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**Dr A V Baliga Memorial Trust**  
**Annual Report 2014 – 2015**

**Overview**

The year 2014-15 for the organization has been the effort towards consolidation of existing work, and strengthening internal processes of finance and administration. The work has therefore continued in existing areas and the portfolios remain the same as before, however, we are slowly transitioning into a programmatic approach. The focus of the year was leading community towards their own development through need based and right based approach. Participation of the community was ensured just from the base line, planning for the community development and in delivering the designed services as well linking them with the available services provided by the Government in their respective areas. Awareness, advocacy, capacity building of the community groups, networking and linkages with concerned service providers were major strategies of the year we crossed. The major focus was on women's empowerment, child rights, in raising awareness against child sexual abuse, health, education and providing family counseling and legal literacy.

As usual we have had some extraordinary stories of change and interventions that made a difference to the lives of women and children living in the slums of Delhi.

The Trust's earlier intervention in the fields of adult education was recognized and awarded by American Library Congress for Adult Literacy, by Delhi Cooperative Societies for women empowerment and Laxmi Memon Literacy award by All India Council for Eradication of Illiteracy among Women.

**Initiatives of Baliga Trust:**

Baliga Trust's endeavor got strengthened by adding new initiatives with existing and ongoing programmes. The inclusive projects/programs/activities are- Gender Resource Center - Samajik Suidha Kendra, Child Centered Community Development Program, Banking on Change, Bringing Health Care to Doorsteps, Baxter International Young Health Initiative, Chuppi Todo - a Campaign against Child Sexual Abuse, Promoting Elementary Education in Urban Resettlements, Saksham, Teach India - Spoken English, Family Counseling Center, and Community Libraries, through the tireless efforts of the team. During the reporting phase the geographical area has been expanded and the services reached directly or indirectly to over one million beneficiaries.

**Major Strategies:**

Major strategies for project implementation adapted by Baliga Trust are the same since the last decade –

- A- Advocacy, Awareness,
- C- Capacity building
- N- Networking,
- L- linkages and
- S- Service delivery.

**Geographical Expansion:**

Baliga Trust projects/ programmes are spread over resettlement, slums and kachchi (unauthorised) colonies in the Northwest, West and Central Districts of Delhi:

--Mangolpuri, Sultanpuri, Narela and Holambikalan in the Northwest District;

--Bheem Nagar, Nangloi, Nihal Vihar, Prem Nagar Kiradi, Jwalapuri,

Udyog Nagar and Khyala and Meerabag in the West District;

Over 10 large slum clusters, with a total of one lakh beneficiaries in each, scattered in the above colonies were also reached.

### **Thrust Areas:**

Baliga Trust continued with integrated approach to actively tackle issues in 5 major thrust areas:

- **Women's Empowerment:**

This continued to be effected through the Gender Resource Center, Self Help Groups, Vocational and job oriented training programs, income generation activities, financial inclusion, financial literacy, and the cooperative society established earlier with the aim of empowering women by providing skill enhancement as part of a holistic development program, as well as adult and continuing education.

- **Health, Water, Environment and Sanitation:**

Advocacy, awareness, capacity building, linkages, networking and service delivery are integral parts of the intervention. Emphasis has been on preventive, promotive and curative measures, and on population education. The focus was on women and children but all age groups were covered through need based activities. Community and children's groups such as Cohesive Community Action Groups, the Slum Health and Sanitation Team, and the WES Monitoring Committee of School Children are major stakeholders while a new band of Community Health Volunteers proved to be the backbone of the health intervention program Bringing Healthcare to the Doorsteps supported by Save the Children Bal Raksha Bharat.

- **Education:**

The education program consists of five types of interventions:

- i) Learning Centers (bridge course);
- ii) Balwadis for preparing out of school children to mainstream into regular schools;
- iii) Remedial Classes for retention of children in schools, particularly the girl child, by educating them to their appropriate age level;
- iv) Continuing Education Centers (including adult literacy); and
- v) Condensed Course Centers for young dropout girls and women who yearn to get a formal certification for secondary and higher secondary education.

The Trust took participated in improving conditions and quality of 12 MCD schools according to existing norms, and have given support to RTE programmes.(Right to Education)

- **Child Rights:**

Child Centered Community Development Program: These were initiated through a rights based approach towards ensuring the major rights of survival, protection, participation, and development of children; and were impacted through Chuppi Todo (breaking silence) -

Campaign Against Child Sexual Abuse, supported by Plan India. We were also part of the Campaign Against Child Labour.

- **Family Counseling and Legal Literacy:**

The Trust provided counseling and legal support to needy women of the disadvantaged communities backed by awareness camps, with support from the Central Social Welfare Board, Government of India. These have been elaborated in the ensuing pages to provide an overview of our interventions, their effect in the target areas, and the outcome for the year 2013-2014.

### **Support and Collaborations:**

During 2014-2015, Baliga Trust was supported by:

- DWCD-Mission Convergence, GNCTD
- Plan India/ Plan International,
- Integrated Village Development Trust (UK),
- Terres Des Hommes Germany-India Programme,
- Central Social Welfare Board, Government of India
- The Bani Jagtiani Trust
- The Raja Ram Mohun Roy Memorial Trust

Baliga Trust believes that all its interventions need to bring about change that is systemic, sustainable and replicable. We work closely with the community and that is the strength of the society since its inception.

#### **Major interventions by the Trust**

The Trust has been working on 5 major thrust areas-

- Women's Empowerment
- Health, hygiene, water, environment and sanitation
- Education
- Child Rights
- Family Counseling and Legal Literacy

Besides the above, other relevant activities have been carried out by the organization.

### **I. Women's Empowerment**

The Trust recognizes the need of women's empowerment since its inception. The dependency cycle of poor's households is to be addressed as the men rarely give their entire income much of which is wage, in sustaining the household, leading to cutbacks in basic essentials required for a dignified standard of living. To address this need the Trust feels that interaction and economic empowerment has to be aimed directly at the targeted group, in such a form that is sustainable, empowering and leads to skill enhancement of the women. Many of these women want to work, so that they can help in lightening the economic burden facing by their families.

As in the last year, we continued to implement the three major for the purpose:

- Banking on Change, supported by Plan India

- The Gender Resource Center – Samajik Suvidha Kendra, supported by Mission Convergence, Government of National Territory of Delhi
- Household Economic Support, supported by Plan India

### **Banking on Change:**

The *Banking on Change* project is an initiative to improve the quality of life for poor people by extending and developing access to basic financial services. The project is being implemented at Mangolpuri and its adjacent areas in North West Delhi.

It has aimed to involve 15000 women in SHGs during the second phase of BoC project among whom 5500 would have gone through some capacity building trainings for income generation activities and financial inclusion for all SHGs. The reporting period, ie, 3<sup>rd</sup> half of 2<sup>nd</sup> phase have faced number of prominent activities. As of now over 14944 members have been unified into more than 903 SHGs. The project has advanced a further step ahead towards institution building and strengthening with Annual General Meeting of SHG Federation. Newly formed clusters also have included their elected representatives in the Federation. Hand over process of sanitary napkin production unit to the Federation has been over. The same for the MED training cum production centre is near to completion. Simultaneously Federation members are being capacitate for accounting and book keeping. Now the Federation is making effort for linkage with Govt institutes, schemes, financial institutions, grants etc. 98 members have been taken benefit of Barclays' outreach service by opening personal account under PMJDY. Besides this 4851 members have been entitled to this scheme through other banks.

The project focuses on eradication of child poverty by improving socio-economic status of the young women of 18 – 35 yrs of age. Mainly it encompasses 3 fold activities: i) building women's institution, ii) income generation of women through meaningful vocation, micro-enterprise development and job linkage. At the pioneer step, the women are mobilized for SHGs and gradually they are trained on leadership, SHG dynamics, operational issues, financial literacy, money management. Subsequently the beneficiaries are motivated for income generation activities. The interested women are brought under training need assessment process through pre-counselling services and focused group discussions. On the basis of the findings of need assessment, they are segregated to two major categories: i) who wants to start their own micro- enterprise and ii) who wants to acquire skill based jobs.

#### **SMART (Specific Measurable Achievable Result Oriented and Project priorities:**

To strengthen the federations of SHG selectively so as to make them economically viable and sustainable institutions through:

1. **INSTITUTIONAL DEVELOPMENT SUPPORT:** For the purpose of stabilizing the Federation the partner can provide the following support to the Federation (**SAKHI SANGAM SOCIETY FOR SOCIAL CHANGE**)
2. **ECONOMIC AND FINANCIAL SUSTAINABILITY**
3. **MICRO ENTERPRISE DEVELOPMENT PART OF PHASE II**
4. **VALUE CHAIN DEVELOPMENT**

#### **INSTITUTIONAL DEVELOPMENT SUPPORT:**

The expected core outcome of the project is the formation of community based women's institution called, SHG federation. As a result of consistent mobilisation and capacity building training 'Sakhi Sangam Society for Social Change' has emerged as unique community based organization in urban context. Around 18000 women are part of this federation. It is the apex body of SHGs representing the model SSG > SHG > Cluster > Federation. It came into view with active participation of leaders in fold of activities. The Project offered a number of training programs for leadership development, governance,

gender principles, child protection policy etc. for leaders of the federations. Realizing the need for strong and vibrant SHGs, who are the constituents of the federations, the project offered a number of training programs for the leaders of SHGs on accounting and book keeping, grading and auditing of SHGs. The Federation has been expanded from a replica of 19 clusters to 24 clusters. The project is continuously offering hand-holding support to the federations in their graduation process of becoming self-sustainable community based institutions.

#### **ECONOMIC AND FINANCIAL LITERACY AND SUSTAINABILITY**

Enhanced Financial Literacy among each and every member of our SHG is an important component of the project. Every month additional efforts are made to provide financial literacy training to the members using Financial Literacy module developed under BoC project. Before conducting the training project officials take the pre-assessment test of the beneficial.

Till March 2015, over 12000 members have been trained on various financial components like saving, borrowing, insurance, Govt. Schemes and the importance of budgeting in the day to day household expenses. After training the training the peer trainers also conduct the post-test after 15 days and evaluate their behaviour regarding the financial inclusion. 250 SHGs bank accounts have been in different banks under BoC Project. Above 5000 beneficiaries have been insurance.

#### **Micro Enterprise Development:**

We trained nearly 3500 members with different skills that include embroidery, garment production, making of soft toys, and production of snacks, mehndi (henna) art, and artificial jewellery with the aim to develop micro enterprises. In addition to the vocational skills, these members are also oriented on business skills. Plan has established 'Training cum Production Centre of Embroidery and Tailoring Centre' a institution to train members and to engage them in garment production. The SHG members are organized into 'Common Activity Groups' (CAGs) for engaging in production activities. Plan has also established a low cost sanitary napkin unit to help youth improve their personal hygiene, while also providing a platform for generating employment for them. The enterprise caters to providing employment opportunities to about 157 youth. Plan has helped both the training centre and the sanitary napkin units to develop business plans in order that the resources are optimally used and their potential fully tapped.

In Mangolpuri and its adjacent areas, the BoC programme has experienced that the adult members get into income generation activities by tailoring garments, soft toys making and knitting though the other trades offered by BoC projects also has brought income opportunity to the beneficiaries like, Mehandi. Among the Carry over groups many women are involved in catering business and running petty shops. Among all these, garment stitching is at the highest level of IGA. The reason behind this is, garment has ever-demanding market within the community as well as outside. Basic asset requirement is also very low and less space consuming. The syllabus of Stitching course offered under BoC is very comprehensive and relevant to the community need. More over Delhi is a fashionable area where new designs are always encouraged. The training process including pattern masking is appropriately fulfilling the demand. The beneficiaries are getting order from local residents, they are provided with raw materials, for accessories, nearby Katar Market is the most suitable market. Many beneficiaries have their own catalogues. The easy procurement and supply is the key for the success. Secondly knitting training offered by BoC becomes a main mode for income generation. The beneficiaries are linked with a company called Softknit Woolen who provides raw material with suggestive designs and sizes. They take back the finished items after certain days and pay the beneficiaries on the basis of weight of wool they have knitted. The trade has sure income. Beneficiaries do not have to go outside for jobs as it is home based job, they do not have to struggle for purchasing raw materials and selling finished items like shocks, sweaters etc in the market, the beneficiaries get order for throughout the year. Thirdly, the soft toys produced under BoC are of very high quality. Some traders have already appreciated it and have started giving orders. So, there is a very promising market for soft toys. Already it has become a source of income for some beneficiaries. Frothily, mehndi is a traditional art, which has very high demand in modern fashion also. In celebrations, social functions mehndi is an inevitable ritual. Though it is a seasonal business but at the operational

area it has constant market as people reside here belong to different cultural background and every cultural community need mehendi in some specific months.

Obviously Enterprise development training and business planning trainings have refined beneficiaries' efficiency. They are more confident in choosing items/trades, dealing with clients, maintaining accounts, managing stocks and market linkage.

**Employability Skills:**

**Job Oriented Vocational Training:** BoC project also has been providing the many types of job oriented vocational trainings to their beneficiaries since BoC Phase II. During this 2<sup>nd</sup> quarter there are 816 members trained on computer, patient care, Hotel management, personality development training (employability life skill) which was facilitated by Barclays Bank etc. Trainings are also facilitated by external agencies. After getting the training, the beneficiaries have opportunity to get the suitable job.

**Value Chain Services:** - Value chain services are promoting backward and forward linkages for SHG members. It helps members in generating an income for the beneficiaries. Under BoC Project, Sanitary Napkin Production Unit and Knitting group is now facilitated in the Value Chain Services through the Project. Now 121 beneficiaries have been involved in value chain services under the BoC project.

**Advocacy Initiatives:**

Advocacy for financial inclusion is an important component of BoC project. The advocacy is multi-dimensional and multi-layered. It included policy level advocacy, Sensitization of stakeholders and grass-root level awareness generation and demand generation. During December 2014 BoC staffs had attended Asian Summit in Delhi which was represented by Union Ministers, NRLM, Banks, CSOs of Asian countries, academicians and researchers. Positive impact of SHGs in economy got reflected from presentations of all level of stakeholders, at the same time major challenges within the groups, struggle of groups due to less accessibility of resources and high potentiality of groups for micro-enterprise establishment and economic activities were projected. Executive Director of Plan India explained It's experience from India context in the Asian Summit. Variation in communicating language among various levels of stakeholder was identified as one of the major challenges.

At local level, the bankers are being regularly followed up. They are sensitized in open forum with face-to-face interaction with community women. In one-in-one meeting also they are requested for opening SHG bank accounts in respective branches and linking beneficiaries with financial services. During an event called 'Jug jug jiyoo' held during Oct 2014, the community women were talked about financial services and financial rights for creating awareness among them. At the grass-root level financial literacy is being impacted by peer trainers for in-depth sensitization and motivates community women for availing financial services. Besides, advocacy for financial services, the beneficiaries are making aware about their own rights for living with dignity. The awareness generation programme is mainly based on gender trainings. As a result, applications for bank linkage have been submitted by SHGs in local banks, they are also in request for credit linkage. The overall experience reveals the need of more in-depth advocacy at the community level as well as at the bank level is necessary.

**Operational Highlights**

(During Apr 2014 to Mar 2015)

Indicator rationale	Key Statistics during Apr 2014 – Mar 2015
<b>Information of SHGs formed during 2013 – 2015 and till continuing</b>	
Number of SHGs:	582
Number of beneficiaries:	9396

Number of members below 35yrs	8002
Total amount of savings (cumulative)	INR Rs. 9996941
Total amount of loans outstanding (cumulative)	INR Rs.2506928
<b>Information of SHGs formed during 2013 – 2015 and till continuing: Additional Trainings (Only Record When Trainings Are Completed)</b>	
Number of members completing financial literacy / financial skills training	7007
Number of members completing enterprise skills training	1779
Number of members completing employability / life skills training	816
<b>Income Generating Activities</b>	
Number of individuals from SHGs formed during 2011 – 2013 have started a business / IGA	178
Among the above members, how many have been sustained for over 6 months?	145
Number of individuals from SHGs formed during 2013 – 2015 have started a business / IGA since	180
Among the above members, how many have been sustained for over 3 months?	107

### The Gender Resource Centre (GRC):

The Program is aimed at poverty alleviation through women-centered development programs. The tabular information below shows the wide coverage of the program under different programs, activities and schemes:

S.No	Key Indicators	Target description	Target Achieved
<b>1</b>	<b>Legal Awareness</b>		
1.1	Mass Awareness Sessions	24 Sessions (2 per month)	24 Session
1.2	No. of persons attended ( 2 sessions x 12 Months x 25 persons)	600 Persons (min.25 per session)	602
1.3	Individual counseling sessions	24 sessions	24
1.4	No. of community members counseled	Min. 48 (2 per session)	74
1.5	No. of cases resolved to the satisfaction of the client	24	14
<b>2</b>	<b>Health</b>		
2.1	Health camps (Thematic camps)	6 camps	6 Camps
2.2	No. of patients covered in 6 thematic camps	1200	1780
2.3	No. of Clinics conducted	24 clinics	24 Clinics
2.4	No. of patients served in health clinics	1200	1139
2.5	No. of Nutrition Camps Organized	12	12



2.6	No. of Nutrition Camp Beneficiaries (25 per camp)	300	355
<b>3</b>	<b>Education</b>		
3.1	No of illiterate adults through SSS/NIOS BLP exam as literate in a year	25 Adults	25 Adults
3.2	No of children mainstreamed by GRC	25 Children 25 Children	30 Children
3.3	No. of children getting remedial education		55 Children
3.4	Adults getting 'Level A" OBE"		19 OBE
	<i>*flexibility allowed with combined target of 75 in all 4 categories with valid reasons and approval of MNGO/PMU; with reference to new category of 'Adults getting 'Level A" OBE' added vide circular no.2(84)/MD/SSS/Prog/E-M/10-11/p-1/3940 dated 9/10/13.</i>		
<b>4</b>	<b>Vocational Training</b>		
4.1	No. of Trainees attending the vocational trade	200 trainees	200 Trainees
<b>5</b>	<b>SHG</b>		
5.1	(Total SHGs promoted by GRC during the Year)	7	2
5.2	SHG linked with banks	5	2
<b>6</b>	<b>Information Centre</b>		
6.1	No of enquiries (200 enquiries x 12 Months)	2400 enquiries	3615 enquiries
<b>7</b>	<b>Water-Sanitation-Hygiene(WASH)</b>		
7.1	Community Awareness Generation Activities	24 Sessions	24 Sessions
7.2	Celebration of important days on WATSAN	3	3
7.3	Mass Cleanliness Drives	2	2
7.4	Formation/Promotion of Groups on WASH	4	4

Remarkably, the GRC project team reached far more than the committed target.

### **Household Economic Security:**

The Household Economic Security program supported by Plan India provided a strong support to the organizational effort towards women empowerment. The program focuses on ensuring children protection, development and improved quality of life. The key achievements during the reporting year of this project is as follow

- Regular meeting with 30 Youth groups comprising 654 members has been organized to enhance their capacity on various issues.
- 1673 community people were oriented on public distribution system through PDS campaign and National Food Security Act 2013. Facilitated for avail the facility of PDS through street play, gali meeting and door to door survey.
- 282 were aware on gender based violence against women/ girls in the society.

- 220 youth's group leaders had participated in the Annual sharing meeting and got knowledge on various career options through counseling session. Also build the capacity on voting rights, decision making in Governance.
- Advocacy meeting with SHO, Councilor regarding girl's safety has been done report of the social audit has been also presented to the concern stakeholder. Total 137 youth Participated in this program.
- 72 Youth and Adolescent leaders were aware on safe and unsafe places of the area through two monthly safety walk / audit.
- Printed 9000 brochure, 16000 pamphlets and stickers (IEC on food security act 2013) has been printed for the awareness to the community people on national food security Act2013.

## II. Health, Water and Sanitation

All the activities under the one of the major components of the organization covered three major groups – children, adolescents and mothers. Three major projects met the requirement of the health and hygiene care including Child Centered Community Development Program, Young Health Program and Gender Resource Center. The project Bringing Health Care to Doorsteps supported by Save the Children Bal Raksha Bharat (SCBR) completed almost four years of successful implementation that covered more than one lakh people in various project areas. The financial support by SCBR was discontinued as the agreed period of project was over. During the reporting period, activities were designed towards the improving the maternal health and nutritional status of the malnourished children by enabling women to access knowledge, quality health services and through community, government engagement.

### **Child Centered Community Development Program:**

The current project has deliberated to advocate for two major reasons for affecting the survival and development status of children i.e. listing out the danger signs during the pregnancy and post, Promoting institutional deliveries, exclusive breast feeding and essential immunization child spacing and birth preparedness in a campaign mode. The key achievement of this project is as follow:

- Total 830 mothers ( 195 pregnant and 633 lactating mothers) were oriented on safe pregnancy components (care during pregnancy & post pregnancy, danger signs, birth preparedness, planning, spacing, government schemes like Mamta, exclusive breast feeding, weaning, infant feeding practices, child care etc .
- Regular monthly meeting with S and A block PHC centre have been organized and facilitating ANC/ PNC checkups for pregnant women.
- Six monthly mobile health camps (Swasthya Mela) in collaboration with AWC & PHC. Issues to focus on child health issues (diarrhea, malnutrition, ARI, immunization, IYCF etc have been successfully organized.
- Awareness event on birth planning, spacing, family planning, role of males in child rearing etc (to include demonstration of different modes of family planning) have been organized in which 135 Couples participated and adopting any family planning methods

- We have organized growth monitoring of sponsored families children in which 1792 sponsored families have been participated and guided to take appropriate action to avoid malnutrition.
- We have organized successfully world breast feeding week, world health day, and world aids day to aware the community on such issues.
- We have organized successfully two Saas Bahu Jalsa - meetings with mothers & elder care givers at block level (level 2 location) to discuss on birth planning and preparedness, essential immunization, infant feeding practices & child care, demonstration of different complementary food, ARI, etc
- We have organized Annual felicitation meeting with pregnant mother groups to promote their habits to participate in regular mother group meetings,

### **Water , Sanitation & Hygiene:**

All the activities designed towards the Facilitating the availability of water and sanitation facilities in preschool, primary and secondary schools for all girls and boys, improving the hygienic practices in families and to facilitate to access the safe drinking water, govt. schemes. The key achievement of this project is as follow:

### **Achievements:**

- 10 WMCs are functional in 10 school and having regular meetings
- 37 adolescent clubs, 38 children clubs, 30 youth club, 46 mothers groups,1 swakshta samiti , 2 BSD, 2 ASS,10 WMC,10 SMC,40 bal sadan , 2 media club ,10 DPC, 1 CNV group , have strengthened for disseminating messages on hygienic practices
- 29 , Swachhata Samittee members and 36 community groups members trained on WASH issues like improved hygiene practices, community based monitoring of water and sanitation facilities, community practices related to solid waste, diarrhoea, dehydration symptoms and treatment practices etc
- 09 Wash champion, 15 SMC members were trained on improved hygiene practices and water source management.
- School Sanitation Mela for Sharing of best practices in schools has been organized. 213 children including staff have been participated from plan partners organization intervention schools..
- Renovation of drinking water point at S block MCP school Mangolpuri. .
- Celebration of specific days to spread awareness on WATSAN like Global Hand Washing Day (15th Oct), World Toilet Day (19th Nov), World Water Day (22nd Mar) and World Environment Day (5th Jun) (includes celebrations at both school & community)
- Monthly screening street play monthly meeting with swachta samiti have been successfully organized during this year to aware the community on WASH issues.
- We have completed Revival and maintenance work of parks no 10 and handed over to children and community clubs.

### **Young Health Initiatives**

Baliga Trust has been implementing the Young Health Initiative project at Mangolpuri with support of Plan India. Through this project health and hygiene issues of adolescents are addressed in the area through Health Information Centers. During the reporting period AZ

Young Health Program reached over 4171 young people, through mass awareness activity, events, community meetings, and health information center (HIC) activities. The Young Health Program has also reached 3855 wider community members including parents, health and education professional and policy maker.

### **Objectives:**

1. Capacity building of adolescents by providing relevant information, knowledge on lifestyles, and better choices that will help enhance responsive health seeking behaviour with special emphasis on reproductive health.
2. To establish community based actions on key infection.
3. Raising awareness and knowledge of access to available health care systems.
4. Addressing the immediate needs of the community in issues related to healthcare, hygiene, sanitation and substance abuse

### **A. Reach**

- In last year (April 2014 - March 2015) YHP has reached out to 7841 young people including 4865 girls, through mass awareness activity, events, community meetings, and health information centre (HIC) activities.
- Additionally, YHP has also reached 314 wider community members including 2028 female over the last year (April 2014 - March 2015) including parents, health and education professional and policy maker.

### **B. Innovation**

- Street theater group of YHP performed a play in one day workshop of Directorate of family welfare, Govt. of NCT of Delhi in MAULANA AZAD MEDICAL College (MAMC) auditorium on convergence with AYUSH for family planning services In April.
  - That performance of adolescents won many hearts and appreciation from the high dignitaries in the conference. They have performed on the key message of birth spacing and the methods and ways to maintain 3 years gap between second child and the advantages of birth spacing.
  - The group who performed was a girl's group which was the centre of attraction in the entire workshop as how strongly and confidently they delivered the message of birth spacing.

- This does not only enhanced the confidence of the group but also showed the effectiveness of spreading key messages through plays.
- 127 teachers were sensitized on YHP
- After a long discussion with India on Track and Arsenal Soccer School regarding providing football training to YHP young people. India on Track and Arsenal Soccer School are the leading organizations for football training at an international level. After a number of meetings with the founder of IOT, Mr. Vivek and Arsenal Soccer schools, members, we decided a final date for scouting. Approximately 220 adolescents participated (under 10, 10 – 13, 13 – 16 ages) in scouting, which was held at Shaheed Bhagat Sing mini stadium, Mangolpuri, New Delhi. Four international coaches completed the scouting process and selected the 60 children. Now they are supposed to start the football training from mid Feb 2015. This training would be very useful for young people and it would be a sustainability step for YHP.

### C. Impact

70 adolescent anemic girls out of 114 adolescent girls were identified by YHP staff. After which, regular counseling and follow up by YHP staffs was done to ensure regular consumption of iron rich diet at their home, and also supplementary nutrition and Iron Folic Acid tablets, which were being given to them at Aganwadi Centre. YHP team is monitoring hemoglobin on a monthly basis, and there is a tangible improvement in their health.

Output achieved under YHP during the reporting year
3 HIC delivering range of services in Mangolpuri project intervention area
114 adolescent girls have been counseled on anemia
52 peer educators including 26 girls received refresher training
311 peer educators including 173 girls received refresher training
We are in process to start all three HIC to continue operating beyond October 2015
32 YHP staff receive training on counseling

## III.

## Education

One of the thrust areas of Baliga Trust is **promoting education** among all age groups especially for underprivileged communities. The major focus was on Elementary Education among underprivileged children in slums and resettlement colonies of Delhi. The project **Improved**

**Enrolment, Retention and Quality of Education in Urban Resettlement of Delhi (IERQEURD)** initiative has been undertaken to improve the accessibility and retention of vulnerable, marginalized and disadvantage children in school going age, especially girls, in mainstream schooling system. Another project Cluster Resource Center supported by Bani Jagtiani Trust helped our effort for quality education. The project also focused on building awareness on child rights among community, school and learning, exploring and engaging themselves in creative activities. Though, the trust has been on skills through reading, writing and verbal expression, we also try to give them exposure to art and craft, theatre, music and sport under the supervision of experts.

**Improved enrollment, retention and quality of education in urban resettlement of Delhi initiative** has been working since July, 2009 in two resettlement colonies of North, Delhi known as Narela and Holambi Kalan. The whole purpose of this project has been to improve the accessibility of education, retention of vulnerable, marginalized and disadvantage children in school going age, especially girls and formation of community watch group and children/youth group and capacity building for raise their voice before government. The project also focused on building awareness on child rights among community, school and learning, exploring and engaging themselves in creative activities. We have been also supporting community based organization (CBO) to raise their voice before concerned authority for basic amenities and their other rights.

**The special interventions included:**

- Providing remedial coaching classes for school going children in the elementary level education, especially those at risk of dropping out due to poor academic performance.
- Creating awareness on child rights among children, parents and community as a whole.
- Formation of youth groups and their capacity building on right to equality and ecology rights children.
- Capacity building of community watch groups to raise their voices for basic amenities and their rights before local government (ULBs) and authorities.
- 131 children out of 208 were first generation learners and their parents were not able to support their children's education and they had to work at home as well.

**Major Achievements/:**

- Number of at risk children regularly benefitted in different subjects the Remedial Education Center: around 208.
- Number of at risk children retained in respective schools through Remedial Education Center: 208
- Number of Child Rights group strengthened: 04
- Number of Community Watch Groups strengthened: 4
- Number of Teachers training programs organized: 5
- Number of Exposure visits organized: 2
- Number of interface/public meetings/Dharna participated/ organized:7
- Number of Alliances to work together for local issues: 4
- Number of schools where IEQREURD Team members are Participating in VKS/SMC: 5
- Number of children honored for academic excellence: 6
- Number of children scored above 60% in their respective Annual Examination: 106.

- Number of girls scored above 60% in their respective Annual Examination: 61

**The following children got their names in the Board of Honor in their respective schools in session 2014-2015**

Sr.no	Name	Class	Position in school	Learning centre
1	Vans	4 <sup>th</sup>	1 <sup>st</sup>	1
2	Deepak	7 <sup>th</sup>	2 <sup>nd</sup>	1
3	Saurav	4 <sup>th</sup>	3 <sup>rd</sup>	1
4	Md. Noor	4 <sup>th</sup>	2 <sup>nd</sup>	1
5	Vivek	3 <sup>rd</sup>	1 <sup>st</sup>	1
6	Deepak	8 <sup>th</sup>	1 <sup>st</sup>	5

### **Supplementary and complimentary activities: Community Meetings, Movement, Training, workshops and Events**

The Trust undertook quite a good number of advocacy initiatives and consultations as well with parents for active participation in children's education and for their social and mental development. To make it operational, the Trust has earlier formed community watch groups, children groups (Shristi Baal Adhikar Group, H. K. Nai Uddan and Lakshya Baal Adhikar group, Narela), NGO Alliance and networking group and have placed representatives from the Trust to Vidyalaya Kalyan Samiti (VKS). These groups meet monthly and discuss issues related to sanitation, cleanliness, social welfare, health and education. We are now in the process of organizing School Management Committee (SMC). The focus was on strengthening these formed group during the reporting year. The strengthening of groups resulted into some visible effort towards ensuring improvement in basic facilities in Holambikalan and in Narela.

#### **Community Watch Group (CWG) Meetings**

Altogether six major Community meetings organized during the reporting year to improve the condition of Public Distribution, Community Toilet, problems in Primary Health Center, ownership over allotted plot, School Management Committee. These issues were shared with representatives of different political parties (mainly Congress, BJP and AAP). The members of Community Watch Groups also decided to organize signature campaign for opening of more Anganwari centres with better facilities. It was done in association with NEENV - FORCES a network working for rights of children under 6 years. Though ownership right for allotted plots is not ensured till date yet camps for resolving the issue of PDS and process for starting new Anganwadi centers were visible. Remarkably, the members also raised awareness over vote without fear, greed and caste favor in Delhi Assemble Election.

Another important agenda before the Community Watch Group was formation of School Management Committee and ensuring membership of active parents including 50% women participants. Ms. Chandrika discussed the major components and importance of SMC.

The CWG members also decide to organize Interface- Jan Samvad with stakeholders on following issues:

1. Sanitation-----Micheal (SMC Member)
2. Drinking Water-----Roshan (Youth Group Member)
3. PHC-----Kiran Devi (CBO member)
4. Public distribution system-----Luckey (Youth Group Member)
5. School/SMC-----Kalawati (SMC Member)
6. Park and Play ground-----Laxmi (SMC Member)
7. Public Transport-----Ram Swaroop (SMC Member)
8. Community Toilets-----Rajni (Youth Group Member)

The Interface was followed by submission of charter of demand to the local MLA,

### **Activities and action Children/Youth Group**

Altogether 8 major meetings organized by Children and Youth Groups in Holambikalan and in Narela. Shrishti Bal Adhikar Sangthan organised a meeting for discussion of issues related to Community toilets and requirement of science and commerce courses in government schools. It was decided by the Group to file RTIs for getting of correct information from Municipal Corporation of Delhi. It was followed by submission of reports and application based on the received information to the concerned department.

Suraj and Laxmi raised demand of starting courses on science and commerce subjects in 11<sup>th</sup> class in Government Schools at Resettlement Colony, Holambi Kalan.

Two RTIs filed on dated 18-2-2015 at Municipal Corporation of Delhi and these information shared with local MLA.

In another meeting, all members of youth group of Holambi Kalan, Ph-I, were finalized name of group “Kiran “. They also modified age for being membership of groups and changed it to 12 years to 25 years.

One important Awareness program was organized named as “Million Raise Campaign” for sensitizing community on safety of girl child. This program has been functioning in different parts of India and other country in Asia. Ms. Devika ji presented different situations of girls in community with picture. Her team presented one dance steps for awareness of community on safety of girl child.





Towards safer city for girls

Same program was organised with youth group members of Mangolpuri on 08-02-2015.

One Interface program for raising the local problems before stakeholders was also organized by Shrishti Bal Adhikar Sangathan and Kiran Roles and responsibility to members of Shrishti Bal Adhikar Sangathan and Kiran children group were given as follow:

1. Park and play ground-----Arushi and Lakhinder
2. Drinking water-----Shalu and khairun
3. Safe at shools-----Anokhi and Suraj
4. Community toilets-----Laxmi and Arti

A joint meeting of Shrishti Bal Adhikar Sangathan (Holambi Kalan), Kiran children group (Holambi Kalan) and Lakshay youth group (Narela) was organized. Mr. Suraj (Member of Youth Group, Mangol Puri) presented right to play and ecological rights of children. He also discussed Pune Program with youth groups of different parts of India.

Three members Aarti, Roshan and Tarun from these groups were electe to represent children and youth to participate in a program organised by TDH at Dehradoon.

Another meeting was held with local MLA on the occasion of World Environment Day. Lamxi from Shrishti Bal Adhikar Sagthan submitted him a demand letter for construction of drainage/swerage system at resettlement colony, Holambi Kalan. Mr. Sharad Chauhan, MLA from Narela received this letter and assured them to get the work done. They also discussed other issues such as safety of girls near Schools, PDS and Drinking water.

The MLA shared that one meeting is proposed with the Chief Minister and with concerned officers for construction of sewerage system by Delhi Jal Board. Now authority of drainage and sewerage has been shifted to Delhi Urban Shelter Improvement Board to Delhi Jal Board.

### **Interface Program**

Another interface program “Jan Samvad” on dated 22-3-2015 at Basti Vikas Kendra, Holambi Kalan, Phase-II, Delhi-82 was organized to follow up of the last Interface. The Community took up following topics for this program:

1. Sanitation
2. Drinking water
3. Primary Health Centre (PHC)
4. Public distribution system (PDS)
5. School/SMC
6. Park and Play ground
7. Community toilets

But members of community watch group suggested two more issues Public transport and corruption in SDM office.



Pics of Interface – Jan Samvad

Mr. Sharad Chauhan (MLA) responded all the raised issues and requested at least one year for a concrete action.

Note: Sewerage and drainage construction related work was instructed to Delhi Jal Board as per our last meeting with MLA.

### **Cluster Resource Center Teachers Training Programme**

We organized five major teachers training programs during the reporting year. The Resource Person Ms. Meenakshi Basu, former Doon Public School teacher and academician facilitated the Training programs. The major components of the programs were lesson plan, remarks on children's copy, develop of Teaching Learning Materials (TLM) and story telling.

### **Learning Centre wise PTA Meeting**

Every month we had been organizing center wise Parents - Teacher meeting to discuss of different issues related to their children's progress, attendance in learning centre/regular schools, health etc. We also shared Act/circular and other government schemes PDS, SMC, old age pension, EWS admission etc with parents and encourage them to avail the facility of these schemes.

## **IV. Child Rights and Child centered Community Development program**

Child Centered Community Development Program is a rights-based approach in which children, families and communities are active and leading participants in their own development. It enhances their capacity and opportunity to work together with others to address structural causes and consequences of child poverty at all levels. It has been implementing by the trust since Nov 2008 in association with Plan India at resettlement colony Mangolpuri New Delhi along with sponsorship program.

The Program area is spread over five block K, L, M, O and R Block of Mangolpuri Delhi with an approximate population of 43047 out of which, (20481) 48% are females. There are 12 MCD schools, 46 Aaganwadi & 02 Primary health center.

In consultation with children and area members, Baliga Trust –Plan has set out following key priority programs in area:-

- Strengthening social and legal safety nets to protect children
- Children as active citizen and Change Maker
- Health
- Water & Sanitation Hygiene
- Education
- Early Child Care & Development
- Disaster Risk Management
- House Hold Economy Security

### **About Sponsorship:**

The overall purpose of sponsorship in Plan to build a global community aware of involved in and united around needs and rights of children.

### **Characteristics of sponsorship:**

- One to one match between child and an individual/ group sponsor
- Continuity of funding –as opposed to a single donation
- Opportunity to build relationships through communication exchanges
- Provides development information to raise people’s awareness and personal commitment to help make long –term ,positive changes for children
- Provide the opportunity to take action for positive change
- Ensures Plan’s work is connected to individual children and families
- Enables accountability to every party involved

This year trust has been successfully maintained the communication between the 1865 families and sponsors.

### **Strengthening social and legal safety nets to protect children:**

The proposed programs for FY 14-15 in the PO targeted has been designed with the vision of creating safe child friendly environment in the communities and institutions where children could feel secure and attain their full potential. Under the project critical issues has been addressed that impede protection of children. Baliga Trust Plan has facilitated the communities, parents and duty bearers to support and secure the rights of children and address the issues violating rights of children resulting the strengthening of safety nets. The key achievement of this project is as follow:

### **Achievements:**

- 734 children and adolescent girls have been oriented on LWF during monthly meetings.
- Approx 578 families have been participated and oriented about the importance of the birth certificate and process of filling and submitting the UBR form. 50 UBR form have been filled and certificate have been gated from MCD office.
- Advocacy meetings with NGOs, RWA, school principals have been done on POCSO and related guidelines under the guidance of the DCPCR. Total 61 stakeholders from NGOs, RWA members and principal and teachers from education department have been actively participated in the meeting.
- 50 volunteers / visitors /and resource person have been oriented on child protection policy.
- 40 Adolescent girls have been provided 15 days self difence training with the support of Delhi police ( Parivartn Cell) to build the self confidence of girls so that they can protect themselves in difficult circumstances.

- 1865 sponsored families have been aware against the child sexual abuse and its Redressal mechanism through screening of Chuppi Todo movie.
- 3 days life skill training for new adolescent club leaders and members has been organized. Total 32 adolescents have been participated in this training.
- 3 days training of youth club leaders on child abuse and gender based violence have been organized. 29 youth clubs leaders participated in this training.
- 37 children and 38 adolescent clubs are trained on legal safe unsafe touch, child labour, child marriage, gender (female foeticide issues)
- 649 Youth club members aware through awareness generation week on drug abuse and its bad effect on his life, its preventive and curative methods.
- Interactions has taken place amongst children, Bal Surksha Dal and CWC/JJB/SPJU /Child line during the year
- During this period 13 child abuse cases reported, referred and responded
- 2 Bal Surksha Dal (community based child protection committees) are functional in the intervention areas. Provide an exposure opportunity to 8 BSD members and protection staffs to visit and interact with Haidarabad CAP India BSD members to learn and share their experience.
- 2650 Bal Sadan members from 10 schools have been aware on learn with fear during monthly meeting.
- Two interdepartmental coordination meetings have been organized successfully under the guidance of DCPCR.
- Three support group (comprising one lawyer, one social worker and one psychologist) meetings have been organized during this period and provided the fruitful guidance to handle the child abuse cases.

### **Because I am a Girl Urban Programme**

### **Children as active citizen and Change Maker:**

The programs targeted to increase the participation of children and young people in their own, community, state and national development as active citizen. Citizenship represents the collection of rights and obligations that define the members of a community. It seeks to shift participation from event-based approaches to the institutionalizing of participation opportunities in home, communities and governance. Finally, it seeks to contribute towards promoting meaningful and authentic participation of children and young people – with special focus on the marginalized and vulnerable groups. The key achievement of this project is as follow:

### **Achievements**

- 37 children clubs comprising 890 members having regular monthly meetings.
- 38 adolescent girl clubs comprising 840 members having regular monthly meetings

- 2 media clubs are having regular monthly meetings at 1 media center having 15 core members
- 37 children clubs involved in doing social audit on gambling and Drug abuse which led to Sexual harassment.
- Follow Up of adolescent Clubs on RTI and voting .total 253 club members have been participated in the orientation meeting.
- 1865 sponsored families have been oriented on voting rights and provide the IEC on the same.
- 5 Micro Level Plans revisited by children to assess the progress so far
- 2 "Sajha Samooh Baithak" Interface meetings of all the old community club leaders
- Total 63 club members have involved in doing Social audit on the two child rights violation issues (sexual harassment)
- 5, Interface meeting of children and community group leaders with duty bearers (Child line, JWO, SHO, Parivartan cell) on different child rights violation issues.
- 37 Children club and 38 adolescent girls club leaders participated in annual children meeting.
- 41 Management and key staff of the organization trained on CPP and procedures
- 5 Micro Level Plans revisited by children to assess the progress
- Two "Sajha Samooh Baithak" Interface meetings of all the old community club leaders (children, adolescents, youth and women) of the area - on any two children issues of the area reflecting child rights have been organized total 129 community groups members were participated in these meetings.
- Celebration of children's Day with specific focus to save girl child, promote girl child education, child protection and create safe environment for girls in public places.

## **Family Counseling and Legal Literacy**

Under the FCC scheme, counseling, referral and rehabilitative services to women victims who are in moral danger within the family or society at large including those affected by disputes, marital discord or maladjustment is provided free of charge.

During the financial year 2014 under the FCC 137 cases have been registered in which 46 cases have been compromised, 20 cases have been referred to women cell, 15 have been referred to court, 34 have been referred to legal Aid and 22 cases have been referred to another agency.

All the cases have been provided moral support to the client and then various sessions have been organized to overcome the problems of the clients. During the session trained counselors provided individual family and group counseling along with other family members and relative to bring into the reconciliation level. Home visit has been also done to know the real causes of the dispute.

### **Other Activities**



**Learning Through Art:**

This unique initiative of the Baliga Trust, supported by the Integrated Village Development Trust (IVDT), UK, provides an opportunity to underprivileged children to enjoy learning through arts and crafts. Expert artists are engaged to facilitate the learning process with a holistic approach. The major components are traditional paintings such as Madhubani and Kalighat, and papier-mache craft. This was continued through this year as well.

**Continuing Education Program and Adult Literacy:**

The Trust feels that economic empowerment has to be accompanied with educational empowerment if it is to have a lasting effect. Continuing education centers together with vocational training - one each in Narela and in Mangolpuri were also organized for those who attained basic and post literacy levels. A functional literacy program encompassing over 150 women at a time backed this. Support was received from the Bani Jagtiani Trust and the Raja Ram Mohun Roy Memorial Trust in this endeavor. These women are encouraged to use the library, which was earlier set up under the aegis of the Rajiv Gandhi Foundation at Narela and by the Trust at Mangolpuri to ensure that their reading and writing skills are further honed by practice and continuous use. The program benefited over 250 women of the respective communities directly and its outreach covered over 10,000 people.

**Community Library:**

Community libraries that were set up in three project areas have been working as **knowledge centres** as well as **information windows** for the community. To bring about a learning society and to promote a reading culture, the Trust continue to runs three community libraries – one each in Mangolpuri, Narela and Holambikalan. Over 2600 books in BVK Narela, over 1100 books in Holambikalan, and over 3000 books in BVK Mangolpuri have strengthened the libraries. Daily newspapers and monthly magazines are also provided in the libraries. The number of library members has been increasing every year. Apart from reading of books, regular creative inputs are used such as story telling, discussions and drama. Discussions on storybooks and surroundings are also a regular activity of the library. **Library committees** have been constituted in all the project areas.

**Participation in Photo Exhibition:** Mr. Reached Nicolaus's photo exhibition with 14 members of Srishti Bal Adhikar Sangthan on dated 18-1-2015. All members of children group interacted with Mr. Nicolaus and discussed many topics regarding photo exhibition and they also watched video taken during photographs. Then we reached to Safdarjung Tomb with all children and enjoyed a picnic.



With Mr. Nicolaus at India International Center, Delhi During photo exhibition.

**Campaign for adequate and quality ICDS centers:** Organized a meeting on ICDS schemes and submitted our demand to MLA candidates in assembly election 2015 on 20-1-2015. Mr. Bhagirath (Representative of Neenv Forces) also participated in this meeting and presented the situation of Anganwari centres in Delhi. We discussed our signature campaign to raise our demand before candidates of different political parties at Narela for better anganwari centres with crèche facility. We also supported to Neenv Delhi Forces team for presenting of Jhanki (Glimpses) at Resettlement Colony, Narela and Holambi Kalan, Delhi. NEENV Team also presented a demo anganwari for community. It was very successful to mobilize community on the issues of younger children. Theater and signature campaign was also organized for better and adequate ICDS Centers



Jhanki by Neev Forces, Delhi for awareness of community on Anganwari Centres.