

**Dr A V Baliga Memorial Trust**  
**Annual Report 2015 – 2016**

**Overview**

The period spanning April 2015 to March 2016 saw the burgeoning of several of the ongoing programs in the fields of Women's empowerment, Education for all age groups – 3 to 45 years, child rights, Safer cities for girls, young health program, financial inclusion, job oriented vocational skill development, entrepreneurship development, community's participation and engagements for entitlement and Family Counseling. Awareness, advocacy, capacity building of the community groups, networking and linkages with concerned service providers were major strategies of the year we crossed. New projects such as STEP UP supported by IVDT UK, E Learning Center in partnership with DASCHER and TDH, Germany, India Program and Balwadies with support from Plan India strengthened our efforts for integrated development. Even Young Health Program changed its dynamics from Communicable Diseases to Non Communicable Diseases and also the project are i.e. from Mangolpuri to Sultanpuri and Suleman Nagar Kiradi.

A number of women, youth and children joined hands to make a difference in the society and at the same time appeared as role model for others.

The Trust's intervention in the fields of Women's empowerment was well recognized by Plan International and it was adjudged as one of the best programmes.

**Initiatives of Baliga Trust:**

The strength of Baliga Trust is to work with integrated approach on felt needs by adding new interventions with existing and ongoing programmes. The inclusive projects/programs/activities are- Gender Resource Center - Samajik Suvidha Kendra, Child Centered Community Development Program, Banking on Change, Bringing Health Care to Doorsteps, Young Health Initiative, Promoting Elementary Education in Urban Resettlements, Teach India - Spoken English, Family Counseling Center, and Community Libraries, through the tireless efforts of the team. During the reporting phase the geographical area has been expanded and the services reached directly or indirectly to over one million beneficiaries. New projects such as STEP UP supported by IVDT UK, E Learning Center in partnership with DASCHER and TDH, Germany, India Program and Balwadies with support from Plan India strengthened our efforts for integrated development.

**Major Strategies:**

Major strategies for project implementation adapted by Baliga Trust are the same since the last decade –

**A-** Advocacy, Awareness,

- C-** Capacity building
- N-** Networking,
- L-** linkages and
- S-** Service delivery.

### **Geographical Expansion:**

Baliga Trust projects/ programs are spread over resettlement, slums and kachchi (unauthorized) colonies in the North, Northwest, West and Central Districts of Delhi:

--Mangolpuri, Sultanpuri, Narela and Holambikalan in the Northwest District;

--Bheem Nagar, Nangloi, Nihal Vihar, Prem Nagar Kiradi, Jwalapuri, Udyog Nagar and Khyala in the West District;

Over 10 large slum clusters scattered in the above colonies were also reached.

### **Thrust Areas:**

Baliga Trust continued with integrated approach to actively tackle issues in 5 major thrust areas:

- **Women's Empowerment:**

This continued to be effected through the Gender Resource Center, Self Help Groups, Vocational and job oriented training programs, income generation activities, financial inclusion, financial literacy, and the cooperative society established earlier with the aim of empowering women by providing skill enhancement as part of a holistic development program, as well as adult and continuing education.

- **Health, Water, Environment and Sanitation:**

Advocacy, awareness, capacity building, linkages, networking and service delivery are integral parts of the intervention. Emphasis has been on preventive, promotive and curative measures, and on population education. The focus was on women and children but all age groups were covered through need based activities. Community and children's groups such as Cohesive Community Action Groups, the Slum Health and Sanitation Team, and the WES Monitoring Committee of School Children are major stakeholders while a new band of Community Health Volunteers proved to be the backbone of the health intervention program Bringing Healthcare to the Doorsteps supported by Save the Children Bal Raksha Bharat.

- **Education:**

The education program consists of five types of interventions:

- i) Learning Centers (bridge course);

- ii) Balwadis for preparing out of school children to mainstream into regular schools;
- iii) Remedial Classes for retention of children in schools, particularly the girl child, by educating them to their appropriate age level;
- iv) Continuing Education Centers (including adult literacy); and
- v) Condensed Course Centers for young dropout boys, girls and women who yearn to get a formal certification for secondary and higher secondary education.

The Trust took participated in improving conditions and quality of 12 MCD schools according to existing norms, and have given support to RTE programs.(Right to Education)

- **Child Rights:**

Child Centered Community Development Program: These were initiated through a rights based approach towards ensuring the major rights of survival, protection, participation, and development of children; and were impacted through Chuppi Todo (breaking silence) - Campaign Against Child Sexual Abuse, supported by Plan India. We were also part of the Campaign Against Child Labour.

- **Family Counseling and Legal Literacy:**

The Trust provided counseling and legal support to needy women of the disadvantaged communities backed by awareness camps, with support from the Central Social Welfare

Board, Government of India. These have been elaborated in the ensuing pages to provide an overview of our interventions, their effect in the target areas, and the outcome for the year 2013-2014.

## Support and Collaborations:

During 2015-2016, Baliga Trust was supported by:

- DWCD-Mission Convergence, GNCTD
- Plan India/ Plan International,
- Integrated Village Development Trust (UK),
- Terres Des Hommes Germany, India Program,
- Central Social Welfare Board, Government of India
- Bani Jagtiani Trust

Baliga Trust believes that all its interventions need to bring about change that is systemic, sustainable and replicable. We work closely with the community and that is the strength of the society since its inception.

### **Major interventions by the Trust**

## I. Women's Empowerment

The Trust recognizes the need of women's empowerment since its inception. The dependency cycle of poor's households is to be addressed as the men rarely give their entire income much of which is wage, in sustaining the household, leading to cutbacks in basic essentials required for a dignified standard of living. To address this need the Trust feels that interaction and economic empowerment has to be aimed directly at the targeted group, in such a form that is sustainable, empowering and leads to skill enhancement of the women. Many of these women want to work, so that they can help in lightening the economic burden facing by their families.

As in the last year, we continued to implement the three major for the purpose:

- Banking on Change, supported by Plan India
- The Gender Resource Center – Samajik Suvridha Kendra, supported by Mission Convergence, Government of National Territory of Delhi
- Household Economic Support, supported by Plan India

### **Banking on Change:**

Banking on Change is a successful model for urban poor sector to bring homogeneity within heterogeneous population. Unification through Self Help Groups diluted by caste, religious and regional barriers is essential. The model of sub-groups introduced in the project has yield good results. These groups have been instrumental in ensuring attendance, savings, loan repayment and conflict resolution within the groups. Hence leading to sustainability of the larger groups.

It has enhanced sense of unity, togetherness, mutual trust and inter-dependency among SHG members. SHG women are able to take decisions for their own micro-enterprise and jobs being equipped with technical information, skills and money resource. SHG members are investing their own corpus for economic activities. Women are rejoining education through open school. They are aware for continuing education of their children, they are taking loan for children's education. Taking loan for illness treatment of children has been reduced which indicates health status of children is improved, it require further study to confirm the statement.

### **Operational Highlights till March 2016**

Total Number of Self Help Groups	903
Total Number of Sub Groups	2908
Total No. of Clusters	23
Total No. members mobilized	18451
Total Number of Members	15048
Total amount of savings	25872425/-
Total amount of cumulative loans/ inter-lending	2,57,16,637 /-
Total amount of outstanding	74,37,978/-

Number of groups Bank linked	273
No of Members Trained on Financial Literacy	15248
No of Account under P.M Jan-Dhan Yojna	5023
No of members cover under Insurance	7512
No. of Members Trained in MED	3012
No. of Members Trained in JOVT	2513
No. of Value chain Services	1045
Individual Account opened by BC	18500

### The Gender Resource Centre (GRC):

Gender Resource Center is one of the exclusive intervention programs of the organization that works towards toward women's empowerment through women-centered various development programs including Self Help groups, vocational training, legal rights, nutrition, literacy, awareness and linkages with govt. schemes, health, water and sanitation. The tabular information below shows the wide coverage of the program under different programs, activities and schemes:

S.No	Key Indicators	Target Achieved
<b>1</b>	<b>Legal Awareness</b>	
1.1	Mass Awareness Sessions	24 Session
1.2	No. of persons attended	602
1.3	Individual counseling sessions	24
1.4	No. of community members counseled	74
1.5	No. of cases resolved to the satisfaction of the client	14
<b>2</b>	<b>Health</b>	
2.1	Health camps (Thematic camps)	6 Camps
2.2	No. of patients covered in 6 thematic camps	1780
2.3	No. of Clinics conducted	24 Clinics
2.4	No. of patients served in health clinics	1139
2.5	No. of Nutrition Camps Organized	12
2.6	No. of Nutrition Camp Beneficiaries (25 per camp)	355
<b>3</b>	<b>Education</b>	

3.1	No of illiterate adults through SSS/NIOS BLP exam as literate in a year	25 Adults
3.2	No of children mainstreamed by GRC	30 Children
3.3	No. of children getting remedial education	55 Children
3.4	Adults getting 'Level A" OBE"	19 OBE
<b>4</b>	<b>Vocational Training</b>	
4.1	No. of Trainees attending the vocational trade	200 Trainees
<b>5</b>	<b>SHG</b>	
5.1	(Total SHGs promoted by GRC during the Year)	2
5.2	SHG linked with banks	2
<b>6</b>	<b>Information Centre</b>	
6.1	No of enquiries	3615 enquiries
<b>7</b>	<b>Water-Sanitation-Hygiene(WASH)</b>	
7.1	Community Awareness Generation Activities	24 Sessions
7.2	Celebration of important days on WATSAN	3
7.3	Mass Cleanliness Drives	2
7.4	Formation/Promotion of Groups on WASH	4

### Household Economic Security:

- Regular meeting with 30 Youth groups comprising 684 members has been organized to enhance their capacity on various issues.
- Total=365,BP=130,NBP=232, was participated in week long PDS campaign
- 9000 Brochures,8000, Pamphlets,8000 Stickers pamphlet had printed on Food security act 2013.
- Total=83,BP=56,NBP=27 women adolescent girls had participated in growth monitoring day and health mela.
- **Identification of potential youth (male + female) 18-29 year , counseling session** Conducted door to door survey of BP family in intervention area of the location. Identify **69male**( 53BP,16NBP) and **233 female** ( BP-197,NBP-36) from the 5blocks L,K,M,O,R..
- Identified and counseled by resource person for vocational courses and linkages through meetings. Total Youths 181.
- **Linkage identified and interested youth (male/Female) with govt/ non govt agency for skill development/ vocational training program:**

Total 8 female and 6 male linked to vocational centre for basic computer course.

- Two days training on Soft skill and youth employability competencies done with Youths leaders. Total girls participated 39 and youths participated BP=6, NBP=24.
- Two Days Training of plan partners staff on CMMF= total participants =13.
- **Monthly Meeting of Youth group: have been conducted during the quarter: Total meetings 13. Total adolescents BP=65, NBP-77 and boys BP-12, NBP-40 has participated in the career counseling session.**
- Celebrated National Youth day on the **theme of Indian youth for Development skill and harmony with 200 Participants. Total BP 55, NBP=145**
- Celebrated International women's day with the collaboration of Nehru Yuva Kendra at F block Barat Ghar , Mangolpuri. In this program youth participants in cultural program and display IEC material of CCCDP thematic PO. One adolescent shared experience of success in her life. Total Participants-32.
- Total 30 Youth Clubs Participated in monthly meeting. 32 clubs aware on Gender soft skill, leadership, career counseling, time management, 2 clubs on Right to Educational act 2009, 14 clubs on disaster and disaster preparedness, 15 clubs aware on Drugs de-addiction, child rights, 1 on important of world water day.
- **Identification of potential youth (male + female) 18-29 year, counseling session:** during this quarter we have printed 1000 colour pamphlets for mobilization of youth and aware to community people for the counseling of vocational courses. 100 Youth have been identified.

## II. Health, Water and Sanitation

Major intervention to strengthen Health and medical care services during the reporting period included awareness, capacity building, medical care services and linkages with hospitals and primary health care institutions. The activities were designed towards the improving the maternal health and nutritional status of the malnourished children by enabling women to access knowledge, quality health services and through community and government engagement. The Trust also focused on health of adolescents and young boys and girls. The projects that supported health care initiative included **Child Centered Community Development Program, Young Health Program, Balwadies and Crèches – all supported by Plan India. A brief of the activities and achievements are as follows:**

### **Child Centered Community Development Program:**

- **Monthly Orientation meeting with Pregnant and Lactating mothers: Total 557** mothers (195 pregnant and 633 lactating mothers) were oriented on safe pregnancy components (care during pregnancy & post pregnancy,

danger signs, birth preparedness, planning, spacing, exclusive breast feeding, weaning, infant feeding practices, child care etc.

- **Annual felicitation of Mothers:** annual felicitation program of the mother group to felicitate the mother who properly take care of herself and their child likes Positive care during the pregnancy and Institutional delivery, timely immunization of child and registration of the birth of child. Total Participants=270, P & L mothers =212, Guest and stffs-58.
- **Celebration of World Health Day:** World Health Day is celebrated on 7 April every year to mark the anniversary of the founding of W.H.O. in 1948. Each year a theme is selected that highlights a priority area of public health. The Day provides an opportunity for individuals in every community to get involved in activities that can lead to better health. World health organization proposed the theme for the year **2015 is Food safety**. BP:144, NBP:70, BT:07, Sugandha Natya Manch:04, R.P.:01, **Grand Total: 226**.
- **Eligible Couple Meeting:** Dr. A. V. Baliga Memorial Trust PLAN has organized an eligible couple meeting at BVK L Block Mangolpuri Delhi-83 on the theme family planning, Birth Spacing and role of male in child rearing that was facilitated by BT health team. Total participants =74 benefited with the meeting.
- **DHO Interactions:**BT health team interacted with the Dy. Health Officer MCD Rohini Zone, Rohini Sec.04 Delhi 110085. Dr. Ashok is new DHO join after the Dr. S. B. Singh. In the meeting BT team oriented about the efforts of the BT PLAN in the field health and WASH. In addition to this many other issues were also discussed in the meeting.
- **World Breast Feeding Week celebration:** A weeklong celebration has been done in all 5 interventions area with 35 mother group members. We especially targeted pregnant mothers and lactating mothers whose child was below the age of 1 year. During the celebration all the participant were sensitized about the benefits of the mother first milk and about the exclusive breast feeding up to the six months of the birth. **Total 317 persons participated in the WBW celebration in which BP-49, NBP-226.**
- **Awareness Event on Mission Indradhanus Campaign and Beti Bachao Beti Padhao** *in association with Regional office for people contact Ministry of Women and Child Development Govt. of India in which total around 200 participants has been benefited.*
- **Regular monthly PHC Interaction** meeting has been conducted at PHC S Block Mangolpuri Delhi to facilitated the regular ANC/PNC checkups and immunization of the children.



- **Block Wise Nutrition Camp** has been organized in the 5 intervention block (L, K, M, O and R Block) area to sensitize the community people about the proper nutritional diet for growing young child to cope from malnutrition in the area. In which **247 participants** benefited.
- **Saas Bahu Jalsa:** Saas Bahu Jalsa is an effort of BT-PLAN for knowledge building of both mother and mother in laws, care giver so that knowledge gap can be minimized and maternal child health status can be improved. Success of the event will strengthen the community care system and will reduce the malnourishment among the children. In which **197 participants** benefited.
- **Convergence meeting cum refresher of AWW/ASHA and TBA on Malnutrition:** Convergence meeting with with AWW, ASHA and TBA has been organized on screening and prevention from Malnutrition in which **AWW: 37, ASHA: 05, TBA: 04, participants benefited.**
- **Health Camp:** Baliga Trust-PLAN health team organized Health camp in M Block on the theme of Pneumonia and Diarrhea prevention and control. Total community Participants: 216, (BP:95, NBP:121,)
- **Growth Monitoring of the Sponsored Children and their siblings:** BT Health team checked the growth of the all BP and their family children up to 5 years to so that they can be advised accordingly for their diet and preventions from malnutrition. **Total Participants: 1643** SC growth monitored during the quarter.
- **Awareness Event of Immunization and Kuposhan:** This event was organized in continuation of the screening and prevention from malnutrition among the children, specially focus on sponsored child. Identified children whose weight for age was low as per the WHO standard was called to attend the meeting and get benefit of the counseling facility to improve the nutritional status of the child and cope from the malnutrition. **Total Participants: 189 in which BP-123, NBP-58, Resource Person 2 and 7 BT staff facilitated the training.**
- **Partner's Staff Training on MNCHN** has been organized on 12<sup>th</sup> and 13<sup>th</sup> Jan.2016 at IIHMR to refresh the knowledge and build capacity of partner staff on the maternal newborn child health and Nutrition along with the major focus on Danger sign during pregnancy, postpartum, danger sign in newborn and its management. **Total Participants: 17** Partners staff participated in the training and 2 resource person facilitated the training program.
- **Father's orientation on MNCHN (Child rearing and Family Planning):** Baliga Trust Plan has organized an orientation program of the father' on child rearing and family planning. **Total Participants: 22** Father in which 5 BP, 04 BT staff and 1 Resource person facilitated the orientation meeting.

#### **Young Health Program:**

Over the last year, 3 Health Information Center (HICs) is functioning as a community based knowledge hub and they are delivering a range of services for specially young people and a friendly space for adolescents, counseling, referral

services and develop their personalities in the community. Every week each HIC focused on a new topic and the whole week program activities depend on the topic of the week. There were coordinated between HIC staff and peer educator on chosen of topic/issues, but each staff or HIC has the flexibility to develop individual activities on the same issue.

The existing PEs led some of HIC sessions which built their facilitation skill and also helped other young people open up about their issues with their peers.

Three community interface meeting held with the Delhi police provided an opportunity for the community to discuss their concerns relating to security issues for women and girls, and increased episodes of gender based violence. These issues are affecting the ability of women and girls to move safely around their own community without fear or harassment. It is a gradual process, but these meeting helped to build confidence among the community that the situation can improve, and provide a forum for community members, young people and the police to jointly find solutions to help ensure safety and security for girls.

Violence against girls has emerged as a major concern over the period of time in Delhi, where the instances of eve teasing are on a rise. Responding to the concerns, YHP India has initiated the effort to empower young girls by building their physical skills so that they are able to protect independently and defend themselves. On these lines, self-defence training was imparted which was attended by 70 girls by the Delhi Police. This training instilled confidence among the girls to live their life without any fear and intimidation.

127 teachers were trained on the key YHP thematic areas including substance misuse & its link to NCDs, gender based violence, adolescent growth and development. The training was facilitated by YHP staff encouraged the teachers to freely talk about adolescent health and development issues. Few teachers shared that many adolescents experiment with various forms substances under the influence of their peers.

22 sessions on Water, Sanitation and Hygiene were delivered to the young people in four schools of (U, C, O, and H blocks). The program delivery staff facilitated the sessions and sensitized the students on various issues related to health and hygiene. During the session, the YHP team explained them about the importance of using toilets & maintaining hygiene, hand washing etc. They were also explained about how human excreta become the source of infectious diseases including cholera, typhoid, hepatitis and polio. Also many women have to grapple with in the infection related to menstrual health. Henceforth, it is important to have household toilets else one must use community toilets to prevent GBV and infections.

Two sanitation drives were carried out by the program delivery staffs, peer educators, community stakeholders in intervention communities. The objective of the drives was to provide information to the community about the centrally sponsored campaign "Swachh Bharat Abhiyaan" initiated and promoted by the Prime Minister of India. Thereby, community was encouraged by our peer educators, young people and CSGs to join the campaign and pledge that they will keep their communities clean and tidy.

As a result of YHP team's successful advocacy initiative, Model Adolescent Friendly Health Clinic developed in Maternity Health centers (MHC) to provide special 2 hour clinic on Saturday for adolescents and young people so that they can freely access health care services. The good thing is that now even YHP staffs sit at the health care center to provide nutritional and psychosocial counselling to young people. This is a very good example of how Government and NGO institution work together for improvement of Health of Young People. Numbers of adolescent visit increased in AHFS over the period. YHP team is now trying to bridge the gap and persuading health system to deliver Adolescent Friendly Health Services (AFHS) as per government of India standards.

As the program is all time relevant and needs to continue in community even if the grant constraint are there, Dr. A. V. Baliga Memorial Trust sustained all three Health Information Centre for meeting the need of adolescent in the community. The new generation of adolescents has already emerged. Hence AVBMT will merge two HIC in BIAAG project center and Dr. A. V. Baliga Memorial will run one HIC itself.

A total of 81 young people were referred, by the program delivery staff, to the health facilities for accessing the health services.

Advocacy Meetings with CDPO, Health Department, AWW Supervisors, MLA, Diabetic Foundation of India (DFI) and Nehru Yuvak Kendra regarding implementation of Young Health Program in Sultanpuri and Kirari Suleman Nagar and working in close collaboration towards building healthy youth in the community.

### Major Activities and coverage of young people are as follows:

S. No.	Activities	No. of activity	Community People			Young People		
			Male	Female	Total	Male	Female	Total
1	HIC Weekly Activities	56	0	68	68	895	1031	1926
2	New registration	0	0	0	0	177	110	287
3	Peer Educator training	0	0	0	0	107	133	240
4	Community meetings	116	177	633	810	193	809	1002
5	National Celebration day	10	26	21	47	663	685	1348
6	Mass awareness event	41	520	649	1169	669	620	1289
7	Anemia Prevention	0	0	0	0	0	148	148
8	Project sharing & synergy meeting	1	14	35	49	4	6	10
9	Community safety meeting	3	0	59	59	20	40	60
10	Self-defense training	0	0	0	0	0	70	70
11	Teacher Training	0	0	0	0	0	0	0
12	School sanitation session	12	0	0	0	410	524	934
13	Sanitation Drive	1	0	0	0	41	28	69

<b><u>Total Reach</u></b>		<b>737</b>	<b>1465</b>	<b>2202</b>	<b>3179</b>	<b>4204</b>	<b>7383</b>
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### **Balwadies and Creches:**

Balwadies and Creches intervention also included health and nutrition care facilities. Over 320 children in the age group of 3 to 5 years were covered under the project. The activities included Immunization drive, Monthly medical check up and care of children, nutrition distribution, linkages with Anganwadies, capacity building and awareness of parents on healthy development of children.

### **3. Water and Improved Sanitation**

- **Monthly Knowledge Building session on WASH Issues:** In the reporting Quarter the WASH team of Baliga Trust conducted meeting with WMC on theme Safe disposal of solid waste, Water Handling and Storage, and Water Conservation in 7 schools in.
- **Celebration of World Environment Day 5<sup>th</sup> June 2015:** World environment day annual celebration campaign was started to address the huge environmental issues like wastage and losses of food, deforestation, increasing global warming and so many. Every year celebration is planned according to the particular theme and slogan of the year to bring effectiveness in the campaign all through the world. **Total: 262**, BP: 202, NBP: 48, BT:10, Interns:02
- **Celebration of Global Hand Washing Day-15<sup>th</sup> October 2015**—Total community participants 255, Aganwadi children-81.
- **Orientation to All BP family about the prevention from Dengue/ Malaria**= Total BP families oriented -1740
- **World Toilet Day-2015:**BT-PLAN WASH team organized an awareness cum signature campaign on the occasions of World toilet day in community and schools on 18<sup>th</sup> and 19<sup>th</sup> Nov.2015. **In Community** Total: 2199 **9**Community: 2162, Sugandha Team: 04, BT+ Volunteers: 33), **In Schools:** Total 145 students participated in drawing competition and 16 teachers and BT staff facilitated the event.
- **Orientation of Religious leaders, RWA, Local leaders on WASH issues** "Total participants 39.
- **One Day training of the Swachchhata Samiti on Solid Waste Management:** "Total participants 19.
- **Swachchhata Samiti Meeting:** Swachchhata Samiti is working to lead sanitation and other WASH issues in the community. During this quarter regular monthly meeting have been organized with the Swachchhata Samiti. **Total 26SS** members participated in every meeting.
- **Orientation of WASH monitoring committee on SLTS:**BT-PLAN WASH team conducted the orientation session with WASH monitoring committee in 7 schools of our intervention schools on

School Led Total Sanitation. **Total Participants: 115** WMC and 2 BT staff facilitated the orientation meetings.

- **Orientation of the SMC on SLTS:**  
BT-PLAN WASH team conducted the orientation session with School management committee in 7 schools of our intervention schools on School Led Total Sanitation. **Total Participants: SMC-70 and 2 BT staff.**
- **Orientation of Block Swachchhata Samiti on WASH issues:** BT Plan WASH team organized an orientation meeting with newly formed Block Swachchhata Samiti on WASH. **Total Participants: 21** SS members and 2 BT staff facilitated the meeting.
- **One Day training of SMC on SLTS:**  
During the reporting month BT \_PLAN has organized One-day training program of School management committee to orient them about the school led total Sanitation. Selected members from all 7 MCD primary school SMC members participated in the training program. Components of the SLTS was widely discussed during the training of the SMC and participants were also sensitized for their role and responsibilities for ensuring the safe water and improved sanitation facilities in the school. **Total Participants: 31** in which SMC:26, R.P:01, BT:04.
- **One Day training WASH Group (Swachchhata Samiti) on Open Defecation:** During the reporting quarter BT \_PLAN has organized One-day training program of WASH Group (Swachchhata Samiti) on Open defecation and strategies to achieve ODF status in our catchment areas. During the training Open defecation causes, health consequences and role of Swachchhata Samiti to achieve the ODF status. **Total Participants: 35** in which SS Members:26, R.P:01, Interns:01, BT:07
- **One Day training of WMC on SLTS:**  
During the reporting quarter BT \_PLAN has organized One-day training program of WASH monitoring committee to orient them about the school led total Sanitation? Selected members from all 7 MCD primary schools WMC members participated in the training program. Components of the SLTS was widely discussed during the training of the WMC and participants were also sensitized for their role and responsibilities for ensuring the safe water and improved sanitation facilities in the school. **Total Participants: 40** in which WMC:33, R.P:01, BT:06.
- **Orientation on Water conservation to Sponsored Families:** During the reporting the quarter BP family member was aware and sensitized about the water conservation and how to promote reuse of waste water at household level. All area FO sensitize the family during the regular monthly home visit process and aware them to promote the reuse of waste water and save water for future generations.
- **Sanitation Yatra:** BT team and Swachchhata Samiti member have a transact walk to the area of K Block to identify the dirty place, road side garbage disposal point and dirty parks so that concern department can be approached for regular cleaning. **Total Participants: 29** in which SS Members:23, BT:06.

- **Constructions of Hand Washing Point:** As per the request of the R Block MCD Primary school principal BT-PLAN to support in the construction work of the hand washing point in the school. Under the requested work by the principal, Construction of platform, fitting of pipeline installation of water tap and disposal of waste water has been done in which all the materials, labor was deputed by the BT-PLAN.
- **Renovation of Children Park:** In the regular efforts of the Baliga Trust for providing the healthy environment to children for play. In the same connection Baliga Trust PLAN is facilitating the renovation work of Park No-10 to maintain the park as children park.
- **World Water Day:** World Water Day 2016 has been celebrated all over the world on 22<sup>nd</sup> of March 2016. BT-PLAN is also celebrated the event on 18<sup>th</sup> of March in our intervention area for the creating awareness and to sensitize people about the need of water conservation for future generation. **Total Participants: In Awareness Event:**Community People:148, (BP-91, NBP-57), Sambhawana Natya Manch:04, Interns and Volunteers:03, BT Team: 06, **In Drawing Competition and Session:***Total 3 Children Groups and 5 Adolescent Group member participated in the session in which total 109 (BP-43) club members participated*

### III.

### Education

Promoting **education** among all age groups especially for under privileged community is one of the priority areas of the organization since its inception. Four major components including ECCD, Elementary, Condensed Course and Literacy were covered during the reporting period. Over 1600 children were directly benefitted through our educational intervention. The major focus was of course on **Elementary Education** among under privileged children in slums and resettlement colonies of Delhi. Integrated Village Development Trust supported 25 Remedial Education Centers (RECs) through STEP UP while TDH Germany, India Program continued 8 RECs under **Improved Enrolment, Retention and Quality of Education in Urban Resettlement of Delhi** (IERQEURD). Another project Cluster Resource Center supported by Bani Jagtiani Trust helped our effort for quality education. The project also focused on building awareness on child rights among community, school and learning, exploring and engaging themselves in creative activities. Though, the Trust has been on skills through reading, writing and verbal expression, we also try to give them exposure to art and craft, theatre, music and sport under the supervision of experts. Balwadie and Creches supported by Plan India covered over 320 children in the age group of 3 to 5 years for sound and healthy foundation of younger children.

#### **Capsule information of achievements for the project STEP:**

- Number of at risk to be dropped out children identified (To identify these children 8 Primary Schools and 3 Secondary Schools have been supported and they provided list of needy children): Total – 1071 (Girls-559 Boys-512)

- Number of Remedial Education Centers started: 25
- Number of at risk children enrolled in Remedial Education Centers: Total-1008 (Girls-557Boys-451)
- Over 195 meetings with parents were organized during the reporting period that focussed on family back up for the education of children.
- Story telling sessions were organized In Narela in association with Japanese Publisher KODANSA Publication duly supported by Dr. (Mrs.) Varsha Das and by Association of Writers and Illustrators for Children (AWIC).
- Two children won prizes in debate on Gandhi JindaHia (Gandjhi is alive) organized by VishwaYuva Kendra (World Youth Centre) at state level.
- Regular sports activities are being organized.
- Regular arts classes are organized.
- Workshops like Kabad se Jugar (Utility of wastage) are organized.
- Signature campaign is organized for drinking water and sanitation.
- Mobilization and meetings for motivating parents in participation of School Management Committee. Altogether 33 parents were elected in six School Management Committees in the area according to RTE norms.
- Meeting with Member of Legislative Assembly (MLA) was organized in which children and parents participated on the issues of Community toilets and sanitation on World Environment Day – 05.06.2015.
- No drop out from school till date.

**The special intervention under IERQUERD included:**

**The special interventions included:**

- Providing remedial coaching classes for school going children in the elementary level education, especially those at risk of dropping out due to poor academic performance.
- 80% children were identified their respected schools for remedial classes.
- 20 youth identified for continuation their education by open schooling.
- Creating awareness on child right among children as well as parents and community as a whole.
- Formation of youth group and capacity building on their rights especially right to equality and ecology rights for children.
- Capacity build has community watch groups to raise their voice before local government (ULBs) and authorities.
- Awareness and help to parents for participating in school management committee election
- Many activities were organized with these groups, like sensitization awareness and capacity building on child rights and other social issues. All groups were empowered to raise their voice to demand their rights from government and other stake holders.

Supplementary and complimentary activities including Community Meetings, Movement, Training, workshops and Events were regular features of the intervention of Baliga Trust. The efforts focussed with three major aims including bridging the gaps of duty bearers and right holders, ensuring community participation and stepping towards community ownership.

The Trust undertook quite a good number of advocacy initiatives and consultations as well with parents for active participation in children`s education and for their social and mental development.

**CCCDP –**

- Through Dakhila Abhiyan we have mainstreamed 125 out of school children during this financial year.
- Organize regular meeting with bal sadan, and SMC in 8 intervention schools.
- 725 community people aware on RTE through mass media awareness program.
- Advocacy meeting on RTE with community has been organized in which 120 community club members participated.
- Interactive counseling sessions between parents, girls and teachers will be organized to address the problems of children who are out of school( Retention 35 children)
- Sanjha Interface meeting with SMC, PTA BAL SADAN members(Principal=3,Teacher=7,SMC=14,Bal Sadan Leader =10)
- Joint monitoring visit to schools with district level officials(S-1.S-2 MCD School)
- Innovative awareness activity (Parvesh Utsav in Uper primary with 250 sponsored families.
- Tracking and follow up mainstreaming children focused on sponsor child with school by a mobilize(1804)

**ECCD:-**

- Regular session has been taken by the Aganwadi mobilisers to enhance the participation, enrollment and retention of the children in the aganwadi centre..(510 Children)
- Organized monthly meeting with Aganwadi Surksha Samiti to enhance their capacity.(40 Member)
- Quarterly Joint monitoring visit with CDPO have been done to make the successful and meaningful program.(5 AWC)
- Training on ECE With AWWs (35 AWWs)
- Two Innovative activity (ECCD Day) in Aganwadi have been organized in Aganwadi centre.. Orientation of those parents whose children are going to AWCs on ECCD milestones-
- Develop a modal Aganwadi with support of the local resources(Two Center-code 94,125)

**BALWADIES:**

**- Project Reach:**

S.No	Centre name and addresses	3-6 years		6 and above		Total	
		Girls	Boys	Girls	Boys	Girls	Boys
1	Booniyaad	16	17	8	9	24	26
2	Toddlers Den	13	21	5	6	18	27
3	Saishav	14	18	13	10	27	28
4	Gagan	22	18	6	7	28	25
5	Khusiyaan	15	17	5	9	20	26
6	Nanhi Duniya	19	19	12	18	31	37



7	Blooming bud	19	11	5	6	24	17
8	Freedom	16	14	6	17	22	31
9	Naya Savera	15	16	6	7	21	23
10	Upvan	13	18	10	15	23	33
	<b>Total</b>	<b>162</b>	<b>169</b>	<b>76</b>	<b>104</b>	<b>238</b>	<b>273</b>

Condensed Course covered 40 dropped youth for continuing their education through NIOS for certificate course in 10<sup>th</sup> and 12<sup>th</sup> grades.

#### **IV. Child Rights and Child centered Community Development program**

Based on many years of experience, we believe that the sustainable development of disadvantaged communities can only be achieved if children's best interests are kept at the heart of everything we do and if children themselves actively participate in the process.

Child centered community development is the term we use to describe how we aim to do our development work. It is a rights based approach to development where we support communities to develop the structures and skills they need to provide a safe and healthy environment in which children are able to realize their full potential.

In view of sustainable development of disadvantaged communities Baliga Trust has been implementing Child Centered Community Development Program since Nov 2008 in association with Plan India at resettlement colony Mangolpuri New Delhi along with sponsorship program.

##### **Our Approach**

With an increased focus on child rights, we involve children as active participants in the development process.

In the past, our community development programs benefited children, but we worked largely with the adult community members. Now, with an increased focus on child rights, we involve them as active participants in the development process.

As a result of the success of these changes, we have adopted Child Centered Community Development (CCCD) as its programme approach. This integrates the more recently developed methods of working with children and our long experience of community development

##### **Children's rights in India**

In India, many children experience various forms of violence, exploitation and abuse. They are forced to work in intolerable conditions or trafficked into sexual trade. Children are also subjected to corporal punishment at school and forced into child marriage.

A girl especially is more vulnerable to violence, exploitation and abuse. The poor economic conditions of family households, cultural and social practices and prevalence of child marriage are the significant reasons for girls leaving school early and the decline of their education, which in turn reduces opportunity. It can also lead to early pregnancy which is a substantial health risk. The health of girls who

are sexually exploited is also at high risk as they are more likely to contract life threatening diseases.

Children in such circumstances have their rights denied in the most fundamental way.

Baliga Trust in association with Plan India work to create protective and supportive environments in which both girls and boys are safe from violence and exploitation, their rights are protected and each child has the opportunity to reach their full potential

### **Intervention Area**

The Program area is spread over five block K, L, M, O and R Block of Mangolpuri Delhi with an approximate population of 43947 out of which, (21043) 48% are females. There are 12 MCD schools, 46 Aanganwadi & 02 Primary health centers. In consultation with children and area members, Baliga Trust –Plan has set out following key priority programs in area:-

### **Core Thematic Issues**

- Child Protection
- Child Participation in Governance
- Health
- Water Sanitation and Hygiene
- House Hold economic security
- Integrated Learning( Education & ECCD)
- Disaster Risk Management

### **Key Achievement / outcomes:**

#### **1: Protection from all forms of abuse, neglect, exploitation and violence**

- 582 sponsored families have been aware against the child sexual abuse and its Redressal mechanism through screening of Chuppi Todo movie.
- 37 children clubs comprising 890 members having regular monthly meetings.
- 38 adolescent girl clubs comprising 840 members having regular monthly meetings
- 2 media clubs are having regular monthly meetings at 1 media center having 15 core members
- Follow Up of Adolescent Clubs on RTI and voting .total 260 club members have been participated in the orientation meeting
- Follow up of Youth Clubs on RTI and voting .total 129 club members have been participated in the orientation meeting.
- 2 Six Monthly Creating sessions for children - short term courses at media center based on talent and need of children- 105 Children were participated.
- Six monthly meeting of media clubs /representatives of CC/AG and BSD- 160 members were participated from CC/AG, Media club and BSD.
- Quarterly innovative activity (Children's day, Teachers day, girl child day, etc celebrations) with children on issues of female foeticide, child marriage, child abuse, gender based violence (take one issue in each quarter)- 468 members of children and adolescent clubs were participated.
- Monthly meeting of Bal Surksha Dal and stock taking- BP-15, NBP-20
- Short term self defense course for adolescent girls (one batch =30 girls) at each partner level-Total Partcipnts-52, Staff-1

- Quarterly UBR camps for children in the community who are not having birth certificates-BP-10, NBP-161, Staff-4
- STAFF - 1 day Quarterly Stock taking on child abuse cases and in house capacity building of partner staff on child protection (CHIEF FUNCTIONARY PRESENCE IS MANDATORY)- Staff-24
- 2 times, 5 days training of staff case management and self care and Child Protection & its Redressal Mechanism - CP/CG Staff +PM-NS-5, Alamb-5, BVD-4, CSJ-4, HAQ-2, CASP-1, BT-7. Plan-3 Resource person -6, Casp-05, Alamb-05, NS-05, BVD-05, BT-06, Plan International-02, Resource Person-02
- 3 days life skill training for new adolescent club leaders and members has been organized. Total 46 adolescents have been participated in this training.
- 2 days training of youth club leaders on child abuse and gender based violence have been organized. 30 youth clubs leaders participated in this training.
- 37 children and 38 adolescent clubs are trained on legal safe unsafe touch, child labour, child marriage, gender (female foeticide issues), JJ Act., POCSO Act, CWC, JJB
- 337 Youth club members and community were aware through awareness generation week on drug abuse and its bad effect on his life, its preventive and curative methods.
- 2 Bal Surksha Dal (community based child protection committees) are functional in the intervention areas.
- One interdepartmental coordination meetings have been organized successfully under the guidance of DCPCR.
- Two support group (comprising one lawyer, one social worker and one psychologist) meetings have been organized during this period and provided the fruitful guidance to handle the child abuse cases.
- Two Sajha Samooh Baithak" Interface meetings of all the old community club leaders (children, adolescents, youth and women) of the area - on any two children issues of the area reflecting child rights have been organized total 188 community groups members were participated in these meetings.
- 37 children clubs involved in doing social audit on gambling and Drug abuse which led to Sexual harassment.
- 27 Management and key staff of the organization trained on CPP and procedures.
- 5 Micro Level Plans revisited by children to assess the progress
- Celebration of children's Day with specific focus to female foeticide, promote child protection and create safe environment for girls in public places.
- 2 six monthly Interface meeting of BSD, children and community group leaders with duty bearers (Child line, JWO) on different child rights violation issues.
- 2 day orientation on Child Protection & its Redressal Mechanism with Youth and Adolescent clubs leaders. 31 youth and 45 adolescent girls were participation.
- Advocacy Meeting with DCPU for recognition of BSD under ICPS: It was decided that a request letter will be submitted to the secretary DWCD, with the recommendation letter from DCPU. Active Participants-Total BSD from

BVD, CASP, Alamb, NS, BT-Plan-19, BVD staff-02, CASP staff-01, NS Staff-03, Alamb Staff-02, BT Staff-04, I-Thought-02, CWC-02, Farmer Member of DCPCR-01, DCPU-03, Non Active Participants from DCPU & WCD-27

- 3 days life skill training for new adolescent club leaders and members : Total Participants : 46
- 1 day orientation of staff on CP and integrating children and youth participation in child protection programs: Total Participants: 33
- Monthly meeting with Children and adolescent clubs: During this quarter Children club members have been oriented on Child Protection including Child Rights & Child Abuse and its Redressal mechanism. Total 846 children and 558 adolescent have been participated in the monthly meeting.
- **Session with Sponsored Families** on Child Protection including Child Rights & Child Abuse and its Redressal mechanism has been taken in which 1091 sponsored families and 107 non sponsored families participated.

The overall purpose of sponsorship in Plan to build a global community aware of involved in and united around needs and rights of children.

#### **Characteristics of sponsorship:**

- One to one match between child and an individual/ group sponsor
- Continuity of funding –as opposed to a single donation
- Opportunity to build relationships through communication exchanges
- Provides development information to raise people’s awareness and personal commitment to help make long –term ,positive changes for children
- Provide the opportunity to take action for positive change
- Ensures Plan’s work is connected to individual children and families
- Enables accountability to every party involved

This year trust has been successfully maintained the communication between the 1865 families and sponsors.

#### **Strengthening social and legal safety nets to protect children:**

##### **Because I am a Girl Urban Programme**

This programme is part of Plan India’s Because I am a Girl campaign with collaboration of Dr. A V Baliga Memorial Trust. It has been implemented by the Trust since May 2014 at resettlement colony of Mangolpuri to empower girls, promote gender equality, and remove barriers that girls face in achieving their rights. The Program area is spread over five block K, L, M, O and R Block of Mangolpuri Delhi with an approximate population of 43047 out of which, (20481) 48% are female.

Achievements and Activities-

#### **Outcome 1. Increased adolescent girls’ safety and access to public spaces**

**CCTV cameras Installed** --- 04 CCTV cameras installed on road of M and O Block near O block S.K.V school. This is first initial step by Delhi Police for making safer cities for Girls. Now all girls as well boys feel safe while going to school and market place in this area.

- **Presence of Constable in front of Gate of senior secondary school during the school time** ----In front of Sarvodaya Vidhyalaya , S.K.V school

school, O-Block mangolpuri ,one Police personnel presence during the school time for girls safety and It will full fill 4th Principals of Girls Safety -Be able to get away and get Help (Presence of Security Guard) . Now girls do not face eve teasing on this way of school.

- 08 Street light installed in L and K block road and street which make girls safe while going and using these places and increased their access to public places.

### ***Outcome 2. Increased girls' active and meaningful participation in urban development and governance***

- **Cleaning and maintaining of Park**---Aryans Club members successfully develop the Park of their area which was a dumping and gambling place. Now the park is developing as a play ground for Girls and Boys. They are enjoying their right of development and also actively participate to make their park safe and inclusive for all.
- **Bhagat Singh mini stadium**- Community clubs members' complaint against this park for cleaning and Police Patrolling and Now this place is clean and safe for girls. Now not only boys and males as well girls are also going for playing.
- 01 new public toilet for urinal had been created for both female and male at L- block road which is helpful for girls and increased their participation.
- Establishment of 2 Girls friendly space-
- 20 Clubs- 383 girls, 127-boys=510
- First batch of 150 adolescent girls trained on self-defence by the Parivartan Cell of Delhi Police . Now they girls are confident and know how to tackle the worst situations.
- 50,000 community members indirectly engaged on girls' safety issues

### ***Outcome 3. Increased autonomous mobility in the city for adolescent girls***

- Reviewed transport guidelines and regulations, where they exist, to critically reflect on how they can promote girls' safety. Recommendations made for strengthening these guidelines and regulations to more effectively ensure girls are safe when moving through the city using transit. One day disseminate workshop organized with 850 participants have been participated with different stakeholders to achieve at the result at Civic centre. Knowledge and sensitivity training for transport staff regarding girls' safety-In order to effectively influence transport staff, the team organized and gave knowledge and sensitivity training to them on girls' safety in two days workshop with transit staff e.g- Auto drivers and E-rickshaw drivers. It is essential that they understand and appreciate adolescent girls' unique experiences on urban transport systems in order for them to fully commit to working to make their transport service more responsive and receptive to girls' safety needs.

#### **Family Counseling and Legal Literacy**

Under the FCC scheme, counseling, referral and rehabilitative services to women victims who are in moral danger within the family or society at large including those affected by disputes, marital discord or maladjustment is provided free of charge. During the financial year 2015-16 under the FCC 142 cases have been registered in which 52 cases have been compromised, 18 cases have been referred to women cell, 17 have been referred to court, 43 have been referred to legal Aid and 19 cases have been referred to another agency.

All the cases have been provided moral support to the client and then various sessions have been organized to overcome the problems of the clients. During the session trained counselors provided individual family and group counseling along with other family members and relative to bring into the reconciliation level. Home visit has been also done to know the real causes of the dispute.

### **Other Activities**

#### **Learning Through Art:**

Baliga Trust provides an opportunity to underprivileged children to enjoy learning through arts and crafts. Expert artists are engaged to facilitate the learning process with a holistic approach. The major components are traditional paintings such as Madhubani and Kalighat, and papier-mache craft. This was continued through this year as well.

#### **Continuing Education Program and Adult Literacy:**

The Trust feels that economic empowerment has to be accompanied with educational empowerment if it is to have a lasting effect. Continuing education centers together with vocational training - one each in Narela and in Mangolpuri were also organized for those who attained basic and post literacy levels. A functional literacy program encompassing over 150 women at a time backed this. Support was received from the Bani Jagtiani Trust and the Raja Ram Mohun Roy Memorial Trust in this endeavor. These women are encouraged to use the library, which was earlier set up under the aegis of the Rajiv Gandhi Foundation at Narela and by the Trust at Mangolpuri to ensure that their reading and writing skills are further honed by practice and continuous use. The program benefited over 250 women of the respective communities directly and its outreach covered over 10,000 people.

#### **Community Library:**

Community libraries that were set up in three project areas have been working as **knowledge centres** as well as **information windows, Community Libraries** To bring about a learning society and to promote a reading culture, the Trust continues to run three community libraries - one each in Mangolpuri, Narela and Holambikalan. Over 2600 books in BVK Narela, over 1100 books in Holambikalan, and over 3000 books in BVK Mangolpuri have strengthened the libraries. Daily newspapers and monthly magazines are also provided in the libraries. The number of library members has been increasing every year. Apart from reading of books, regular creative inputs are used such as story telling, discussions and drama. Discussions on storybooks and surroundings are also a regular activity of the library.

We acknowledge the contribution, donation and support of all our donors, funding agencies, network partners who made it possible to reach this extent towards the betterment of under privileged community.