

## **Dr. A. V. Baliga Memorial Trust Annual Report 2018-2019**

### **Introduction:**

Dr. A. V. Baliga Memorial Trust, founded by Bharat Ratna Aruna Asaf Ali is a non-profit organization operating its diversified activities in slums and resettlement colonies of National Capital Territory of Delhi and performing various developmental activities comprising education, women's empowerment livelihood promotion, child rights and protection, health and sanitation for over five decades. Since 1968, the Trust has emerged as a multi-disciplinary organization and focuses on marginalized and disadvantaged people belonging to socio-economically weaker sections of the society especially children, youth and women for their socio-economic rehabilitation. After relentless effort for over four decades towards the betterment of the less privileged community, the Trust has now accelerated its developmental drive to reach more and more people, but with a commitment to adhere to the values and standard set by the organization. Accountability, Transparency and Commitment is an integral part of our development process. Baliga Trust in its indomitable style performed, achieved and contributed to a peaceful, just and friendly society through its pursuits in the sphere of development and liberation.

### **Vision**

To endeavor to bring about a secular nationally integrated egalitarian society empowering the disadvantaged through education, awareness and employment opportunities.

### **Mission**

To break down barriers of negativity in religion, caste and gender. Education for all, Universalization of elementary education, ensuring the child rights. A secular society in learning and living environment, more employment through focused awareness programs and empowered women.

### **Goal**

To create a democratic, non-violent, classless society without any discrimination of caste, gender, age, religion, class and race through involving Government, Non-Government and Other developmental agencies.

### **Geographical Areas:**

Our programs are spread over resettlement, slums and kachchi (unauthorized) colonies in the North, Northwest, West District, East and South District of Delhi.

The areas we are working are as under:

- Mangolpuri, Sultanpuri, in the Northwest District;
- Narela and Holambikalan in the North District

Bheem Nagar, Nangloi, NihalVihar, Prem Nagar Kiradi, Jwalapuri, Udyog Nagar and Khyala in the West District;

New Jafrabad in East District and Okhla in South District

Over 10 large slum clusters scattered in the above colonies were also reached

### **Our Major Thrusts:**

AV Baliga Trust continued with integrated approach to actively tackle the 6 major thrust areas related to empowering all the section of the society. Therefore, the major interventions by the Trust during the year 2018-2019 were carried out under these major themes of the developments:

- **Education**
  - **Women's Empowerment**
  - **Health, Water, Environment and Sanitation:**
  - **Child Rights**
  - **Vocational Training**
  - **Family Counseling and Legal Literacy**
- 
- **Education:** The education program consists of five types of interventions:
    - **Learning Centers** (Bridge course) and **Balwadies** for preparing out of school children to mainstream them into regular schools.
    - **Remedial Classes** for retention of children, particularly the girl child in schools.
    - **Continuing education Centers** (including adult literacy)
    - **Condensed Course Centers** for young +drop-out girls who yearn to get a formal certification for secondary and higher secondary education.
    - **Cluster Resource Center** supplements the effort of above mentioned education centers.
  
  - **Child Rights: Child Centered Community Development Program.** This is done with right based approach towards ensuring the major rights like survival, protection, participation and development of children. Campaigns included **ChuppiTodo – Campaign against Child Sexual Abuse, Campaign Against Child Labour, Because I am a Girl Campaign/Safer Cities for Girls, Right to Education Campaign.**
  
  - **Health, Water, Environment and Sanitation:** Advocacy, awareness, capacity building, linkages, networking and service delivery serves as an integral part of this intervention. Emphasis is given on preventive, **promotive & curative** measures and population education. Bringing Health Care to Doorsteps and Young Health Program apart from Child Centered Community Development program are the major projects in action to bridge the gaps of Health services in under privileged unreached areas. Community and Children Groups such as Cohesive Community Action Groups, Slum Health and Sanitation Team WES monitoring Committee of School children are major stakeholders in this program, while a new band of Community

Health Volunteers proved to be backbone of health intervention program.

- **Women's Empowerment, Financial Inclusion, Mahila Panchayat, and Skill development** - Activities and Projects like Banking on Change, Federation of 18000 women named as SakhiSangam, Gender Resource Center, Women solidarity Groups, Self Help Groups, Vocational and Job Oriented Training programs, Income Generation Activities, Financial Inclusion, Finance Literacy, Cooperative Society are done with the aim of empowering women by providing skill enhancement as part of an overall holistic development program as well as adult and continuing education. Mahila Panchayat in association with Delhi Commission for women reaching thousands of women in 12 Blocks of Mangolpuri in North West District of Delhi.
- **Family counseling and legal literacy:** Providing counseling and legal support to needy women of the disadvantaged communities backed by awareness camps.
- **Art and Craft:** providing training and promoting conventional arts.

The focus of the year was leading community towards their own development through need based and right based approach. Participation of the community was ensured just from the base line, planning for the community development and in delivering the designed services as well linking them with the available services provided by the Government in their respective areas. Awareness, advocacy, capacity building of the community groups and networking and linkages with concerned service providers were thrust areas of the year. As usual, the Trust's major projects of the year were women centered and child centered in partnership with Plan India, TDH, Germany, India Program, Tech Mahindra Foundation, ESSEL Social Welfare Foundation, Integrated Village development Trust and Delhi Social Welfare Board. Xerox India Limited. Tech Mahindra Foundation. Bani Jagtiani Trust, ESSEL Social Welfare Foundation, United Way of Delhi, Viren Investment Pvt. Ltd. Delhi Commission for Women, Delhi Social Welfare Advisory Board, Directorate of Social Welfare.

## **Projects Undertaken during the Reporting Year 2018-2019:**

### **EDUCATION**

Education is the most prioritized agenda of Dr. A.V. Baliga Memorial Trust as it is one of the most forceful tools of empowerment. We implemented a number of educational projects in the reporting year for various age groups in the project communities. The various projects are mentioned below:

### **(A) Integrated Balwadi and Remedial Learning Centers:**

The Integrated Balwadi and Remedial Learning Centers Project has been a stepping stone towards ensuring the preschool preparation, timely admission in regular school and total retention of children in formal schools. The center is run in collaboration with ESSEL Social Welfare Foundation from 1<sup>st</sup> April 2017 in Mangolpuri resettlement colony of North West Delhi. The reporting period witnessed the strengthening of the effort towards better academic result, over all development of children and retaining all of them to stay in full-time education as long as they are entitled to it. The project also focused on building awareness on child development issues, learning, exploring and engaging in creative activities. More and more community people and parents came forward to join our movement for ensuring quality growth, development and education to children.

#### **Highlights of the Project:**

- Total Number of children enrolled under the project: 539 against the target of 220
- Total number of children enrolled in four Balwadi Centers: – 358 (Girls-180 - Boys-178)
- Total number of children in Remedial Education Center: 181 (Boys-90/Girls-91)
- Altogether 55 out of school children (G-30/B-25) were enrolled into formal during the reporting period.
- Facilitated in the immunization and Birth Registration of 358 children.
- Managed to provide timely nutrition for 358 children apart from linking 124 children with ICDS center.
- Training of team members on concerned topics and themes.
- Some well-wishers have contributed soft toys, zero level books, activity books, cursive writing books and Rhyme CDs for children.
- Regular art classes and sports activities were being organized.
- No drop out of enrolled children from school till date.



*A happy, healthy and hearty views of Balwadies under ESSEL project*

## **(B) Remedial Education Centers under E-Learning Center**

The year 2018-19 made out an expansion of the project "Enhancing skills of youth through E-learning and their orientation and mobilization on social issues" with support from Terre Des Homms, Germany India Program and DACHSER to Holambi Kalan with establishment of the second E-learning centre for youth and 5 Remedial centres aiming additional academic coaching to poor performing school going children.

**Remedial Centres for middle classes (five units)**-160 students (Male: 82 and Female:78) of class 2<sup>nd</sup> to 8<sup>th</sup> were identified who need support in academics and enrolled under the project from 2 blocks (A and B) through meetings with schoolteachers and parents. These children belong to very poor families. Five remedial teachers are teaching in these learning centres.

### **Campaign and Advocacy Programme for Child Rights**

**Strengthening of School Management Committees**-The project staff discussed roles and responsibilities as per RTE act with SMC members. SMC members shared their grievances and suggested the solutions. Complaints were registered like charging of money for admission, one POCSO case, denial of admission due to non-availability of Aadhar card etc.

### **Formation of Children groups/Monthly meetings and activities of children's group**

2 children groups are formed with 42 children in both groups. Group meetings were organized on the topic of child rights and health related issues like sanitation, hand washing etc. Children also mobilized other children to follow the best practices.

**Educational tour:** 150 children from Holambi Kalan were visited Zoo in Delhi on 30-12-2018. They were participated in drawing competition in Zoo and also completed their project work during educational tour.

**(C) Jyotirgamaya Scholarship Program:** Baliga Trust joined hands with United Way Delhi and continued the project titled Jyotirgamaya Scholarship Program to provide financial and mentorship support to under privileged potential children for continuing their study in secondary, senior secondary, vocational training and higher education. Altogether 20 aspirants are shortlisted from various project areas of the Trust. The scholarship amount is Rs. 21645/- per student annually that may be used for books, stationary, tuition fee etc. The project provided financial and motivational support to under privileged youth committed to fulfill their dreams for higher education and so the career. The shortlisted youth continuing their education in Nursing Course, Library course, teachers training and ITI apart from graduation and post graduation courses.

**(D) Bani Jagtiani Trust, Integrated Village Development Trust and Brahma Samaj Support for Special Teachers:** Altogether three Special teachers were recruited with the support from Bani Jagtiani Trust. These special teachers have been supporting altogether **26 learning centers** including Balwadi and Remedial services are operational in different areas of Narela, Holambi Kalan

and in Mangolpuri resettlement colonies benefitting **over 730 less privileged children.**

### **(E) 35AC PROJECT:**

In the reporting period 1175 children (Girls: 580 and Boys: 595) were provided food/nutrition under this project in Mangolpuri. Growth monitoring, Immunization, Birth registration, monthly health check up and Timely school enrollment services were provided to all enrolled children apart from providing nutrition and age appropriate education. 148 children were enrolled in standard-1 from all the 10 centers in their respective neighborhood schools

### **(F) Promoting Education and ECCD**

- 46 Anganwadi workers were trained on developing new material using local resources, adopt early stimulation techniques and undertake assessment to measure school readiness of the children.
- Special drives were organized which were aimed at timely induction and subsequent transition into and from the AWCs/ Balwadis to schools.
- Meeting with Bal Sadan were organized in regular interval where members were oriented in co- curricular activity in schools. Bal Sadan member were also given orientation on enrolment process and the identification out of school and drop out children.
- Regular sessions on reading and writing were organised with children to improve their reading and writing skills. Children were selected from two schools namely MCP School, K-1, M—1 Mangolpuri, who were weak in both reading and writing and regular sessions were conducted with these children to improve their level.
- Sessions were also taken with the children identified under **Mission Buniyad**, who were not able to read and write.
- **SMC meeting** were held in the intervention schools. They were made aware on the issues of basic benefit in school for student, Measles-rubella, campaign to stop child marriage and process of enrolment in school. It was also discussed in the meeting that PTM should be organized on regular basis. SMC were also engaged to monitor the SDP implementation and enhance their participation in school management process.
- **Children were provided with gender sensitive reading material/ TLM/mini libraries** to popularize reading sessions in schools. Varieties of story book, science book, play books,



patriotic books of Barkha series were issued in 12 schools with the purpose of increasing the learning and reading level of the children .

We are very much thankful to our supporters and donors including Plan India, Terre des Hommes, Germany India Program, Bani Jagtiani Trust, ESSEL Foundation, Integrated Village Development Trust, United Way of Delhi Brahma Samaj for their unconditional support towards our efforts for empowering children through quality education and joyful learning.

Networking on education with Right to Education Forum

### **I. Women's Empowerment:**

The second most important agenda of the Trust is women's empowerment and we could implement a number of project during the reporting period with support from various donor agencies such as Plan International, Delhi Social Welfare Board, Delhi Commission for Women, Viren Investment Pvt. Ltd. Mission Swaraj, GNCTD.

### **Family Counseling Centre:**

In the reporting year, a total of 125 cases were reported in the Family Counseling Centre in Mangolpuri. The different types of cases reported were as under:

- 21 cases of interference by the in-laws,
- 31 cases of domestic violence,
- 9 cases related to dowry,
- 12 cases of extra marital affair,
- 18 cases of alcohol,
- 17 cases related to property dispute,
- 5 cases of economic crisis,
- 6 cases of assault,
- 3 cases of career counseling
- 3 cases of pre-marriage counseling.

Counseling and Guidance was given to all the cases by FCC counselor. Some of the cases were settled by reconciliation and others were referred to different government institution for settlement. The details of the settlement are as under:

- 21 cases were settled by reconciliation,
- 9 cases were referred to Rohini Court,
- 5 cases were referred to De-addiction centre,
- 14 cases were referred to Women cell and DCW,
- 17 cases were referred to property court,
- 3 cases were referred to police station,
- 3 cases were referred to vocational Training Centre and
- 53 cases only came for counseling.

Family Counseling Centre had organized several programs in the reporting year for women empowerment and education. The details are as under:

- A program was organized on 8<sup>th</sup> June under the theme of "Beti Bachao Beti Padhao". 45 women participated in the event. This program was based on promotion of girl's education, prevention of feticide and equal participation of girls and women in each field. Women were also informed that sex determination and feticide are illegal and are moral offenses.
- Family Counseling Centre organized a Legal Awareness Camp at R block ShnanGhar which included participation of 40 women. In this camp, solution were given to women suffering from domestic violence and informed the legal rights of women for getting justice in domestic violence case.



- Another Legal Awareness Camp was organized by FCC on 15.12.2018 in **D-2 Sultanpuri**, in which 50 women participating. **Miss Meena Mehtani who came from DSLSA Rohini Court** informed about the rights of women in the in-laws house and their rights in property in her in-laws. The women who are living separately from their husband how can take their own expenses from their husband, also the information given by the advocate. Apart from this, she was given information to women about the free legal facilities of DSLSA.



- The Family Counseling Centre organized another Legal Awareness Camp on Women's' Day (08.03.2019) in which 150 women participating. This camp was addressed by **Miss Anjana Masih who came from the DSLSA Rohini Court**, she was addressing to women mainly on women's empowerment, and self-protection from domestic violence and helping all those women are suffering from domestic violence.





- Apart from this, the FCC had four Sub-Committee meeting & advocacy on 30.06.18, 08.09.2018, 16.12.18 and 09.02.2019. Various issues were discussed in this meeting such as: how the DCW and Women Cell can help to FCC, related to drug-addiction, the problems of women suffering from domestic violence and section 125 of CRPC etc.

## **Economic Employability and Empowerment, Child Centered Community Development Program, Plan International/India:**

Plan India has been supporting Baliga Trust for Women's Empowerment through Child Centered Community Development Program since 2008. Plan has also supported an impactful and impressive project titled Banking on Change. The Project was over in 2016 but it's sustained to some great extent. Over 18,000 women were member of the Federation Sakhi Sangam Society for Social Change formed during the project. Majority of them still associated with the federation. International Women's day, Youth Day and International Girl child day were celebrated for showing the solidarity of women's empowerment. Three day staff training on SHG business development plan was conducted on Business development plan at Jaipur for ensuring quality work towards

## **Mahila Panchayat, Delhi Commission for Women:**

The project was supported by Delhi Commission for Women to provide safety net for women in Mangolpuri. Over 200 cases were taken during the reporting year. Apart from that, women were also provided facilities of AADHAR Card. Women were also mobilized against illicit alcohol business.

**Social Mobilization and Institutional Development, Mission Swaraj, SMID, NULM:** Altogether 34 SHGs were formed under this project as per detailed requirements of Mission Swaraj of Delhi Government. All the members of SHGs were registered online and got their Income Certificate made. A camp for the purpose was also conducted. They could save over Rs. 5 lakhs altogether. Income generation activities such as

catering and artificial jewelry making and selling were also taken up by them. It was very challenging to continue the project without a funding till reporting date.

### **Social Change through Social Enterprise:**

The Sanitary Napkin unit is an example of a unit that is entirely managed by women's group. Right from procurement of raw material, manufacturing, supervision of quality parameters packaging and sales is managed by the women. The most important component of the project is the awareness about menstrual hygiene and the celebration of girlhood and womanhood that it brings about by the sale of sanitary napkin packaged. Altogether 18639 packets were produced out of that 16300 were distributed totally free.

The age old practice of using cloth instead of sanitary napkin are being changed because of availability low cost or free supply of Sanitary napkins. To tackle the problem of inhibition women feel asking about sanitary napkins was addressed by promoting it through Self Help Group and through Vending Machines. Community meetings for promoting healthy and hygienic behavior were also organized time to time.



## **II. HEALTH, WATER, ENVIRONMENT and SANITATION**

CHILD RIGHTS and Gender Sensitization

### **(A) Safer Cities for Girls Program:**

HEALTH

## Health Camps

During the period, 8 health pediatric check-up camps were organized, where 1175 children, including 580 girls were checked and prescribed with medicine. The doctors checked the growth monitoring card and suggested a nutritious diet to the parents of undernourished children. The doctor updated the First Aid Box and sensitized the parents on malaria, dengue, and preventive technique.

## Growth Monitoring

Age Group	Total		Normal		Moderately Malnourished		Severely malnourished	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
3-6 years	580	595	577	592	3	3	0	0

## Immunization

Age Group	Total		Fully Immunized as per age		Facilitated for immunization in the reporting period	
	Girls	Boys	Girls	Boys	Girls	Boys
3-6 years	580	595	577	592	150	145

## Birth Registration

Age Group	Total		Have birth certificates		Facilitated for getting birth certificates	
	Girls	Boys	Girls	Boys	Girls	Boys
3-6 years	580	595	556	580	140	135

## School Enrollment

Age Group	Total attending center activities		Enrolled in school during the project		Enrolled in the reporting period	
	Girls	Boys	Girls	Boys	Girls	Boys
3-6 years	580	895	85	63	85	63

## Sensitization cum training workshop with AWW and Balwadi teachers

A sensitization cum training workshop with AWW and Balwadi teachers was organized to make them equipped with the importance of early childhood care, understanding the minimum requirement for a safe and stimulating ECCD center, a basic skill for classroom engagement to enhance the overall development of a child. 10 Aaganwadi worker and 14 Balwadi teachers have participated in the training workshop. The participants were informed about the available services like, supplementary nutrition, immunization, referral services, pre-school education, nutrition, and health education that are offered under the ICDS programme.

An awareness program called *KAWACH* community was implemented under the “*Delhi Against Dengue*” campaign in association with Plan India and Delhi Commission for Protection of Child Rights (DCPCR) to sensitize the community on the growing menace of Dengue of northwest district of Delhi for a month. The community peoples were sensitized on prevention strategy through identification and promoting health-seeking behaviors for early signs and symptoms of dengue and early treatment. Several activities were conducted to generate awareness among communities like door to door surveillance, rallies, street plays, and pamphlets distribution. Around 550,000 households were directly reached through the campaign.

### **Mega health and Nutrition camp**

Two nutrition camps were organized in Sultanpuri and Mangolpuri, where 676 children and 91 staff have participated. The camps were started with an awareness session on the importance of nutrition in childhood and encouraged the parents to include the seasonal fruits and vegetables in their diets. The trainer discussed the importance of hand washing before and after every meal to reduce the chance of transmitting communicable diseases. Later, nutrition expert Mr. R. P. Singh demonstrated the cooking process of nutritious laddu (sesame and peanut laddu) to the parents, both recipes having high nutritional values and less cooking time. A growth monitoring corner was installed for anthropometric measurements of height, weight, limbs, etc. of children. The few cases were referred to the hospital for further diagnosis.

During the reporting period, 26 Community Cohesive Action Group meetings (CCAGs) were organized in Narela and Holambi Kalan. The CCAGs discussed various community-based issues like child immunization, street lights, ANC & PNC, healthy behaviors, dengue, malaria, etc. in the meeting and prepare an action plan to follow with the concerned authority of the areas for the proper implementation of the programme.

During the reporting period, 25 Slum Health and Sanitation Team (SHASTs) meetings were organized in Narela and Holambi Kalan. The SHASTs focused on health and sanitation related issues like safe drinking water availability, cleaning of parks, child rights, etc.

192 mobile clinics were organized in Narela and Holambi Kalan, where 10,469 patient has treated and received medicine and counseling.

### **Health Information Centre**

All 6 Health Information Centers have been established and are fully functioning in their role as a community club for young people. The HICs are well equipped with health information library, sports equipment, audiovisual counseling & other sessions, separate questions box for boys & girls, and other activities on risky behaviors with young peoples and community peoples. During the reference period, 2446 new young peoples, including 1261 young girls were registered at HICs. Peer-led mobilization played an instrumental role to reach out to more young peoples.

A total of 233 activities including sessions, debates, sports and exposure visits were conducted. 8738 young peoples including 5153 young girls get directly benefited. The sessions were focused on SRHR, child marriage, physical inactivity, story writing workshop, healthy eating habits, quiz competition, harmful use of alcohol and tobacco use.

### **Peer Educator Training**

A total number of 333 young peoples, including 191 young girls were trained on risk behaviors and SRHR. To be a peer educator, young people must go through with few FGDs and 4 days' training programme on risk behaviors (harmful use of alcohol, use of tobacco, unhealthy diet, & physical inactivity) and SRHR at HICs. The training programme equipped them with knowledge on risk behaviors and SRHR, which are eating their health slowly and increasing the high risk to develop non – communicable diseases among them and how to mitigate these risk behaviors to be healthy. The training builds the confidence of peer educators on their health concerns. After the training programme the peer educators always monitored and supervised by programme coordinators at each HIC to sharpen and polish their skill and knowledge from time to time.

### Community outreach activity

During the reference period, 35 youth-led street plays were organized in markets, parks, and schools in all intervention areas for spreading the awareness on a healthy diet, and adolescent's changes and one signature campaign was organized to strengthening adolescent health services. This witnessed 6769 young peoples, including 3704 young girls and 6186 community peoples, including 3525 female members. After the street theater performance, a Q & A session takes place between onlooker and organizers for reinforcing the key messages to avoid any erroneousness. The parents stated that they are very happy to see their children's performances and changes in attitude towards their health.

### Nutrition awareness camp and talk

To reduce the practice of eating unhealthy food among young peoples, 72 nutrition awareness camps with young people to make them aware of harmful ingredients/chemicals used in fast food/junk food, the interconnection between an unhealthy diet and physical inactivity, BMI & anemia. 2005 young people, including 1440 young girls participated in these camps. The anemia test was conducted, where 212 young peoples have participated, and the participants were sensitized on diet charts and low-cost iron-rich food. The sever & moderate cases were referred to as ICDS and primary health centers for nutrition counseling and administration of iron-folic acid.

Total	Severe (Below 8)	Moderate (8.1 to 11.9)	Normal (Above 12)
212	4	113	90

48 Nutritionist talks with community members were organized at HICs and Anganwadi centers. This witnessed of 1543 community peoples. YHP discussed the importance of healthy food using the food pyramid, fruits, and green veggies. YHP always emphasized to community members to add seasonal fruits and vegetables in the diet, which is cheaper than other non-seasonal fruits. The members were trained on iron-rich food recipes and summer homemade drinks. Six diabetic camps were also organized, where 171 community peoples have participated. These camps were focused on general awareness of symptoms, cause, and treatment of diabetes. Ten diabetic's patients were referred to the hospital for further counseling and treatment.

CSG members were trained on advocacy, which witnessed 38 community people and 36 young peoples. After training, CSG & youth-led community signature campaign was carried out in August 18 for advocating the issues of AFHS clinics in primary health facilities. The CSG and youth groups sensitized

the community people and young people on adolescent-friendly health services and collect the 10000 signatures for strengthening the AFHS clinics.

#### **The campaign linked to days celebration**

On International Day of Girl Child, 11 KM girl marathon was organized from Prem Nagar III to Mangolpuri. Mr. Ritu Raj Jha (MLA, Kirari Suleman Nagar) has flagged off the marathon and Ms. Rakhi Birlan (MLA & deputy speaker – Delhi) has received the winner at the ending point. Mr. Ritu Raj Jha also participated in the marathon and run for the safety and security of girls. He also supported the team for diverting the traffic during the marathon.

#### **Sensitization of teachers and principals**

Two sensitization programs were conducted in two government senior secondary schools, which witnessed 83 teachers and head of school. They were sensitized on five risky behaviors and the referral services to the AFHS clinics, ICDS center, and HICs. The teachers were never sensitized on health issues by the education and health department. The sensitization program builds the knowledge of the teachers on risky behaviors and to address the issues of young people with counseling and referral services. The teachers shared that they have cases and weren't aware of the process services available for adolescents and young people.

#### **Health Worker Sensitization**

During the reference period, three sensitizations cum training programme was conducted with AWW (Anganwadi Worker), ASHAs (Accredited Social Health Activists), ANMs (Auxiliary Nurse Midwives) and staff members of the primary health center, which witnessed 111 frontline health workers. They were sensitized on risk behaviors among young people (harmful use of alcohol, use of tobacco, risky sexual behaviors, unhealthy diet, and physical inactivity) and adolescent-friendly health services.

#### **Supporting Improvements of AFHS**

The community score carding assessment was conducted to identify the gaps in the Adolescent Friendly Health Services (AFHS) of three health facilities. The CSC assessment tool has 7 components, (1) Accessibility (2) Acceptability (3) Faculty Survey (4) Comprehensiveness (5) Effectiveness (6) Equity and (7) Appropriateness. The finding of the assessment was shared with the medical officer, RKSK state coordinator to set out the road map and deadline to fill the identified gaps.

YHP supporting one primary health center in Kirari Suleman Nagar to develop a model Adolescent Friendly Health Service. YHP has installed the IEC material, signboard in PHC & community and sensitized the PHC staff on adolescent-friendly health services.

#### **Synergy Meetings**

4 Synergy meeting carried out in the reference period with 25 various Govt. Stakeholders. YHP team discussed the implementation issue with the related department for getting reliable suggestions and

feedbacks for working together for the holistic development of young people. YHP has shared the programme progress and the next semi-annual plan for suggestions.

## WATER, SANITATION, AND HYGIENE

### CCCDP

Community campaigns like rallies and nukkad natak, were organized to mitigate the misconception related to safe water, storage & handling water, safe hygiene practices and safe disposal of waste. Other IEC (Information Education Communication) activities are done on important days i.e. water day, global hand washing days, environment days, etc. for promoting Safe Hygiene Practices and distributed stationary to hygienic practice among children.

A meeting was organized for all the Wash Monitoring Committee (WMC) members, where they were orientation about the prevention strategy of vector-borne diseases in the rainy season. People were also made aware of the sign & symptoms which included high fever with body pain, trembling fever, headache, and loss of appetite. And if any person was found with the symptoms of dengue and malaria, then they should consult with a physician immediately to minimize the future risk. The WMC members advocate with the Malaria department for fogging in the community regularly.

A session with children was organized in primary school to sensitize them on hand washing techniques.

In reporting year of April 2018-March 2019, many activities and campaign were organized under "**Safer Cities for Girls**" Program to make the city safer for girls. The activities and campaign organized were as under:

**16 Days of Activism**

**Girls Friendly Park**

**Stop Child Marriage and Promoting Girls Participation in Urban Development**

**Me Too Campaign**

- 1) We organized a campaign called "16 Days of Activism".** The focus of the campaign was to challenge violence against women and girls. Some of the activities conducted under this campaign are as follows:

**Interaction with Child Welfare Committee (CWC) members:** 17 Children (8 boys and 9 girls) and 7 people from government department (CWC, DCPO, and Lawyer) participated in this session. The CWC members, Ms.Sunita and Mr.Ramashray Yadav, conducted an orientation session for all adolescent girls and boys to make them aware of law (Section 164 of JJ act and POCSO act). Information was given about the right age of marriage for both girls and boys and about the different reporting mechanism to be used in case they need care and protection. The participants promised to share their other problems along with their community issues directly with them.

**Inauguration of Park:** Mrs. Krishna Parimal (Ward Councillor-54) inaugurated Park No. 30 of C-block, Mangolpuri. The name of park was given as "**Girls Friendly Park**". At the inauguration event she told that more such "**Girls Friendly Parks**" would be made and gave order to the authorities for proper maintenance of all the parks that come under her jurisdiction. Nainsi a girl from Mangolpuri said in the event: "**Ab mere pas bhi mera park hai jaha mai khel sakti hu**", highlighting the importance of the park.



- **Session with Safe Houses members on Girls Safety:** The Safe House Members were made aware of the Helpline Numbers, local numbers of Resources which can help them in making them as **Safe Zones**. There was also a need to spread awareness of these safe houses among the local community. Highlighting of the signage "**Safe House**" was also stressed upon.
- **Poem Competition:** Boys and girls of the community wrote poems on the topic of "**Ladkiyon Ki Sthiti Aaj**" and "**Ladkiyon Ki Suraksha Humari Zimmedari**" and expressed the current situation in their families and problems they face on a daily basis.

Beside this, Baliga Trust organised a campaign with the theme "**Stop Child Marriage & Promoting Girls' Participation and Safety in Urban Development**" which started on 14th Nov and culminated on International Children and Child Rights Day on 20th Nov 2018. Participants in the campaign included 248 Adolescent Boys, 417 Adolescent Girls, 39 Young Girls and 43 Women. Another 10,000 indirect beneficiaries also participated in this campaign. Children in the community were mobilized, motivated, energized so as to ensure that their active participation result in positive changes in the society. Baliga Memorial Trust also felicitated the Bal Suraksha Dal and Safe Houses members for their work in helping girls and women.

The project team organized dissemination meetings with 16 girls and 01 female councilor in January 2019 to apprise them of the observations highlighted during the girls' safety walks and community score cards. Adolescent Girls and Boys of C Block Mangolpuri shared their issues with Mrs. Krishna Parmal (councilor of ward no. 54). The issues are as follows:



There are no numbers displayed on 12 Parks of Block C in Ward no. 54.  
Parks are not well maintained.  
Few parks are encroached by anti-social elements.  
Sexual harassment happened with girls outside of the Gali.  
There are no street lights on roads of C- Block.

After hearing the issues, Mrs. Parmal assured that two parks under her ward area will be made "**Girls Friendly**" as per the model of Park No. 30.

The impact of this interface meeting was that Mrs Parmal started work on 10 parks to make it clean and have done the plantation work. She also asked the girls to identify 2 most vulnerable parks of ward no. 54 that she will develop as "**Girls Friendly Park**". In addition to it Mrs. Krishna Parmal also agreed to share the budget of MCD with girls and will make action plan for expending.

District Child Protection Officer (DCPO) of North West Delhi took the initiative to organize regular meeting of all stakeholders under the chairmanship of District Magistrate of North West Delhi. The main objective of the meeting was to meet the statutory compliances by the all stakeholders on the issues of Child Protection.

The DM also raised the issue of Minor Domestic Worker and asked all stakeholders to ensure that there are no children employed as domestic worker in North West District of Delhi. He also asked the DCPO to conduct inspection of placement agencies to ensure that no minor child is employed and also directed DCPU to call a meeting with placement agencies, Labour Department and concerned area SHO and NGOs working in the field.

He also raised the issue of child beggars and in particular those used by their parents. He suggested that a shelter home should be made for children who need care and protection in the district as there is no shelter home at present in the district.

A campaign with the theme of #**Meet To Sleep** (a part of **One Billion Rising** Campaign) was launched in which around 15 adolescent girls from Mangolpuri came together to reclaim their right to public space by sleeping and playing in the park. The objectives of this campaign were asserting our right to live free from fear, defenceless and to create a reality through collective action.



The impact of the campaign can be felt by the one of the feedback given by the girl, Sonia from Mangolpuri who said: *"Iss Campaign se judkar humko bahut achha laga jaise ladke park mai aakar khelte hai, sote hai, waisi hi humko bhi aaj feeling ho rahi hai ki hum bhi park mai lete hai or itne sare logo ke samne apna adhikar le rahi hai jo kiun kona hi milta, hum park mai aate hai to log hum ko ghurte hai par aaj hum ko bahut free feel ho raha hai*

*ki hum jaise freedom mai hai "*. (I am feeling happy to be associated with this campaign. I am feeling the ownership over park as boys feel while freely playing and sleeping in the park. Men stare us when we visit park but today, it's feel of freedom.)

The Market Association of Mangolpuri invited Baliga Trust to share the issues of girls' safety in the market. They also shared that they have started an initiative in which no boys would be allowed to stand in front of without any reasons other than purchasing something from the shop. It was also decided to turn on the light of every fourth shop to avoid the risk of darkness. Calendar with social message of girls empowerment were distributed among boys, girls, women and men in the local community and shops. All the messages were design and created by girls and boys of the community.

A meeting was organised with 04 boys and 14 girls and 08 young girls, 16 women and 01 man in Mangolpuri where girls and boys shared their issues of Parks with Bal Suraksha Dal (BSD) Members. The girls and boys of various blocks of Mangolpuri shared that Park No. 56/10, 54/54, 56/38, 56/27, 56/10, 56/12, 56/13, 56/16 & 56/18, mid of M & N Block market Park & Ram Leela park of Block K, M, N, O, E, F& L are not clean and there is encroachment and illegal activities going on there. The BSD members submitted their complain to DCPCR and as a result of it Park No. 56/16 & 56/17 are well maintained and lit

## **VOCATIONAL TRAINING**

Unemployment hampers the economic growth of a country. Due to the lack of skill and confidence, people do not get job or they settle for jobs that pays them way less.

This practice further gives rise to activities like gambling, robbing, theft, etc. and hampers the social environment of a country. To address this issue Dr. A.V. Baliga Memorial Trust in collaboration with Tech Mahindra Foundation has set up E-Learning center which would impart skill development and improvement for the underprivileged boys and girls in Mangolpuri and Holambi Kalan. A detailed report on E Learning Center is given below:

## SMART Center:

The SMART Center Project started by the Baliga Trust in collaboration with the Tech Mahindra Foundation in Jamia Nagar, Okhla, New Delhi. The center has emerged as a new ray of hope for unemployed educated youth of the area. Majority of the youth of the area lacked the skill that required for the present market trend and therefore not confident to face the interviews and avail the opportunities of employment. The Baliga Trust Tech Mahindra SMART Centre has been providing Spoken English, Basic IT, Retails Sales and Work Place Readiness courses to all enrolled youth. The many activities performed are mentioned below:

- **Exposure Visit:** Baliga Trust-Tech Mahindra Smart Centre conducted exposure visit round the year for the students of its center. The objective of the same was to teach them how to apply the knowledge that they have been learning i.e. Customer Relationship and Sales in the real world. The students were taken to different malls and outlets like Big Bazaar Retail Outlet GIP Mall NOIDA, Westside Retail Outlet, EF3 Mall Faridabad, Retail Outlet, CSM Mall NOIDA. In these visit many practical things like Product Allocation, MPM (Merchandise Presentation Method), Key Area Responsibilities, etc. were explained to them. The students were given an overview of the various sections (ethnic wear, indo-ethnic wear, gym wear, plus-size women section, footwear section, accessories etc.) present in a retail outlet. The various stock display methods were also discussed with them.

- **Job Fair & Campus Placement:** We at the Smart Centre have taken the additional responsibility to support the students to making a right start to their career. For this many Job Fair and Campus Placement drive were conducted by the center round the year. Many companies like **Bata, Amazon, SBI, PayTm, Allabbaik Travels, Café Coffee Day, Swiggy, Food Panda, Dish TV, Click 2 Clinic, Godrej, ICCS BPO & Even Cargo**



participated in the event offering various jobs for the job seeker. Interviews were held at Baliga Trust Tech Mahindra foundation Smart Centre for number of posts. The placement record in the reporting year are as follows:

- Total Trainees who joined the center-247
  - Total students who graduated-240
  - People placed by the Smart E Learning Center:188
  - Placement Percentage: 78:33%
- **Guest Lecture:** Baliga Trust-Tech Mahindra SMART Centre also organized Guest lecturers for the students of the centre. The Guest Lecturers were Mr. Uday Raj from The Great India Communication-Vodafone BPO, Mr. Vivek Dubey and Mr. Inamul Haque from Godrej Company, Mr. Sanjay ME CMO VIP Management Services presented the job perspective and scenario of the market. The main objective of the lecture was to motivate the student at the

centre and give them insights on various topics like Personality Development, Economic Development, Result Oriented Approach, Interview Skills, etc.

- **Cultural Event:**

- **Independence Day and Republic Day Celebration:** Independence Day and Republic Day celebration was done in the Centre Premises. Many people shared their opinions about our duties as citizen of India including the chief guest who shared his views about the concept of nation. There were also some cultural activities like musical feats were held.
- **Sir Syed Ahmad Khan Day:** We celebrated the Birthday of Sir Syed Ahmad Khan who is considered as the pioneer of Muslim modern Education at the centre. A documentary film was shown showcasing the importance of education in life and elaborated the concept of education on the occasion.
- **International Girls Child day and Women's Day Celebration:** All the students at the center celebrated the International Girl Child Day and Women's Day and discussed the reason to celebrate these days. Baliga Trust has been pioneering the cause of area of girls equality .The center has now almost equal number of girls' trainees at the center and they are breaking every stereotypes and myths of society. The focus of these celebrations ranges from general celebration of respect, appreciation and love towards women to a celebration for women's economic, political, and social achievements and empowerment.

Apart from these celebrations the Centre also organized celebration of the religious festival.

**Swatch Bharat Campaign:** Baliga Trust SMART Centre celebrated Swachh Bharat Mission on 26<sup>th</sup> September and 1<sup>st</sup> October 2018 at Okhla and NSEZ NOIDA. The students participated by cleaning of polythene bags, collecting dirty materials, fencing around the plant plantation site, cleaning of the playground and the disposal of waste into the dumping yard.



## **FAMILY COUNSELLING AND LEGAL LITERACY**

Providing counselling and legal support to needy women of the disadvantaged communities backed by awareness camps has also been one of the areas in which Baliga Trust has been working.

### **(A) Family Counseling Centre:**

In the reporting year, a total of 125 cases were reported in the Family Counseling Centre in Mangolpuri. The different types of cases reported were as under:

- 21 cases of interference by the in-laws,

- 31 cases of domestic violence,
- 9 cases related to dowry,
- 12 cases of extra marital affair,
- 18 cases of alcohol,
- 17 cases related to property dispute,
- 5 cases of economic crisis,
- 6 cases of assault,
- 3 cases of career counseling
- 3 cases of pre-marriage counseling.

Counseling and Guidance was given to all the cases by FCC counselor. Some of the cases were settled by reconciliation and others were referred to different government institution for settlement. The details of the settlement are as under:

- 21 cases were settled by reconciliation,
- 9 cases were referred to Rohini Court,
- 5 cases were referred to De-addiction centre,
- 14 cases were referred to Women cell and DCW,
- 17 cases were referred to property court,
- 3 cases were referred to police station,
- 3 cases were referred to vocational Training Centre and
- 53 cases only came for counseling.

Family Counseling Centre had organized several programs in the reporting year for women empowerment and education. The details are as under:

- A program was organized on 8<sup>th</sup> June under the theme of "Beti Bachao Beti Padhao". 45 women participated in the event. This program was based on promotion of girl's education, prevention of feticide and equal participation of girls and women in each field. Women were also informed that sex determination and feticide are illegal and are moral offenses.
- Family Counseling Centre organized a Legal Awareness Camp at R block Shnan Ghar which included participation of 40 women. In this camp, solution were given to women suffering from domestic violence and informed the legal rights of women for getting justice in domestic violence case.



- Another Legal Awareness Camp was organized by FCC on 15.12.2018 in **D-2 Sultanpuri**, in which 50 women participating. **Miss Meena Mehtani**

who came from **DSLSA Rohini Court** informed about the rights of women in the in-laws house and their rights in property in her in-laws. The women who are living separately from their husband how can take their own expenses from their husband, also the information given by the advocate. Apart from this, she was given information to women about the free legal facilities of DSLSA.



- The Family Counseling Centre organized another Legal Awareness Camp on Women's' Day (08.03.2019) in which 150 women participating. This camp was addressed by **Miss Anjana Masih who came from the DSLSA Rohini Court**, she addressed women mainly on women's empowerment, and self-protection from domestic violence and helping all those women are suffering from domestic violence.



- Apart from this, the FCC had four Sub-Committee meeting & advocacy on 30.06.18, 08.09.2018, 16.12.18 and 09.02.2109. Various issues were discussed in this meeting such as: how the DCW and Women Cell can help to FCC, related to drug-addiction, the problems of women suffering from domestic violence and section 125 of CRPC etc.

## Baliga Trust Campaigns and Networks

**Campaigns and Networks:** Dr. A.V. Baliga Memorial Trust is part of many campaigns focusing on the protection and promotion of child rights, health, gender sensitiveness and education. Some of important campaigns are as follows:

**Campaign against Child Labour (CACL)** –Baliga Trust is the Convener of National Advocacy Unit of the campaign. The campaign has the objective to eradicate child labour completely from India. Campaign Against Child Labour (CACL) is a national level network / campaign of different organizations that have joined hands to raise the issue of child labour in India, and actively intervene where children's rights are being violated. The process of formation began in 1992, when like-minded

individuals and groups such as TDH (Germany), YUVA and Action for the Rights of the Child (ARC) came together to launch a campaign for the ratification of the Convention on the Rights of the Child (CRC-32) by the Government of India. Subsequently it expanded into an awareness campaign about the extent and dimensions of child labour in India. What initially started as a media campaign was eventually transformed into a large national network focusing on the eradication of child labour. The CACL as a formal organization was launched on the 13th of February 1993. Today it has expanded both in terms of member organizations as well as coverage. The network now exists in 21 states.

### **Philosophy and Strategy of the campaign**

For CACL, child labour implies a basic denial of the right to childhood. It therefore calls for a total eradication of child labour. The network views every child out of school as a potential child labourer. It therefore seeks to implement policy changes that will lead to a complete elimination of child labour. This requires creating awareness in different sections including child workers and their families, policy makers, media, the judiciary and citizens in general through various programmes. A basic strategy employed for this purpose has been a simultaneous campaign for free and compulsory quality education of all children in the country, and for legislation to effectively eradicate all forms of child labour.

In order to achieve its objectives, the network works at the field level through its various member organizations. While the different member organizations vary in focus, structure and internal organization and nature of programmes conducted, by and large they subscribe to the common vision of CACL. They participate in its programs and carry forward the message of CACL in their own focus areas.

#### **Aim**

**Total eradication of child labour**  
Overall Objectives

- To eradicate all forms of child labour upto 18 years
- Making state accountable and responsive for child rights protection and promotion;
- Adequate legislation in tune with CRC is in place and enforced ;
- Create opportunities for girl children in every sphere / more positive space for girl children in society ;
- Improved access and quality education equitably for all children ;
- Reassuring the childhood for all children upto 18 years.

#### **Non-Negotiable:**

Any person, who is less than 18 years old, is a child. Child labour includes children prematurely leading adult lives, working with or without wages, under conditions damaging to their physical, social, emotional and spiritual

development, denying them their basic rights to education, health and development.

CACL is against all manifestations of children working in any sector, occupation or processes including the formal and non-formal, organized and un-organised, within or outside the family. Any child out of school is a potential child labour.

**Chuppi Todo** - This is the campaign against the child sexual abuse. Baliga Trust along with Plan India and Delhi Commission for Protection of Child Rights implemented this campaign. Over 24 NGOs participated in this campaign. It reached over ten million people through radio, television and direct interaction. An initiative to prevent child sexual abuse – the project is supported by Plan India and innovative in its method. There were two movies, one for children and the other for stakeholders were produced under the banner of Chuppi Todo in partnership with Plan India. A special mention of appreciation to Delhi Commission for Protection of Child Rights for its association with the campaign that boosted our effort to prevent child sexual abuse and also guiding concerned agencies for addressing such cases speedily. The formal launch of the movie and campaign as well was planned to organize in the coming year by the Minister of Women and Child Development.

- NEENV – It is the Delhi chapter of network Delhi Forces. Baliga Trust was founder Co convener and is the member of the Steering Committee at present of the network. The network of over 45 NGOs focuses on the issues related to the children of 0 to 6 years of age group.
- Right To Education Forum - The forum is working on the implementation and gaps of the RTE act. Baliga Trust is a member of the forum.

### **Because I am a Girl Urban Programme/ Safer Cities for Girls**

The Because “I am a Girl” Urban Programme is a joint programme developed in partnership between Plan International, Women in Cities International (WICI), and UN-HABITAT to address the increased risks and opportunities for adolescent girls in cities. The overarching goal of the programme is to build safe, accountable, and inclusive cities *with* and *for* adolescent girls in all of their diversity.

The outcomes of the program included:

- Increased girls’ safety and access to public spaces.
- Increased girls’ active and meaningful participation in urban development and governance.
- Increased girls’ autonomous mobility in the city.



## **OUR PARTNERS AND SUPPORTERS**

**The Trust has the privilege of partnership with the following organizations:**

- Plan International/Plan India
- Terre des Hommes – Germany, India Program.
- Integrated Village Development Trust.
- Xerox India Limited.
- Tech Mahindra Foundation.
- Bani Jagtiani Trust
- ESSEL Social Welfare Foundation
- United Way of Delhi
- Viren Investment Pvt. Ltd.
- Delhi Commission for Women.
- Delhi Social Welfare Advisory Board.
- Directorate of Education (Delhi).
- Directorate of Social Welfare.

We acknowledge the contribution of our supporters, partner and funding agencies, concerned Government Departments, networks and above all the community of the project areas for the considerable growth of the Trust's programs. We hope the continuum support of our partners will make great changes in the life of less privileged people.