution

Problems: 1. Inaccessible health services for other than COVID19. 2. Unemployment

We believe in acting together, learning together and achieving together, the reporting year was one of the best example during the challenging perion of pandemic. Thanks to all being with us in this crucial time for keeping the humanity at the top.